

Killarney Gators Swim Club		Training Schedule of Season 2021-2022						
High Competitive		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Elite	Dryland: 2.75		Killarney Dry: 6:00-6:15am	Killarney Dry: 6:00-6:15am		Hillcrest Dry: 5:45-6:00am	Killarney Dry: 5:45-6:00am	
	Pool: 11.5		Pool: 6:15-7:45am	Pool: 6:15-7:45am		Pool: 6:00-7:30am	Pool: 6:00-8:00am	
	Total Hours: 14.25	Killarney Dry: 7:15-7:45pm Pool: 7:45-9:15pm		Killarney Dry: 7:15-7:45pm Pool: 7:45-9:15pm		Templeton Dry: 4:00-4:30pm Pool: 4:30-6:30pm		
Competitive		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior	Dryland: 2	Templeton	Britannia		Britannia	Hillcrest	Templeton	Templeton
	Pool: 10	Dry: 6:00-6:30pm	Dry: 3:30-4:00pm		Dry: 3:30-4:00pm	Dry: 5:45-6:00am	Dry: 5:45-6:00am	Dry: 8:45-9:00am
	Total Hours: 12	Pool: 6:30-8:00pm	Pool: 4:00-5:30pm		Pool: 4:00-5:30pm	Pool: 6:00-7:30am	Pool: 6:00-8:00am	Pool: 9:00-11:00am
Senior B	Dryland: 0.75					Hillcrest	Templeton	Templeton
	Pool: 5.5					Dry: 5:45-6:00am	Dry: 5:45-6:00am	Dry: 8:45-9:00am
	Total Hours: 6.25					Pool: 6:00-7:30am	Pool: 6:00-8:00am	Pool: 9:00-11:00am
Age	Dryland: 2	Killarney		Templeton		Hillcrest	Templeton	Templeton
	Pool: 8.5	Dry: 7:15-7:45pm		Dry: 6:00-6:30pm		Dry: 5:45-6:00am	Dry: 5:45-6:00am	Dry: 8:45-9:00am
	Total Hours: 10.5	Pool: 7:45-9:15pm		Pool: 6:30-8:00pm		Pool: 6:00-7:30am	Pool: 6:00-8:00am	Pool: 9:00-11:00am
Developmental		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Gold	Dryland: 1			Killarney		Renfrew	Renfrew	
	Pool: 3.25			Dry: 8:15-8:30pm		Dry: 5:00-5:30pm	Dry: 7:45-8:00pm	
	Total Hours: 4.25			Pool: 8:30-9:15pm		Pool: 5:30-7:00pm	Pool: 8:00-9:00pm	
Silver	Dryland: 1			Killarney		Renfrew	Renfrew	
	Pool: 3.25			Dry: 8:15-8:30pm		Dry: 5:00-5:30pm	Dry: 7:45-8:00pm	
	Total Hours: 4.25			Pool: 8:30-9:15pm		Pool: 5:30-7:00pm	Pool: 8:00-9:00pm	
Bronze	Dryland: 0.5			Killarney			Renfrew	
	Pool: 1.75			Dry: 8:15-8:30pm			Dry: 7:45-8:00pm	
	Total Hours: 2.25			Pool: 8:30-9:15pm			Pool: 8:00-9:00pm	
Alligator	Dryland: 0.5			Killarney			Renfrew	
	Pool: 1.75			Dry: 7:30-7:45pm			Dry: 6:45-7:00pm	
	Total Hours: 2.25			Pool: 7:45-8:30pm			Pool: 7:00-8:00pm	
Crocodile	Dryland: 0.5					Renfrew	Renfrew	
	Pool: 2					Dry: 4:15-4:30pm	Dry: 7:45-8:00pm	
	Total Hours: 2.5					Pool: 4:30-5:30pm	Pool: 8:00-9:00pm	
Gecko	Dryland: 0.5			Killarney			Renfrew	
	Pool: 1.75			Dry: 7:30-7:45pm			Dry: 6:45-7:00pm	
	Total Hours: 2.25			Pool: 7:45-8:30pm			Pool: 7:00-8:00pm	
Salamander	Dryland: 0.5			Killarney			Renfrew	
	Pool: 1.75			Dry: 7:30-7:45pm			Dry: 6:45-7:00pm	
	Total Hours: 2.25			Pool: 7:45-8:30pm			Pool: 7:00-8:00pm	
Salamander B	Dryland: 0.5					Renfrew	Renfrew	
	Pool: 2					Dry: 4:15-4:30pm	Dry: 6:45-7:00pm	
	Total Hours: 2.5					Pool: 4:30-5:30pm	Pool: 7:00-8:00pm	
Pool Address:	Killarney: 6260 Killarney St, Vancouver Templeton: 700 Templeton Dr, Vancouver Renfrew: 2929 E 22nd Ave, Vancouver			Hillcrest: 4575 Clancy Loranger Way, Vancouver Britannia: 1661 Napier St, Vancouver VAC (Vancouver Aquatic Centre): 1050 Beach Avenue, Vancouver				