

CHS CODE OF CONDUCT: ATHLETES

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior. By signing this code of conduct, I agree to the following statements:

- I will respect and show courtesy to my teammates and coaches at all times including on and off deck, in water or out.
- I will demonstrate loyalty to my team and teammates and agree never to cause disharmony or disruption amongst my team.
- I will respect and show courtesy to my teammates and coaches in all social media communications, text messages, Instagram, facebook, twitter and all other forms of social media.
- I agree never to bully or participate in bullying behaviors including physical, mental or social or cyberbullying.
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my younger teammates.
- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will attend all team meetings and training sessions, unless I am excused by my coach.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I agree not to use tobacco, alcohol, marijuana or any other illegal substance while on the team.
- I agree to be responsible for my own health and well-being.
- I agree to communicate all problems or issues to my coach and try to resolve with my coach first and if unable to resolve with the coach then with parents.
- I agree to be responsible for all aspects of my swimming within age appropriateness, including equipment, meet and practice attendance and any another other aspect related to swimmers responsibilities.
- I will obey all of USA Swimming's rules and codes of conduct.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's board of directors.

Swimmer's signature

Date

Parent's signature

Date