

# What's the Point!

*If you want to be the best you have to do things other people aren't willing to do.  
(Michael Phelps)*

Before I talk about points ... Shout out!!! Happy Dance!!!! Whooooo Hooooooo!!!! to all our swimmers who showed up and swam their hearts and (you know what) off!!! There were lots of new times, new red times, new blue times, new personal bests, and even a Summer JO cut! AWESOME!! We had 48 swimmers swimming 236 events with 179 personal bests and first time swims for a fantastic 78.85%. That's a stat that puts a smile on our coaches faces.

Now, what about points. Many of the swim meets award points for placing. These points are totaled by swimmer and are another measure of outstanding performance. Better still, some meets total points for the **TEAM**. Championship meets, like the Eastern Committee Championship meet coming up in a week, award trophies to the top 3 teams based on points. At some high level meets, such as JO's and Far Westerns, the top point swimmers receive awards.



At the Hillside meet, plaques were awarded to the top 6 teams based on total points. There were 24 teams ... Our **TEAM** won 6<sup>th</sup> place and a plaque. If we could have added in the points from our unattached (newer) swimmers we would have been in 4<sup>th</sup> place. AND, if our kids that were sick had been able to show up we would have been in **SECOND** place. Now that's something our coaches and parents get to be very proud about!! AND that puts us right up there with the championship teams.

So, what's the point? We have a great **TEAM** with a lot of hidden talent and a lot of kids with a whole lot of potential. Plus we have great coaches. Let's support our **TEAM**, step up and get to those meets. Let's put all other teams on notice .... we are here and we are the best. We can be **NUMBER ONE!** To make this happen ... show up for practice, work

hard, and sign up for swim meets. Together we can do it!

## Points

Since we're on the subject of points, congratulate our point getters:

*Alan DiBello (100), Brooke Etter (86), Lucy Landherr (81), Nathan Lee (63), Arwen Castillo (60), Kaylee Swezey (44), Albert Ma (44), Nicholas Brock (42), Lyric Radke (40), Ayaan Chudasama (38), Elizabeth Ortiz (35), Mariam Farag (35), Alexis Chion (32), Lucas Chiang (28), Jill Adams (28), Jun Yi Sun (27), Damian Serna Arbow (25), XiaoRui Serna (22), Nikki Tse (17), Nathan Han (17), Blair Landherr (16), Paul McNaughton (15), Jovee Andrade (12), Makayla Hatzfeld (11), Rachel Oler (10), Yvonne Jia (10), Kate Fassbinder (8), Zachary Woods (6), Ethan Lopez (6), Aidan Mulqueen (2), Norton Yang (2), Jonah Aguilera (1), Ethan So (1).*

## Outstanding Swims

We had so many outstanding performances we want to say ‘great job’ to our **Outstanding TEAM!** This meet was a TEAM EFFORT. A special thanks to our **outstanding coaches**.

## Personal Bests and Time Drops

Our kids really showed up for this meet. As a **TEAM** we achieved a total time drop of 11 hours, 10 minutes, .07 seconds. We could just about get to the Olympic Training Center in Denver in that time. Way to go.

With **100% personal bests** in 5 or more events were: *Arwen Castillo, Makayla Hatzfeld, Lucy Landherr, Nathan Lee, Paul McNaughton, Nikki Tse, Zachary Woods*, and *Dennis Zhang*.

**BEST SINGLE TIME DROP** goes to *Aidan Mulqueen* (100 Breast - -1:25.07). With that amazing time drop, **BEST TOTAL TIME DROP** also goes to *Aidan Mulqueen* (-1:31.25). Credit also extends to his primary coaches, *Coach Scott* and *Coach Darlys* for that almost 50% drop!

More **outstanding time drops** were turned in by:

*Dennis Zhang* (-57.94); *Zachary Woods* (-35.35); *Makayla Hatzfeld* (-34.69); *Paul McNaughton* (-33.89); *Brooke Etter* (-32.32); *Nathan Lee* (-28.22); *Norton Yang* (-26.69); *Lucy Landherr* (-25.64); *Arwen Castillo* (-25.27); *Samantha Lee* (-21.20); *Nikki Tse* (-19.94); *Jonah Aguilera* (-19.79); *Sofia Salas* (-19.56); *Aeden Crain* (-16.85); *Nicholas Brock* (-16.58); *Preston Hu* (-13.48); *Ayaan Chudasama* (-12.43); and *XiaoRui Sun* (-10.16).

See Meet Results on the Web under the ‘Athletes’ tab for complete individual performances.

## New Time Cuts

Our swimmers set goals and many of the goals are time cuts. Bet a lot of these swimmers met or exceeded their goals.

*Nathan Lee* swam a jaw-dropping 13-14 200 Back [first time swim], got a **SUMMER JO** cut! and a second place. There are just no words to describe that astonishing feat!

Congratulations to *Nikki Tse*, the newest member of our **TRAVEL TEAM**. Welcome.

Congratulations to the swimmers who achieved new **BLUE TIMES**: *Nicholas Brock* (200 Free); *Arwen Castillo* (200 Free, 100 IM, 200 IM); *Alan DiBello* (50 Free, 100 IM); *Brooke Etter* (50 Free, 100 Free, 200 Free [went from white to blue, forget the red], 100 IM, 200 IM); *Mariam Farag* (50 Breast, 100 Fly); *Lucy Landherr* (6 blue times out of 8 swims ... astounding! 100 Free, 200 Free, 50 Back, 100 Back, 50 Breast, 100 Breast); *Nathan Lee* (50 Free, 100 Free, 200 Free); and *XiaoRui Sun* (100 Free).

Congratulations to the swimmers who achieved new **RED TIMES**: *Jill Adams* (100 Free, 50 Fly); *Kate Fassbinder* (200 Free [first time swim], 50 Back); *Makayla Hatzfeld* (200 Free, 100 Back); *Nathan Lee* (100 Fly); *Ethan Lopez* (50 Back); *Paul McNaughton* (50 Free, 100 Free); *Edie Miller* (25 Back); *Rachel Oler* (50 Free, 100 Back); *Elizabeth Ortiz* (100 Breast); *Sofia Salas* (50 Free [relay lead off]); *XiaoRui Sun* (100 Fly); *Nikki Tse* (50 Free, 100 Free, 100 Back, 50 Breast, 100 Breast); *Zachary Woods* (50 Free, 100 Breast); and *Norton Yang* (100 Breast [first time swim], 50 Fly).

Congratulations to the swimmers who achieved **WHITE TIMES** for their **FIRST TIME** swims: *Jovee Andrade* (50 Fly); *Aeden Crain* (100 Free, 100 Back, 50 Fly); *Mariam Farag* (200 Free); *Preston Hu* (100 Free, 50 Back); *Yvonne Jia* (50 Fly); *Tyler Kung* (50 Back); *Blair Landherr* (100 Fly); *Samantha Lee* (100 Free, 200 Free, 100 Breast, 100 IM); *Ethan Lopez* (50 Breast, 100 Fly); *Albert Ma* (200 IM); *Ezekiel Mora* (200 Back); *Benjamin Murillo* (200 Free); *Alessandra Paredes* (100 Back, 100 Breast, 200 IM); *Bowen Qiu* (200 Free, 100 Back); *Lyric Radke* (25 Fly); *Lucky Sabins* (50 Free, 100 Breast); *Jun Yi Sun* (25 Free, 25 Back); *XiaoRui Sun* (500 Free); *Norton Yang* (100 IM); and *Dennis Zhang* (50 Fly).

## **Awards**

The points earned by the above swimmers were based on their placement. 42.37% of the swims were 1<sup>st</sup> thru 6<sup>th</sup> place. There were 10 first place, 22 second place, 24 3<sup>rd</sup> place, 18 4<sup>th</sup> place, 17 5<sup>th</sup> place, and 9 6<sup>th</sup> place. That's incredible and another indicator of what an awesome **TEAM** we have.

**Gold Medal Winners (Red – 20 points):** *Arwen Castillo* (200 IM); *Alan DiBello* (50 Fly, 100 IM); *Brooke Etter* (100 Free); *Mariam Farag* (100 Fly); and *Lucy Landherr* (100 Breast).

**First Place Winners (White – 8 points):** *Jill Adams* (100 Free); *Makayla Hatzfeld* (100 Back). *Paul McNaughton* (50 Free); and *Kaylee Swezey* (200 IM).

See the Awards documents on the web page under the 'Athletes / Meet Results' tab for full detailed listings.

## **IMR & IMX Updates**

These swimmers have completed the events required by USA Swimming to receive IMR or IMX scores. For details and a complete listing see 'IMR / IMX Scores' under the 'Athletes' tab on our web page.

### **NEW IMX SCORES:**

- 12 year olds: *Brooke Etter* (1219)

### **UPDATED IMX SCORES:**

- 9 & under year olds: *Alan DiBello* (2131)

### **NEW IMR SCORES:**

- 9 & under year olds: *Mayumi Pedroche* (831)
- 10 year olds: *Ianna Lin* (1231); *Kate Fassbinder* (528)
- 11 year olds: *Lucy Landherr* (1773)
- 12 year olds: *Brooke Etter* (1632)
- 14 year olds: *Nathan Han* (820)
- 15 year olds: *Alexis Chion* (1352); *Nathan Han* (672)

### **UPDATED IMR SCORES:**

- 9 & under year olds: *Alan DiBello* (2479)
- 11 year olds: *Jill Adams* (1516); *Makayla Hatzfeld* (1121); *Nikki Tse* (1076)
- 12 year olds: *Arwen Castillo* (1438);
- 14 year olds: *Nathan Lee* (1397)

## **A World Record**

For about 15 minutes **Kate Fassbinder** had a world record in the 7-10 200 Free. According to Meet Mobile (I am obsessed) Kate swam her 200 free in 2:10.ss. That time is almost 4 seconds faster than the AAAA (Quad A) motivational time and has to be a world record. Not only that it was her first time swimming the 200 free. When that time came up on meet mobile I started asking her father and family if that time was correct? What did the timers tell her? What did the board say? Well, it seemed the board showed 'ddddddd' then '-----' which means she didn't hit the pads hard enough to stop the clock (that's why there are timers). Turns out her time was finally corrected and posted as 2:53.72. But for a short time Kate had that world record. Wish I'd taken a screen shot.

## **WRAP UP**

*Feel our hearts pounding, muscles burning, lungs screaming. Feel our love and hate for our opponent. Feel the insane drive to keep pushing, to get to the wall, to win. I am a swimmer. I will be a champion!*

Go Sharks!

GMA Sherry