



BCS COVID-19 Guidelines for Swim Meet Travel

As a team sanctioned event, guidelines/procedures will be put in place to help ensure the health and safety of our traveling swimmers as well as the team as a whole. It is expected that **ALL families will adhere to the guidelines below and, if they are unable to comply, they will be excluded from future travel racing/training opportunities.**

1. Capacity at these meets is significantly limited and our team swim meet rosters will be determined by the coaching staff. Any questions/concerns should be directed to your group coach.
2. These meets will NOT be “team travel” meets and parent(s) must accompany their swimmer and will be responsible for travel, lodging and meals. There will be no team-organized meals or team gatherings.
3. All attempts should be made to travel by personal car, rather than public transportation. While travelling, it is expected that you will continue to socially distance and wear a mask while in public settings, including on public transportation and transportation in hubs such as airports and stations.
4. In accordance with the California State Travel Advisory issued November 13, 2020, if you travel out of the state, you will be expected to self-quarantine for 14 days upon return. During that time, you will not be permitted to attend group training and should limit interactions to immediate household.
5. Athletes and parents will continue to follow social distancing and PPE procedures at all times. If the local guidelines are less stringent than the guidelines at home, swimmers and families will continue to follow California State and Los Angeles County guidelines while away.
6. Families should not carpool or share lodging. **Athletes should not enter other athletes’ hotel rooms.**
7. Families will avoid indoor dining situations and should, instead, pack their own food or rely on drive-through, take-out or outdoor dining options.
8. Swimmers and families will comply with all host facility guidelines/procedures regarding social distancing and PPE requirements. There should be no loitering in the warm-up/warm-down lanes and athletes must be moving/swimming while in the pool. There should be no socializing on the walls and swimmers should remain 6-8 feet apart.

9. In accordance with LA County mandates, group gatherings will be limited to three households and should be conducted outdoors and with social distancing and face coverings and last no longer than two hours.