



Radford Aquatics



2017 January Joust

Sunday, January 22, 2017

UPDATED 01/19/17

(ENTRIES DUE: 11:59 PM, Thursday, January 12th, 2017)

NO DECK ENTRIES, Relays must be Pre-Entered

- HOST:** Radford Aquatics Swim Team (RAST)
- SANCTION:** Held under the sanction of USA Swimming, Inc. and Border Swimming LSC, Inc., Sanction #BD 17-03.
- DISCLAIMER:** In granting this sanction/approval, it is understood and agreed by all parties that USA Swimming, Border Swimming, Radford Aquatics Swim Team, the City of El Paso and any sponsors shall be free and held harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event in accordance with USA Swimming, Inc., Rules and Regulations.
- PURPOSE:** The purpose of the January Joust Swim Meet is to offer a limited set of events to complement this short course season's previous two Saturday/Sunday one day meets to provide swimmers additional opportunities to obtain official swim times ahead of the Border LSC Short Course Championships.
- MEET WEBLINK:** Timely information regarding this meet including updates, psych sheets, warm-up times and results can be found on the team's meet page by clicking this link – [2017 January Joust](#) or through the Radford Aquatics Swim Team website at www.radfordaquaticsteam.com.
- MEET MOBILE:** Real time unofficial meet result info and team scores will be made available through the Meet Mobile app under the name "2017 BD RAST January Joust". Meet Mobile will also have up to date psych sheets and individual entries published when available before the meet.
- LOCATION:** Armijo Aquatic Center (915) 543-9598
911 S. Ochoa St. ([Link to Google Maps](#))
El Paso, TX 79901
- DIRECTIONS:** Directions to the pool using I-10 East or West:
Take I-10 East or West, then exit Downtown. Turn South on Kansas St. Turn left on 7th Ave. Turn right on Ochoa St. Pool is on your right.
Directions to the pool using Loop 375 Border Highway:
Take Loop 375 Border Highway. Turn North on Campbell St. Turn right on 7th Ave. Turn right on Ochoa St. Pool is on your right.
- PARKING:** Parking in the neighborhood is very limited. Please consider car-pooling. Please be careful when dropping off your swimmers in the vicinity of the pool and be respectful of the neighborhood when finding available parking.



FACILITIES: Includes one seven (7) lane, twenty five (25) yard indoor competition pool, 3,711 feet altitude, with six (6) lanes available for racing, one (1) lane available for warm up/cool down during the meet, non-turbulent lane lines, sloped starting blocks and turn flags in place. The adjacent activity pool will not be in use and access will be restricted. Also separate changing rooms with showers and lavatories for men and women, and available seating areas adjacent to the deck of the pool. Electronic timing equipment (Colorado Timing and Hy-Tek Meet Manager software) will be used. The water depth at the start end of the pool is 8 ft., water depth at the turn end of pool is 4 ft. The competition course has not been certified in accordance with 104.2.2C(4).

Sessions are designed to accommodate the swimmers entered in events during that session. The facility is subject to limit the number of spectators in the pool area if capacity is exceeded. Please be understanding with meet officials and marshals who are asked to enforce capacity restrictions if necessary to allow our athletes to compete.

Concessions with food and drink will be available as well as Meet Programs for purchase.

MEET DIRECTOR: Teresa Nevarez (915) 587-6610
teresan@epcc.edu

ADMINISTRATIVE OFFICIAL: Thomas Cieslik (915) 588-8662
tjcieslik@gmail.com

MEET REFEREE: John Bernhard (915) 241-1880
bernhardconst@yahoo.com

OFFICIALS WELCOME: USA Swimming registered officials and trainees are cordially invited to participate during this meet. Officials are encouraged to contact Meet Referee to receive [web link to access online sign up list](#). Hospitality will be provided to all officials participating in the meet by the meet host.

ELIGIBILITY: This meet is open to all 2017 USA Swimming / FINA registered athletes. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. There will be no on-deck registration. The swimmer's age as of the day of the meet, January 22, 2017, will be used to determine the age group for this competition.

TIME STANDARD: There are no qualifying time standards or cut off times for entry into this meet.

MEET FORMAT: This meet is a one day, two session, timed finals, short course yards, age group invitational meet. A limited offering of scheduled events are listed at the bottom of this meet invitation. This meet includes mixed relays (Events 1 & 25) with each relay consisting of two girls and two boys.

EVENT SEEDING: Seeding will be, unless indicated otherwise, pre-seeded slow to fast with short course yards seeded by time, then long course meters seeded by time except events 400 yards and longer (Events 23, 24, 27, 28, 35, 36, 53 & 54) will be deck seeded also slowest to fastest, alternating girls/boys heats with partial heats being combined when possible.

Relays (Events 1 & 25) will be deck seeded slowest to fastest. For effective timeline planning each team will need to pre-enter relay teams by the entry deadline. Teams will be permitted to submit modifications to relay teams or scratch unfilled relays by the positive check-in deadline no earlier than 35 minutes before the start of each session. Entry fees for relays scratched on deck will be refunded upon written request.

SESSIONS: Session 1 – Sunday AM 10 & Under Events 1-24
Warm-up Starts 7:40 am Session Starts 9:00 am

Session 2 – Sunday PM 11 & Over Events 25-54
Warm-up Starts 12:30 pm Session Starts 1:50 pm

The Meet Director reserves the right to re-arrange or combine sessions/events based on the number of swimmers entered, and may cap the number of entries based upon among other considerations: order received; age group of swimmers; and number of events entered. Relays events may also be removed if necessary to comply with timeline requirements with entry fee refunds made upon written request. Pre-scheduled breaks, before Events 27 & 53, are shown in the schedule of events at the end of this meet invitation. Meet Director will consult with affected coaches if any changes are required.

ENTRY LIMIT: Swimmers are limited to a maximum of three (3) individual event entries and one (1) relay event entry per day. The meet director reserves the right to reduce the maximum to (2) events per day if necessary in order to meet timeline requirements. Meet Director will contact affected coaches for decision on which event to cut with deadline. If no response is received by the deadline, the highest numbered event will automatically be cut. Team entry fees will be adjusted accordingly.

ENTRY SUBMISSIONS: Team entries are to be submitted by the entry deadline in Hy-Tek Team Manager electronic format, along with a PDF copy of the Entry Fees report and a scanned copy of the signed Membership Certification Affidavit, by email to the Entry Chair. Teams with less than five (5) swimmers entering may submit hard copy entries by mail or manual entries by email. If entering more than five swimmers manually, the non-electronic entry fee applies. Each athlete's USA Swimming ID number, full name, and date of birth must appear in the entry. Entries received after the entry deadline and/or with incomplete information will be treated as late entries and accepted as such on a lane available basis.

ENTRY DEADLINE: **ENTRIES ARE DUE BY 11:59 PM ON THURSDAY, JANUARY 12, 2017.** Entries received after the deadline will be considered Late Entries. Late entries and changes will be accepted on a lane available basis via email (tjcieslik@gmail.com) through 6:00 PM, Friday, January 20, 2017.

ENTRY CHAIR: Thomas Cieslik (915) 588-8662
P.O. Box 3337 tjcieslik@gmail.com
El Paso, TX 79927

Para preguntas en Español, por favor contacte a Gus Viveros, (915) 231-0695,
coachgusswim@gmail.com.

ENTRY FEES:

Individual Events	\$4.50 per event
Relays**	\$6.00 per event
Swimmer Surcharge*	\$6.00 per swimmer
Non-electronic Entry Fee	\$10.00 per swimmer (for teams entering more than 5 swimmers)

*The Swimmer Surcharge includes a \$1.00 fee on behalf of Border Swimming to establish an LSC Scholarship for deserving swimmers.
**Relays must be pre-entered. Changes and scratches maybe made up until the positive check in deadline. Unused relay entry fees will be refunded upon written request.

CHECKS ARE TO BE MADE PAYABLE TO: **RADFORD AQUATICS.** All entry fee balances are due before the first session begins, unless prior arrangements have been made. Payments at the meet will be accepted at the Clerk of Course. Unless previously submitted, the attached USA Swimming Membership Certification Affidavit must be signed and submitted with the entry fees payment. No refunds for individual entry scratches, no shows, or ineligible swimmers.

DECK ENTRIES: ****NO DECK ENTRIES WILL BE TAKEN AT THE MEET!**** Late entries and changes will be accepted on a lane available basis via email to the entry chair (tjcieslik@gmail.com) through 6:00 PM, Friday, January 20, 2017.

POSITIVE CHECK IN: Positive Check In at the Clerk of Course will be required for events 400 yards and longer (Events 23, 24, 27, 28, 35, 36, 53 & 54) no earlier than 35 minutes before the start of each session. Failure to check in will result in the athlete not being seeded for the session. Changes and scratches for Relays (Events 1 & 25) will be accepted until this deadline as well.

LAP COUNTERS: Swimmers competing in the 500 Free (Events 23, 24, 35 & 36) and 1650 Free (Events 53 & 54) must provide their own lap counters.

TIMERS: Swimmers competing in the 1650 Free (Events 53 & 54) must also provide their own timers.

AGE GROUPS: The age groups for individual events in this meet will be 8 & Under, 9-10, 11-12, 13-14 and 15 & Over. Age groups for relay events will be 10 & Under and 11 & Over.

SCORING: Scoring categories for individual events will be based on age groups and gender. Events composed of multiple age groups will be swum together and scored separately by age group. Individual points will be awarded for Individual and Team High Points as follows in each individual age group / event. Relay points will only be awarded for Team High Points in each relay age group / event as follows:

Category	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th	Place
Individual	13	11	10	9	8	7	6	5	4	3	2	1	Points
Relay	26	22	20	18	16	14							

AWARDS: There will be a small prize awarded to each heat winner.
 Individual Events 1st through 10th place per age group / gender
 Relay Events 1st through 3rd place per age group
 Individual High Points* 1st through 3rd place per age group / gender
 Team Combined High Points 1st through 3rd place
 *Ties for individual high points will be broken using the Hy-Tek Single Age Group Point System.

RULES: Current 2017 USA Swimming Rules and Regulations and, where applicable, 2017 Border Swimming Procedures and Policies will govern the conduct of the meet, and will take precedence over any errors or omissions of this meet announcement. The USA Swimming whistle start and no recall procedure will be used. **Coaches and officials will be required to display their 2017 registration cards.**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. All swimmers must be supervised by a coaching member of USA Swimming during warm up sessions, competition and warm down.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck Changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: In competitions sanctioned by Border Swimming and in accordance with USA Swimming Rules, all swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. No fasteners, other than drawstrings, are allowed. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Any kind of tape on the body is not permitted unless approved by the Referee. The Referee shall have authority to bar offenders from the competition until they comply with the rule.

SAFETY MARSHALS: Safety marshals shall be on deck to enforce safety guidelines. The marshals, under the direction of the Meet Referee, shall have the authority to remove any individual engaging in unsportsmanlike conduct, or found to be in violation of swimming ethics or procedures outlined in the meet information. USA Swimming certified coaches shall direct their swimmers regarding the safety guidelines and warm-up procedures.

SPORTSMANSHIP: No competitive contest can be held without competent and impartial officials. Officials must have the respect and support of coaches, athletes, and spectators. Likewise, officials must conduct themselves in a courteous and respectful manner toward coaches, athletes and the public. On and/or off-record criticism of officials to swimmers or the public shall be considered unethical behavior. For a coach to address uncomplimentary remarks to any official during the progress of the meet, or indulge in behavior which might incite competitors or spectators against officials shall be considered conduct unworthy of a member of the coaching profession and will result in the removal of the offender from the facility as well as further disciplinary action. The same is true for officials.

MEETINGS: There will be an officials meeting 25 minutes before the start of each session and a coaches meeting 15 minutes before the start of each session, if necessary.

WARM-UPS: Border Swimming mandatory warm-up policies will be in effect. The policies are included below the warm-up schedule in the invitation and will be posted and enforced at the meet.

Teams entered will be assigned to one or more of the seven (7) lanes in the competition pool for the following anticipated warmup groups after final entries are received and swimmer counts per session have been determined:

Session 1 – Sunday AM - 10 & Under	Warm up 1:	7:40 am – 8:10 am
	Warm up 2:	8:10 am – 8:40 am
	Positive Check-In Ends:	8:25 am
	Session Starts:	9:00 am
Session 2 – Sunday PM - 11 & Over	Warm up 1:	12:30 pm – 1:00 pm
	Warm up 2:	1:00 pm – 1:30 pm
	Positive Check-In Ends:	1:15 pm
	Session Starts:	1:50 pm

Adjustments may be made as needed to accommodate all swimmers fairly. Final warm up schedules and assignments will be emailed to entered teams, posted on Radford Aquatics meet webpage ([2017 January Joust](#)) and posted on deck at the meet.

COOL DOWN LANE: The lane leftmost from the start side, Lane 7 in the competition pool will be used as a continuous cool down/warm up lane during the meet sessions. To avoid interference with race operations entry/exit into and out of the session cool down/warm up lane will be restricted to the shallow turn end of the competition pool.

To avoid overcrowding, swimmers utilizing this lane need to enter and use the lane as needed then immediately exit the lane to allow other swimmers access. No loitering will be allowed and swimmers not swimming will be asked to exit the lane immediately. Meet Marshalls will be monitoring the lane for compliance and have the authority to request a swimmer to exit the lane. Continued or multiple instances of non-compliance of any lane rules may be grounds for the swimmer to be barred from further use of the lane.

BORDER WARM-UP AND MEET SAFETY PROCEDURES

WARM-UPS:

1. All Coaches will serve as marshals during warm ups and will be responsible for monitoring and enforcing safety rules and regulations in assigned warm up lanes.
2. Meet warm ups shall be scheduled for two 30 minute sessions. Teams shall be assigned a warm up session and notified of such session by the host team. When the number of swimmers does not warrant splitting the session, one warm up session may be held. If the number of swimmers warrant three sessions, the sessions will be 20 minutes each.
3. The first twenty (20) minutes (fifteen minutes if three sessions) of each session shall be designed as a GENERAL WARM UP SESSION. There shall be FEET FIRST ENTRIES ONLY AND AT ALL TIMES during the general warm up session. Lanes may be used for pace, circle, or return swim only. Swimmers shall not mount the starting blocks at any time. The pace shall be carefully controlled by the coaches. Loitering and visiting in the lanes is not allowed.
4. During the last ten (10) minutes (five minutes if three sessions) of each warm up session, you may use your assigned lane as a sprint lane.

MEET:

1. Meet officials working the meet shall serve as safety marshals.
2. Warm up and cool down lanes, if provided by the host team, will operate under the same rules and regulations as general warm-up lanes, with the exception that a maximum of 10 swimmers will be allowed in the warm up/cool down lane at any one time.

GENERAL:

1. No running, fighting, or horseplay will be allowed.
2. Dangerous objects are banned, including but not limited to the following: skateboards, hard balls, rocks, marbles, guns, glass, slingshots, appliances or radios using anything other than batteries, chewing gum or candy (in the water), and any other object deemed unsafe by a coach, chaperone, or safety official.
3. No towel popping.
4. Smoking and/or use of other tobacco products and/or the consumption of alcoholic beverages is prohibited in all areas of the venue, including, but not limited to, the pool deck, locker rooms, spectator seating or standing areas, and in all areas used by swimmers.
5. No swimming perpendicular to lane lines.
6. The coach, chaperones, or safety marshal in charge must remain on the premises until all other participants have departed.

MEMBERSHIP CERTIFICATION AFFIDAVIT

2017 January Joust

I, _____, the team entries chairperson for _____, certify that all swimmers and coaches listed on the attached **MASTER ENTRY FORM OR HY-TEK FILE** are currently registered members of USA Swimming. I agree that if any of the swimmers or coaches are **NOT** properly registered with USA Swimming that our team, _____, will pay \$100 fine per improperly registered swimmer or coach.

Team Entries Chairperson

RAST



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(ENTRIES DUE: 11:59 PM, Thursday, January 12th, 2017)

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SCHEDULE OF EVENTS

Session 1 - Sunday AM - 10 & Under, January 22, 2017

Warm-ups Start: 7:40 AM
Positive Check-In Ends¹: 8:25 AM
Session Starts: 9:00 AM

Girls Event #	Age Group	Event	Boys Event #
1 ²	10 & Under	200 Free Mixed Relay ²	1 ²
3	10 & Under	200 Free	4
5	8 & Under	50 Breast	6
7	9 - 10	50 Breast	8
9	8 & Under	100 Free	10
11	9 - 10	100 Free	12
13	8 & Under	100 Back	14
15	9 - 10	100 Back	16
17	8 & Under	50 Free	18
19	9 - 10	50 Free	20
21	10 & Under	200 IM	22
23 ^{1,3,*}	9 - 10	500 ^{1,3} Free*	24 ^{1,3,*}

¹Events 400 yards or longer (23 & 24), will be deck seeded and shall require positive check-in no later than 35 minutes prior to the start of the session.

²Event 1, 200 Free Mixed Relay teams will be composed of 2 Girls & 2 Boys each and will be deck seeded. Coaches can make lineup changes/scratches prior to the positive check-in deadline no later than 35 minutes prior to the start of the session.

³Swimmers competing in Events 23 & 24 (500 Free) must provide their own lap counters.

*Events 23 and 24 (500 Free) will swim alternating heats of girls and boys, slowest to fastest. Partial heats may be combined whenever possible.





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SCHEDULE OF EVENTS

Session 2 - Sunday PM - 11 & Over, January 22, 2017

Warm-ups Start: 12:30 PM

Positive Check-In Ends¹: 1:15 PM

Session Starts: 1:50 PM

Girls Event #	Age Group	Event	Boys Event #
25 ²	11 & Over	200 Free Mixed Relay ²	25 ²
5 Minute Break			
27 ¹	11 & Over	400 ¹ IM	28 ¹
29	11 - 12	100 Back	30
31	13 & Over	100 Back	32
33	11 & Over	200 Fly	34
35 ^{1,3}	11 - 12	500 ¹ Free ³	36 ^{1,3}
37	11 - 12	50 Breast	38
39	13 & Over	50 Breast	40
41	11 - 12	200 Free	42
43	13 & Over	200 Free	44
45	11 - 12	200 IM	46
47	13 & Over	200 IM	48
49	11 - 12	100 Free	50
51	13 & Over	100 Free	52
5 Minute Break			
53 ^{1,3,4}	13 & Over	1650 ¹ Free ^{3,4}	54 ^{1,3,4}

¹Events 400 yards or longer (27, 28, 35, 36, 53 & 54) will be deck seeded and shall require positive check-in no later than 35 minutes prior to the start of the session. Events will swim alternating heats of girls and boys, slowest to fastest. Partial heats may be combined whenever possible.

²Event 25, 200 Free Mixed Relay teams will be composed of 2 Girls & 2 Boys each and will be deck seeded. Coaches can make lineup changes/scratches prior to the positive check-in deadline no later than 35 minutes prior to the start of the session.

³Swimmers competing in Events 35, 36, 53 & 54 (500 Free & 1650 Free) must provide their own lap counters.

⁴Swimmers competing in Events 53 & 54 (1650 Free) must provide their own timers.

