

2018 FAC IMR/IMX Recap

Veni, Vidi, Vici

If you don't challenge yourself you will never realize what you can become.



The day dawned cool and calm for the Fontana IMR / IMX Challenge. Did our kids rise to the occasion? ... step up to the Challenge? You bet they did! Our kids earned the SHARKS the **SECOND place TEAM trophy** and in the process had themselves some amazing swims. Yeaaaaaa, Whoooooo Hooooooo, High Five! Happy Dance!!!! Congratulations!

We would like to recognize our swimmers who entered the challenge and contributed to the team points.

Our girls and boys accepting the **IMR challenge** were:

- ❖ 5-8: 50 Free, 100 IM, 25 Back, 25 Breast, 25 Fly
 - ✓ *Jovee Andrade*, age 7
 - ✓ *Lucas Chiang*, age 6
 - ✓ *Ayaan Chudasama*, age 6
- ❖ 9, 10: 100 Free, 100 IM, 50 Back, 50 Breast, 50 Fly
 - ✓ *Kate Alvarez*, age 10
 - ✓ *Kate Fassbinder*, age 10
 - ✓ *Yvonne Jia*, age 9
 - ✓ *Mayumi Pedroche*, age 10
 - ✓ *Damian Serna Arbow*, age 9
- ❖ 11, 12: 200 Free, 50 Back, 50 Breast, 50 Fly, 100 IM
 - ✓ *Kai Anolin*, age 11
 - ✓ *Ethan Lopez*, age 11
 - ✓ *Nikki Tse*, age 11
- ❖ 13, 14, 15 & Up: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
 - ✓ *Arwen Castillo*, age 13
 - ✓ *Blair Landherr*, age 13
 - ✓ *Albert Ma*, age 18
 - ✓ *Paul McNaughton*, age 13
 - ✓ *Rachel Oler*, age 13
 - ✓ *Allie Paredes*, age 13
 - ✓ *Makaila Valenzona*, age 13
 - ✓ *Zachary Woods*, age 13

Our girls and boys accepting the **IMX challenge** were:

- ❖ 9, 10: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
 - ✓ *Alan DiBello*, age 9
- ❖ 11, 12: 500 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
 - ✓ *Jill Adams*, age 11
 - ✓ *Sam Cummins*, age 11

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- ✓ *Michael DiBello*, age 12
 - ✓ *Luke Pedroche*, age 12
 - ✓ *Maddie Wheeler*, age 12
- ❖ 13, 14, 15 & Up: 500 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM
- ✓ *Joshua Jenkins*, age 13

We don't grow when things are easy, we grow when we face challenges.

Medal Winners

Medals were awarded to the top 8 swimmers who successfully completed all 5 (or 6) events in their IMR or IMX challenge based on point totals. Points are determined by gender, age, event, and time (not place).

IMR Medalists

- 4th - *Jovee Andrade* (based on time not points)
- 4th – *Ethan Lopez* (1769)
- 4th – *Nikki Tse* (1315)
- 4th – *Paul McNaughton* (511)
- 5th – *Rachel Oler* (1046)
- 6th – *Albert Ma* (97)
- 7th – *Kate Fassbinder* (942)
- 8th – *Makaila Valenzona* (637)

IMX Medalists

- 1st – *Maddie Wheeler* (2370)
- 2nd – *Michael DiBello* (2950)
- 2nd – *Sam Cummins* (2577)
- 2nd – *Alan DiBello* (1802)
- 3rd – *Jill Adams* (1748)
- 4th – *Luke Pedroche* (2626)

For a complete list of meet results see 'Meet Results' under the 'Athletes' tab.

Outstanding Swims

Reaching the 5 red time goal we have 3 new additions to our **TRAVEL TEAM!** Welcome –*Kai Anolin*, *Kate Fassbinder*, and *Blair Landherr*.

Congratulations to *Michael DiBello* for setting 2 **TEAM RECORDS** (100 Back, 200 IM).

A **special acknowledgement** goes to *Joshua Jenkins*, age 13, who swam the most difficult IMX challenge of all .. 500 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, and 400 IM, and in the process got himself a whole lot of new times, a spot on the IMX roster, and the respect and admiration of the team and the coaches. Well done *Joshua!*

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New Red, Blue, and JO Swims

Talk about facing challenges ... we had a bunch of swimmers who achieved **FIRST time RED times** and they were distance events. Every one of them qualifies to swim these events at YST ... **Makayla Hatzfeld** (200 IM, 500 Free); **Blair Landherr** (200 IM); **Lucy Landherr** (200 IM); **Ethan Lopez** (200 Free); **Paul McNaughton** (200 Breast); **Nikki Tse** (200 IM); and **Norton Yang** (100 Back, 200 IM). That is soooooo cool. We are sooooo proud of you.

Maddie Wheeler made 2 new **Summer JO** cuts for her 100 Fly and 200 IM. **Luke Pedroche** swam to a new **BLUE** time for his 100 Breast and **Sam Cummins** picked up a new **BLUE** for her 500 Free.

More YST qualifiers with new **RED** times are: **Jill Adams** (500 Free, 200 IM); **Kate Alvarez** (50 Back, 50 Breast); **Kai Anolin** (200 Free); **Arwen Castillo** (100 Back); **Sofia Chan** (50 Breast, 100 Breast); **Kate Fassbinder** (100 IM); **Joshua Jenkins** (500 Free); **Ethan Lopez** (50 Breast); **Mayumi Pedroche** (200 Free); **Nikki Tse** (200 Free, 50 Fly). Way to go!

New First Times

On their way to those qualifying cuts with new **WHITE** times are: **Kate Alvarez** (100 IM); **Lucas Chiang** (100 IM, 50 Free); **Aaron Choi** (100 Breast); **Benson Chuang** (100 IM); **Ayaan Chudasama** (50 Free); **Kate Fassbinder** (100 Back, 100 Fly); **Makayla Hatzfeld** (100 Fly); **Joshua Jenkins** (200 Back, 200 Breast, 200 Fly, 400 IM); **Yvonne Jia** (100 Back); **Alessandra Paredes** (100 Fly); **Zachary Woods** (200 Breast, 200 IM); **Dennis Zhang** (100 IM).

Time Drops

35 of our swimmers competed in 173 individual events and achieved a total of 111 (64%) personal bests.

Best Single Time Drop (200 Free -48.93) and **Best Total Time Drop** (-84.12) both go to **Kai Anolin** aka 'The Flash'.

Also achieving personal bests are: **Jill Adams** (-45.51); **Kate Alvarez** (-15.31); **Jovee Andrade** (-37.89); **Arwen Castillo** (-18.18); **Sofia Chan** (-7.30); **Benson Chuang** (-5.62); **Samantha Cummins** (-21.01); **Michael DiBello** (-1.41); **Kate Fassbinder** (-8.62); **Dane Hartz** (-16.81); **Joshua Jenkins** (-25.20); **Yvonne Jia** (-3.83); **Blair Landherr** (-9.26); **Ethan Lopez** (-0.60); **Albert Ma** (-11.67); **Paul McNaughton** (-3.94); **Rachel Oler** (-13.41); **Alessandra Paredes** (-2.53); **Luke Pedroche** (-16.05); **Mayumi Pedroche** (-33.33); **Sofia Salas** (-24.45); **Nikki Tse** (-10.29); **Makaila Valenzona** (-1.65); **Madeline Wheeler** (-15.41); **Zachary Woods** (-4.99).

Wrap-up

Be willing to step outside your comfort zone once in a while; take the risks in life that seem worth taking. The ride might not be as predictable if you'd just planted your feet and stayed put, but it will be a heck of a lot more interesting. (Edward Whitacre, Jr.)

Regardless of how they did, our kids stepped outside of their comfort zone and stepped up for the challenge. *What a ride!*

To our awesome kids ... your coaches, your teammates, and your parents couldn't be more proud of each and every one of you.

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To our wonderful parents who make the ultimate commitment and sacrifices for their kids ... the team, the coaches, and your kids thank you from the bottom of our hearts.

To our dedicated coaches without whom our kids would not have had the opportunity to challenge themselves, step outside their comfort zone, and grow ... we ALL love and honor you.

As we approach the long course season and more challenging swims, let's make this last swim meet only the beginning of more amazing swims. Together we will rise to the challenge. Veni, Vidi, Vici..... (we came, we saw, we conquered)!

GO SHARKS!

GMA Sherry