

## 2018 BD SWAT-RAST Sun City Open Invitational Warm-Up Schedule

Session I - Friday Morning - Prelims					
7:15am - 7:40am		7:40am - 8:05am		8:05am - 8:30am	
Team	Lanes	Team	Lanes	Team	Lanes
BAT	1			MILEM	1
SWAT	2 - 4	DSSC	1 - 5	BLST	2
				LCAT	3 - 4
RAST	5 - 7	WETT	6 - 8	EPAP	5 - 7
JCAT	8			WILD	8
Session Starts: 8:50am					
400 IM - Positive Check-in Ends: 11:30am					

Session II - Friday Evening - Finals			
4:15pm - 5:00pm		5:00pm - 5:15pm	
Lanes	Warm-up Use	Lanes	Warm-up Use
1 - 8	General	1 & 8	Pace
		2-3 & 6-7	Dive / Sprint
		4 & 5	General
Relay Changes Due: 5:00pm			
Session Starts: 5:35pm			

Session III - Saturday Morning - Prelims					
7:15am - 7:40am		7:40am - 8:05am		8:05am - 8:30am	
Team	Lanes	Team	Lanes	Team	Lanes
RAST	1 - 3	BAT	1	JCAT	1
				LCAT	2 - 3
		SWAT	2 - 4	WETT	4 - 6
DSSC	4 - 8	EPAP	5 - 7	MILEM	7
		BLST	8	WILD	8
				CCSC	8
Session Starts: 8:50am					
400 FREE & 1500 FREE - Positive Check-in Ends: 11:30am					

Session IV - Saturday Evening - Finals			
4:15pm - 5:00pm		5:00pm - 5:15pm	
Lanes	Warm-up Use	Lanes	Warm-up Use
1 - 8	General	1 & 8	Pace
		2-3 & 6-7	Dive / Sprint
		4 & 5	General
Relay Changes Due: 5:00pm			
Session Starts: 5:35pm			

Session V - Sunday Morning - Prelims					
7:15am - 7:40am		7:40am - 8:05am		8:05am - 8:30am	
Team	Lanes	Team	Lanes	Team	Lanes
BAT	1	SWAT	1 - 3	LCAT	1
RAST	2 - 4			DSSC	2 - 6
		WETT	4 - 7	MILEM	7
EPAP	5 - 7	JCAT	8	WILD	8
BLST	8			CCSC	8
Session Starts: 8:50am					

Session VI - Sunday Evening - Finals			
4:15pm - 5:00pm		5:00pm - 5:15pm	
Lanes	Warm-up Use	Lanes	Warm-up Use
1 - 8	General	1 & 8	Pace
		2-3 & 6-7	Dive / Sprint
		4 & 5	General
Relay Changes Due: 5:00pm			
Session Starts: 5:35pm			