

Killarney Gators Swim Club		Training Schedule of Season 2021-2022						
High Competitive		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Elite	Dryland: 2.75		Killarney (Anchie)	Killarney (Anchie)		Hillcrest (Anchie)	Killarney (Anchie)	
	Pool: 11.5		Dry: 6:00-6:15am	Dry: 6:00-6:15am		Dry: 5:45-6:00am	Dry: 5:45-6:00am	
	Total Hours: 14.25		Pool: 6:15-7:45am	Pool: 6:15-7:45am		Pool: 6:00-7:30am	Pool: 6:00-8:00am	
		Killarney (Anchie)		Killarney (Anchie)		Templeton (Anchie)		
		Dry: 7:15-7:45pm		Dry: 7:15-7:45pm		Dry: 4:00-4:30pm		
		Pool: 7:45-9:15pm		Pool: 7:45-9:15pm		Pool: 4:30-6:30pm		
Competitive		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior	Dryland: 1.5	Templeton (Kyle)	Britannia (Kyle)		Britannia (Kyle)	Hillcrest (Kyle)	Templeton (Kyle)	Templeton (Kyle)
	Pool: 10	Dry: 6:00-6:30pm	Dry: 3:30-4:00pm		Dry: 3:30-4:00pm	Dry: 5:45-6:00am	Dry: 5:45-6:00am	Dry: 8:45-9:00am
	Total Hours: 9	Pool: 6:30-8:00pm	Pool: 4:00-5:30pm		Pool: 4:00-5:30pm	Pool: 6:00-7:30am	Pool: 6:00-8:00am	Pool: 9:00-11:00am
Age	Dryland: 2	Killarney (Agatha/Anchie)		Templeton (Agatha)		Hillcrest (Agatha/Anchie)	Templeton (Agatha)	Templeton (Agatha)
	Pool: 8.5	Dry: 7:15-7:45pm		Dry: 6:00-6:30pm		Dry: 5:45-6:00am	Dry: 5:45-6:00am	Dry: 8:45-9:00am
	Total Hours: 9.5	Pool: 7:45-9:15pm		Pool: 6:30-8:00pm		Pool: 6:00-7:30am	Pool: 6:00-8:00am	Pool: 9:00-11:00am
Developmental		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Gold	Dryland: 1			Killarney (Kyle)		Renfrew (Kyle)	Renfrew (Kyle)	
	Pool: 3.25			Dry: 8:15-8:30pm		Dry: 5:00-5:30pm	Dry: 7:45-8:00pm	
	Total Hours: 4.25			Pool: 8:30-9:15pm		Pool: 5:30-7:00pm	Pool: 8:00-9:00pm	
Silver	Dryland: 1			Killarney (Kyle/Tommy)		Renfrew (Kyle)	Renfrew (Kyle/Tommy)	
	Pool: 3.25			Dry: 8:15-8:30pm		Dry: 5:00-5:30pm	Dry: 7:45-8:00pm	
	Total Hours: 4.25			Pool: 8:30-9:15pm		Pool: 5:30-7:00pm	Pool: 8:00-9:00pm	
Bronze	Dryland: 0.5			Killarney (Bryan)			Renfrew (Bryan)	
	Pool: 1.75			Dry: 8:15-8:30pm			Dry: 7:45-8:00pm	
	Total Hours: 2.25			Pool: 8:30-9:15pm			Pool: 8:00-9:00pm	
Alligator	Dryland: 0.5			Killarney (Kyle)			Renfrew (Kyle)	
	Pool: 1.75			Dry: 7:30-7:45pm			Dry: 6:45-7:00pm	
	Total Hours: 2.25			Pool: 7:45-8:30pm			Pool: 7:00-8:00pm	
Gecko	Dryland: 0.5			Killarney (Tommy)			Renfrew (Tommy)	
	Pool: 1.75			Dry: 7:30-7:45pm			Dry: 6:45-7:00pm	
	Total Hours: 2.25			Pool: 7:45-8:30pm			Pool: 7:00-8:00pm	
Salamander	Dryland: 0.5			Killarney (Bryan)			Renfrew (Bryan)	
	Pool: 1.75			Dry: 7:30-7:45pm			Dry: 6:45-7:00pm	
	Total Hours: 2.25			Pool: 7:45-8:30pm			Pool: 7:00-8:00pm	
Pool Address:	Killarney: 6260 Killarney St, Vancouver			Hillcrest: 4575 Clancy Loranger Way, Vancouver				
	Templeton: 700 Templeton Dr, Vancouver			Britannia: 1661 Napier St, Vancouver				
	Renfrew: 2929 E 22nd Ave, Vancouver			VAC (Vancouver Aquatic Centre): 1050 Beach Avenue, Vancouver				