

The TCC BRW SC STORY

I was deeply honored and very excited when Coach Moon asked me to take on the role of statistician and records keeper. Why? Because I love numbers. To some numbers may seem boring but they speak to me, they tell me a story. And I love to share the stories with anyone who will listen. This is the story of the TCC meet.

The TCC meet was a BRW (Blue, Red, White) everybody can swim meet, also known as a 'meet for the beginners'. We had 77 swimmers show up for 320 events.

Our story begins with those swimmers who competed in their first ever swim meet; **Ruoxi (Isabella) Chen, Lucan Chiang, Keith Dela Cruz, Preston Hu, Sophia Pearson, Maya Reiland, Ethan So, Kaylee Taing, Yik Ning Xu, and Kevin Zheng**. All of these swimmers got at least one or more white times. Now they have a 'base line' time they can use to measure their performance and calculate how much time they need to drop to meet their next goal, like a red time.

Personal Bests (or Time Drops)

Don't lower your expectations to meet your performance. Raise your level of performance to meet your expectations. (Ralph Marston)

Our swimmers had a total of 615.04 seconds or 10 hours 15.04 seconds in time drops.

What tells us more about how the swimmer performs – place or time drops? While *place* is nice it only tells us how the swimmer did compared to the swimmers they competed against. It tells us nothing about how the swimmer performed compared to what they are capable of. Time drops on the other hand are a measure of how a swimmer is progressing (performing). What's really cool is to watch the beginner swimmers. These are the kids who have the potential to consistently drop the most time and the ones with the greatest time drops are raising their performance to the next level. This chapter of the story acknowledges those swimmers who had exceptional time drops and who are working hard to become the best they can become.

Best Total Time Drops: *Vincent Frausto*, -66.32; *Samantha Cummins*, -64.61; *Blair Landherr*, -42.15; and *Alan DiBello*, -34.54.

Best Single Time Drops (10 seconds or better): *Samantha Cummins* (-42.07 in the 11-12 500 Free); *Blair Landherr* (-31.18 in the 13-14 200 Free); *Joshua Jenkins* (-22.23 in the 11-12 100 Breast); *Ben Jordan* (-18.48 in the 13-14 100 Breast); *Samantha Cummins* (-16.12 in the 11-12 200 IM); *Lyric Radke* (-14.89 in the 5-8 25 Free); *Mayumi Pedroche* (-14.5 in the 7-10 100 Free); *Makalia Valenzona* (-13.86 in the 11-12 50 Fly); *Vincent Frausto* (-13.3 in the 11-12 200 IM); *Albert Ma* (-13.11 in the 15 & Over 100 Fly); *Nathan Lee* (-11.99 in the Open 200 Breast); *Kai Anolin* (-11.08 11-12 100 IM); *Lyric Radke* (-10.32 in the 5-8 25 Back); and *Vincent Frausto* (-10.24 in the 11-12 100 Breast).

Footnote: Swimmers will not and cannot be expected to get new PB (time drops) every time they swim. Especially those swimmers who have reached championship times. These swimmers are at a level where hundredths of a second in a time drop is celebrated. Sometimes the sun, the moon, and the stars are aligned just right and a swimmer will have the swim of their

lives. These swims are often difficult to repeat and it takes time and a lot of work to reach that level again. More often than not Michael Phelps ‘adds time’ because repeating a World or Olympic record is not easy to do, even for him. So parents, if your swimmer doesn’t drop time at every meet that is how it works. They higher and faster the swimmer gets, the smaller and less frequent the time drops become.

So, let’s acknowledge and celebrate all the new personal bests. Click on this link to see a complete listing of the time drops.

New Red and Blue Times

Red and Blue times tell the story of the swimmers who made it to the “next SCS age group” level and who now qualify to swim those events in ALL BR (Blue/Red) swim meets and who also qualify to swim those events in the Eastern Committee Championship meets. Not only that, these times can qualify the swimmers to compete in the next level events (example: a red time in the 100 breast will qualify the swimmer to swim a 200 breast in most 12 and under events). They also qualify the 11 and overs to swim in most Open events.

Here’s a huge shout out to some **extraordinary red/blue swims**:

- **Arwen Castillo**, first time swim 11-12 500 Free - red time!
- **Vincent Frausto**, first time swim 11-12 500 Free – blue time; and first time swim 11-12 200 back - Blue time!
- **Aiden Ramsdell**, first time swim 5-8 25 Free – Red time

Also with new Red times are: **Jill Adams** (11-12 200 Free); **Jovee Andrade** (5-8 25 Free); **Kai Anolin** (11-12 50 Free); **Sofia Chan** (11-12 100 IM and 11-12 50 Free); **Alan DiBello** (7-10 100 Fly, 7-10 100 IM, and 7-10 50 Fly); **Tristan Noel Flores** (5-8 100 IM); **Yvonne Jai** (5-8 25 Back); **Ben Jordan** (13-14 100 Back, 13-14 100 Breast, 13-14 100 Free); **Blair Landherr** (13-14 100 Back and 13-14 100 Free); **Lucy Landherr** (11-12 100 Breast and 11-12 200 Free); **Ezekiel Mora** (13-14 100 Free and 13-14 50 Free); **Benjamin Murillo** (11-12 100 Free); and **Samantha Ayesha Olivar** (13-14 100 Free).

And with new Blue times are: **Samantha Cummins** (11-12 100 Breast, 11-12 200 IM, and 11-12 50 Back); **Alan DiBello** (7-10 100 Breast); **Nathan Han** (13-14 100 Back and 13-14 100 Breast); **Ben Jordan** (13-14 50 Free); **Nathan Lee** (Open 200 Breast); **Kayla Shin** (15 & Over 100 Breast); and **Madeline Wheeler** (11-12 100 Fly).

Championship Times

No matter how you feel, get up, dress up, show up and never give up.

This chapter of the story tells about those swimmers whose dedication to training and competing has elevated their performance to the level of champions. Every single one of these swimmers started out at the beginner meets trying hard for those red times and huge time drops. It takes hours upon hours of training, a lot of hard work, a dedication and love of the sport, and a lot of

swim meet competitions to get these cuts. These kids get up, dress up, show up, and never give up ... They added these championship events to their portfolio.

WAG (Winter Age Group) Championships (in December): *Alan DiBello*: 7-10 200 IM and 7-10 50 Back; *Michael DiBello*: 11-12 500 Free; *Teagan O'Dell*: 11-12 100 Back, 11-12 100 IM, and *Victoria Villareal*: 11-12 50 Back.

JAG (June Age Group) Championships: *Garrett Dykier*: 13-14 50 Free; *Luke Pedroche*: 11-12 100 Free and 11-12 200 IM; and *Victoria Villareal*: 11-12 50 Free

Spring & Summer JO (Junior Olympics): *Michael DiBello*: 11-12 100 Fly, 11-12 100 IM, 11-12 50 Breast; *Teagan O'Dell*: 11-12 100 Breast, 11-12 50 Back, 11-12 50 Breast; *Luke Pedroche*: 11-12 50 Fly.

Far Western Championship Swims: *Michael DiBello*: 11-12 100 IM, 11-12 50 Breast

Team Records

Success comes from knowing that you did your best to become the best that you are capable of becoming. (John Wooden)

These swimmers elevate the level of their performance to become the best they are capable of becoming. What more does this story tell? Let's celebrate these awesome performances.

- *Tristan Noel Flores*: 5-8 50 Back – 47.78
- *Teagan O'Dell*: 11-12 100 Breast – 1:17.95
- *Michael DiBello*: 11-12 100 Back – 1:08.63; 11-12 200 Back – 2:25.62; 11-12 50 Breast – 34.03

Appendix A: Awards

Our team received a total of 121 medals and ribbons: 1st place = 26; 2nd place = 18; 3rd place = 22; 4th place = 22; 5th place = 21; and 6th place = 12.

Click on this link to see the complete list.