

Killarney Gators Swim Club		Training Schedule of Season 2021-2022 (February-March)						
High Competitive		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Elite A	Dryland: 2.75		Hillcrest Dry: 5:45-6:00am Pool: 6:00-7:30am			Hillcrest Dry:5:45-6:00am Pool: 6:00-7:30am	Killarney Dry:5:45-6:00am Pool: 6:00-8:00am	
	Pool: 12							
	Total Hours: 14.75	Killarney Dry: 4:45-5:00pm Pool: 5:00-7:00pm		Killarney Dry: 4:45-5:00pm Pool: 5:00-7:00pm	Killarney Dry: 4:45-5:00pm Pool: 5:00-7:00pm		Renfrew Dry: 6:00-7:15pm (Weight) Pool: 7:15-8:15pm	
Elite B	Dryland: 1.5		Hillcrest Dry:5:45-6:00am Pool: 6:00-7:30am			Hillcrest Dry:5:45-6:00am Pool: 6:00-7:30am	Killarney Dry:5:45-6:30am Pool: 6:30-8:00am	
	Pool: 11							
	Total Hours: 12.5	Killarney Dry: 4:45-5:00pm Pool: 5:00-7:00pm		Killarney Dry: 4:45-5:00pm Pool: 5:00-7:00pm	Killarney Dry: 4:45-5:00pm Pool: 5:00-7:00pm			
Competitive		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior	Dryland: 1.5	Renfrew	Britannia		Britannia		Templeton	Templeton
	Pool: 9.5	Dry: 5:30-6:00pm Pool: 6:00-7:30pm	Dry:3:45-4:00pm Pool: 4:00-6:00pm		Dry: 3:45-4:00pm Pool: 4:00-6:00pm		Dry: 5:45-6:00am Pool: 6:00-8:00am	Dry: 8:45-9:00am Pool: 9:00-11:00am
	Total Hours: 11							
Age	Dryland: 1.75	Templeton 2		Templeton 2		Templeton	Templeton	Templeton
	Pool: 8.5	Dry: 6:00-6:30pm Pool: 6:30-8:00pm		Dry: 6:00-6:30pm Pool: 6:30-8:00pm		Dry: 4:15-4:30pm Pool: 4:30-6:30pm	Dry: 5:45-6:00am Pool: 6:00-8:00am	Dry: 8:45-9:00am Pool: 9:00-11:00am
	Total Hours: 10.25							
Junior	Dryland: 1.5		Renfrew	Renfrew		Renfrew	Killarney	
	Pool: 5.75		Dry: 5:30-6:00pm Pool: 6:00-6:45pm	Dry: 5:30-6:00pm Pool: 6:00-7:30pm		Dry: 4:15-4:30pm Pool: 4:30-6:00pm	Dry: 5:45-6:00am Pool: 6:00-8:00am	
	Total Hours: 7.25							
Pre-Competitive		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Gold	Dryland: 1.25			Renfrew		Renfrew	Renfrew	
	Pool: 3.25			Dry: 5:30-6:00pm Pool: 6:00-6:45pm		Dry: 4:15-4:30pm Pool: 4:30-6:00pm	Dry: 6:45-7:15pm Pool: 7:15-8:15pm	
	Total Hours: 4.5							
Silver	Dryland: 1		Killarney			Renfrew	Renfrew	
	Pool: 3.5		Dry: 4:45-5:00pm Pool: 5:00-6:00pm			Dry: 4:15-4:30pm Pool: 4:30-6:00pm	Dry: 6:45-7:15pm Pool: 7:15-8:15pm	
	Total Hours: 4.5							
Bronze	Dryland: 1		Renfrew			Killarney	Renfrew	
	Pool: 2.75		Dry: 5:45-6:00pm Pool: 6:00-6:45pm			Dry: 3:45-4:00pm Pool: 4:00-5:00pm	Dry: 6:45-7:15pm Pool: 7:15-8:15pm	
	Total Hours: 3.75							
Developmental		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Alligator A	Dryland:		Killarney			Killarney		
	Pool: 2		Pool: 5:00-6:00pm			Pool: 4:00-5:00pm		
	Total Hours: 2							
Alligator B	Dryland:		Killarney			Renfrew		
	Pool: 2		Pool: 6:00-7:00pm			Pool: 6:00-7:00pm		
	Total Hours: 2							
Crocodile A	Dryland:		Killarney			Killarney		
	Pool: 2		Pool: 5:00-6:00pm			Pool: 4:00-5:00pm		
	Total Hours: 2							
Crocodile B	Dryland:		Killarney			Killarney		
	Pool: 2		Pool: 6:00-7:00pm			Pool: 5:00-6:00pm		
	Total Hours: 2							
Gecko A	Dryland:		Killarney			Killarney		
	Pool: 2		Pool: 6:00-7:00pm			Pool: 5:00-6:00pm		
	Total Hours: 2							
Gecko B	Dryland:		Renfrew			Renfrew		
	Pool: 1.75		Pool: 6:45-7:30pm			Pool: 6:00-7:00pm		
	Total Hours: 1.75							
Salamander A	Dryland:			Renfrew		Renfrew		
	Pool: 1.75			Pool: 6:45-7:30pm		Pool: 6:00-7:00pm		
	Total Hours: 1.75							
Salamander B	Dryland:		Renfrew			Killarney		
	Pool: 1.75		Pool: 6:45-7:30pm			Pool: 5:00-6:00pm		
	Total Hours: 1.75							
Pool Address:	Killarney: 6260 Killarney St, Vancouver Templeton: 700 Templeton Dr, Vancouver Renfrew: 2929 E 22nd Ave, Vancouver			Hillcrest: 4575 Clancy Loranger Way, Vancouver Britannia: 1661 Napier St, Vancouver				