

Coaches picks for Equipment

Screen grabs taken from Team Aquatics, most swim gear sites will have the same equipment available. Can always ask coaches for help if need be.



- Any Pull Buoy that looks like this is good. Most will can't really go wrong here



- These types of more rigid KickBoard are recommended



- These paddles are typically the best in terms of comfortability and benefits



TYR Crossblade Shortblade Fins 2.0



UP TO 25% OFF



SALE

Arena Powerfin Pro Swim Fins



TYR
TYR Hydroblade Fins



SPEEDOMETER
Speedo Training Fins - Switchblade

- For Fins typically short blade is the best for training purposes
- Typically the Arena Power Fin is the most popular fin, but is a little more pricey, this being due to the open back of the fin, and not being as restrictive on the foot
- Most competitive swimwear brands (Speedo, Arena, TYR, Finis) will have training Fins