Natatorium Training Schedule
April 25 – May 29, 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Apr 25	26 **No AM Practice** PM Practice adv, trans, dol, trt, min	27 PM Practice adv, trans, dol, trt, min	28 AM Practice adv, trans PM Practice adv, trans, dol, trt, min	29 PM Practice adv, trans, dol, trt, min	30 AM Practice adv, trans PM Practice adv, trans, dol, trt, min	May 1 AM Practice adv, trans, dol, trt, min
2	3 AM Practice adv, trans PM Practice adv, trans, dol, trt, min	4 PM Practice adv, trans, dol, trt, min	5 AM Practice adv, trans PM Practice adv, trans, dol, trt, min	6 PM Practice adv, trans, dol, trt, min	7 AM Practice adv, trans PM Practice adv, trans, dol, trt, min	8 AM Practice adv, trans, dol, trt, min
9	10 AM Practice adv, trans PM Practice adv, trans, dol, trt, min	11 PM Practice adv, trans, dol, trt, min	12 AM Practice adv, trans PM Practice adv, trans, dol, trt, min	13 PM Practice adv, trans, dol, trt, min	14 AM Practice adv, trans PM Practice adv, trans, dol, trt, min	15 AM Practice adv, trans, dol, trt, min
16	17 AM Practice adv, trans PM Practice adv, trans, dol, trt, min	18 PM Practice adv, trans, dol, trt, min	19 AM Practice adv, trans PM Practice adv, trans, dol, trt, min	20 PM Practice adv, trans, dol, trt, min	21 **No Practice**	22 **Laurel Swim Meet**
23 **Laurel Swim Meet**	24 **No AM Practice** PM Practice adv, trans, dol, trt, min	25 PM Practice adv, trans, dol, trt, min	26 AM Practice adv, trans PM Practice adv, trans, dol, trt, min	27 PM Practice adv, trans, dol, trt, min	28 AM Practice** adv, trans, dol PM Practice adv, trans, dol, trt, min	29 **No Practice** **Memorial Day Weekend**

Dryland sessions are still cancelled as of right now.

Practice times on weekdays at Natatorium:
Pool AM begins at 5:45 AM
Pool PM: Advanced 5:00 PM – 7:00 PM, Transitional 5:00 PM – 6:45 PM, Dolphin 5:00 PM – 6:30 PM, Trout 6:30 PM – 7:45 PM, Minnow 6:40 PM – 7:40 PM

Practice times on weekends at Natatorium:
Pool AM Advanced 7:45 AM – 10:00 AM, Transitional 8:00 AM – 10:00 AM, Dolphin 8:00 AM – 9:45 AM, Trout 10:15 AM – 11:30 AM, Minnow 10:15 AM – 11:15 AM

Practice time May 28 at Natatorium:
Pool AM Advanced 6:45 AM – 9:00 AM, Transitional 7:00 AM – 9:00 AM, Dolphin 7:15 AM – 9:00 AM