

2020-2021 SCS Standards - LONG COURSE METERS

2021 Spr JO	2021 JAG	2021 Sum JO	Blue Min	Red Min		2021 Spr JO	2021 JAG	2021 Sum JO	Blue Min	Red Min
GIRLS 5-8						BOYS 5-8				
			45.60	54.70	50 LCM Free				44.40	53.30
			1:39.30	1:59.20	100 LCM Free				1:35.50	1:54.60
			54.40	1:05.30	50 LCM Back				53.20	1:03.80
			58.60	1:10.30	50 LCM Breast				57.10	1:08.50
			52.00	1:02.40	50 LCM Fly				52.70	1:03.20
GIRLS 5-10						BOYS 5-10				
35.40	36.50	36.20	38.40	41.90	50 LCM Free	34.90	36.10	36.00	38.10	41.50
1:17.40	1:20.10	1:20.10	1:24.40	1:32.00	100 LCM Free	1:16.90	1:20.10	1:20.30	1:23.90	1:31.60
2:48.90	2:57.10	2:54.90	3:02.70	3:19.30	200 LCM Free	2:47.30	2:57.10	2:55.20	3:02.40	3:19.00
2:48.90	N/A	N/A	N/A	N/A	400 LCM Free	2:47.30	N/A	N/A	N/A	N/A
41.40	43.70	43.30	46.40	50.60	50 LCM Back	41.20	43.60	43.60	46.30	50.50
1:29.50	1:35.10	1:33.90	1:41.00	1:50.30	100 LCM Back	1:29.30	1:34.90	1:34.90	1:41.30	1:50.50
46.50	50.00	49.10	51.40	56.00	50 LCM Breast	46.90	49.50	50.00	51.40	56.00
1:41.00	1:48.00	1:46.40	1:52.20	2:02.40	100 LCM Breast	1:41.90	1:48.40	1:48.30	1:52.90	2:03.10
39.40	42.00	41.20	43.20	47.20	50 LCM Fly	39.50	41.40	41.50	43.10	47.00
1:30.70	1:38.60	1:38.30	1:40.50	1:49.70	100 LCM Fly	1:29.30	1:39.50	1:38.70	1:40.70	1:49.80
3:10.50	3:22.00	3:17.10	3:30.20	3:49.30	200 LCM IM	3:09.00	3:19.70	3:17.30	3:31.20	3:50.40
GIRLS 11-12						BOYS 11-12				
31.20	32.30	32.10	34.90	38.00	50 LCM Free	30.80	32.10	31.90	34.40	37.60
1:07.70	1:10.20	1:09.90	1:15.60	1:22.40	100 LCM Free	1:06.50	1:09.60	1:09.70	1:15.10	1:22.00
2:26.90	2:33.20	2:32.10	2:42.90	2:57.70	200 LCM Free	2:24.50	2:32.70	2:31.10	2:43.60	2:58.40
5:09.10	5:22.60	5:20.90	5:47.30	6:18.80	400 LCM Free	5:05.80	5:25.00	5:25.30	5:46.60	6:18.10
N/A	N/A	N/A	11:44.20	N/A	800 LCM Free	N/A	N/A	N/A	11:43.70	N/A
N/A	N/A	N/A	22:11.60	N/A	1500 LCM Free	N/A	N/A	N/A	22:10.90	N/A
36.00	38.30	38.00	41.60	45.40	50 LCM Back	35.70	38.60	38.20	42.00	45.80
1:16.90	1:22.10	1:21.70	1:29.40	1:37.60	100 LCM Back	1:16.20	1:22.90	1:22.50	1:30.70	1:39.00
N/A	N/A	N/A	3:09.20	3:26.50	200 LCM Back	N/A	N/A	N/A	3:11.80	3:29.40
40.90	43.20	42.70	46.00	50.20	50 LCM Breast	40.10	43.30	42.90	45.60	49.80
1:28.20	1:33.40	1:32.10	1:40.00	1:49.10	100 LCM Breast	1:27.50	1:33.30	1:33.00	1:40.10	1:49.20
N/A	N/A	N/A	3:31.00	3:50.20	200 LCM Breast	N/A	N/A	N/A	3:31.20	3:50.40
34.10	35.60	35.30	38.40	41.90	50 LCM Fly	33.70	35.70	35.50	39.20	42.70
1:16.00	1:20.50	1:20.00	1:27.30	1:35.30	100 LCM Fly	1:15.40	1:21.50	1:21.00	1:28.10	1:36.10
N/A	N/A	N/A	3:05.70	3:22.60	200 LCM Fly	N/A	N/A	N/A	3:07.20	3:24.20
2:46.80	2:53.20	2:52.00	3:07.90	3:25.00	200 LCM IM	2:44.30	2:52.20	2:52.60	3:08.20	3:25.30
N/A	N/A	N/A	6:31.20	N/A	400 LCM IM	N/A	N/A	N/A	6:32.30	N/A
GIRLS 13-14						BOYS 13-14				
29.50	30.30	30.40	33.30	36.40	50 LCM Free	27.90	28.70	28.60	30.20	33.00
1:03.50	1:05.50	1:06.00	1:11.90	1:18.50	100 LCM Free	59.90	1:02.10	1:02.50	1:07.90	1:14.00
2:17.70	2:23.70	2:24.20	2:34.10	2:48.10	200 LCM Free	2:10.50	2:18.10	2:17.00	2:28.50	2:42.00
4:50.60	4:55.10	5:02.90	5:26.10	5:55.80	400 LCM Free	4:37.50	4:49.20	4:54.00	5:15.60	5:44.30
10:14.80	10:47.90	10:36.80	11:29.00	12:31.70	800 LCM Free	9:47.40	10:21.80	10:12.20	11:01.20	12:01.30
19:46.70	20:01.00	20:25.30	21:17.20	23:13.30	1500 LCM Free	18:56.30	19:42.30	19:48.40	20:57.40	22:51.70
1:11.60	1:16.00	1:16.80	1:25.10	1:32.90	100 LCM Back	1:08.30	1:13.30	1:13.70	1:22.10	1:31.60
2:34.50	2:45.90	2:46.70	3:02.80	3:19.60	200 LCM Back	2:27.80	2:40.80	2:40.50	2:53.30	3:09.20
1:22.50	1:26.50	1:27.60	1:33.90	1:42.50	100 LCM Breast	1:16.80	1:22.00	1:22.60	1:29.20	1:37.30
2:57.70	3:07.80	3:08.80	3:24.40	3:43.00	200 LCM Breast	2:48.00	2:58.90	3:00.20	3:15.20	3:33.00
1:10.30	1:13.30	1:14.40	1:20.30	1:27.60	100 LCM Fly	1:06.40	1:10.40	1:10.40	1:16.70	1:23.60
2:38.30	2:49.60	2:55.40	3:00.90	3:17.40	200 LCM Fly	2:31.50	2:44.80	2:48.30	2:53.10	3:08.90
2:36.00	2:44.00	2:43.40	2:57.30	3:13.40	200 LCM IM	2:27.00	2:36.30	2:35.10	2:49.00	3:04.30
5:31.80	5:47.20	5:49.50	6:20.40	6:55.10	400 LCM IM	5:14.90	5:34.60	5:34.50	6:00.20	6:33.00
GIRLS 15-18						BOYS 15-18				
N/A	29.00	29.60	32.80	35.80	50 LCM Free	N/A	26.30	26.60	29.80	32.50
N/A	1:02.40	1:04.30	1:11.30	1:17.80	100 LCM Free	N/A	56.80	58.10	1:04.50	1:10.30
N/A	2:17.00	2:19.20	2:32.30	2:46.20	200 LCM Free	N/A	2:05.00	2:07.70	2:21.80	2:34.70
N/A	4:47.90	4:55.00	5:18.70	5:47.60	400 LCM Free	N/A	4:27.00	4:31.10	4:59.20	5:26.40
N/A	10:22.30	10:20.60	11:04.30	12:04.70	800 LCM Free	N/A	9:48.50	9:42.60	10:30.60	11:28.00
N/A	19:45.00	20:09.10	21:00.30	22:54.80	1500 LCM Free	N/A	19:02.60	18:56.10	19:59.90	21:49.00
N/A	1:12.30	1:14.90	1:24.40	1:32.20	100 LCM Back	N/A	1:06.40	1:08.20	1:18.60	1:25.80
N/A	2:41.60	2:42.80	2:56.50	3:12.70	200 LCM Back	N/A	2:29.10	2:31.70	2:45.50	3:00.70
N/A	1:23.10	1:25.20	1:34.60	1:43.20	100 LCM Breast	N/A	1:14.00	1:16.60	1:25.60	1:33.40
N/A	3:03.50	3:06.60	3:23.40	3:41.90	200 LCM Breast	N/A	2:46.20	2:49.50	3:03.70	3:20.40
N/A	1:09.30	1:11.70	1:19.20	1:26.40	100 LCM Fly	N/A	1:02.50	1:04.00	1:13.90	1:20.60
N/A	2:40.40	2:47.20	2:56.90	3:13.00	200 LCM Fly	N/A	2:24.60	2:32.00	2:40.30	2:54.80
N/A	2:36.70	2:38.90	2:56.00	3:12.00	200 LCM IM	N/A	2:23.10	2:25.30	2:41.00	2:55.70
N/A	5:37.20	5:43.20	6:04.50	6:37.70	400 LCM IM	N/A	5:10.00	5:18.70	5:41.70	6:12.80