

## Season 2021-2022 Group Structure

Group Name	Description of level	Commitment/Attendance Requirement	Age	Entry Requirements	Goals in season	
Elite	High Competitive	High Commitment 85% + Attendance	13+yrs	Western, Provincial, Divisional qualifiers	Qualify Western/Provincial, Provincial finals	
Senior	Competitive	Commitment 75% Attendance	13+ yrs	LMR qualifiers	Qualify Divisinal	
Age		Commitment 75% Attendance	10-13 yrs old	LMR qualifiers	Qualify Divisional, Top 8 in Divisional	
Gold	Developmental	With Commitment 70% Attendance	11+ yrs	Perform Free, back, Breast well; able to swim decent fly tech; 200IM under 5:00	Refine 4 strokes, review turns/starts/rules, 200IM under 4:00, learn to compete	
Silver		With Commitment 70% Attendance	10-11 yrs	Perform Free, back, Breast well; able to swim decent fly tech; 100IM under 2:30	Enhance 4 strokes, learn all turns/starts/rules, 200IM under 5:00, learn to train	
Bronze		With Commitment 70% Attendance	12+yrs	Perform Free, back, Breast well; able to swim decent fly tech; 100IM under 2:30	Enhance 4 strokes, learn all turns/starts/rules, 200IM under 5:00, learn to train	
Alligator		60% Attendance Required		8-10	Perform decent free, Back, Breast; able to swim 200 non-stop; Swim Kids Level 7-10	Improve FR/BK/BR, learn Fly, learn turns/starts, 100IM under 2:30
Gecko				7-10	Decent Free, Back, Leaned breast, able to do 100 non-stop; Swim kids level 5-6	Improve FR/BK, learn BR/Fly, lean open turn, stand/kneeling dive
Salamander				6-9	Able to swim 25m without stop or assist; Swim kids level 4-5	Improve FR/BK, learn BR/dlphin kick, lean kneeling dive/bk finish