



**Swimmer's Code of Conduct** Guelph Marlin Aquatic Club is committed to providing an environment in which all individuals (athletes, coaches and families) are treated with respect, and provides a supportive environment.

Swimmers are expected to adhere to the rules listed below while participating in any Club sponsored function including practices, swim meets, social events, team travel, overnight stays in hotels/motels, dining in restaurants, and when in or on public/private property, including change rooms and parking lots, etc. Swimmers are expected to demonstrate responsible behaviour, as befits the Guelph Marlins Aquatic Club.

Failure to do so will result in disciplinary action, which could include suspension from the Club.

1. I will show respect for all athletes, parents, officials, coaches, pool staff and facilities at all times.
2. I will not use foul language.
3. I will not engage in any form of harassment against other athletes, coaches, parents or officials.
4. I will not engage in destructive gossip regarding coaches, staff, parents, athletes or officials.
5. I will not use banned substances, illegal drugs, alcohol or tobacco products. (Vaping) Marijuana use will not be permitted.
6. I will not break any laws.
7. I will not engage in any activities that could endanger or hinder other athletes, or cause damage to property.
8. I will not leave practice or club functions without permission from the coach, official or chaperone.
9. I will wear GMAC team attire as described in the Uniform Policy.
10. When travelling for meets, I will follow rules outlined by the coaches and chaperones. When the Coaches and chaperones deem behaviour unacceptable, I can be penalized, up to and including removal from the competition and being sent home at my family's expense. In extreme cases, dismissal from the Club could result. Examples of inappropriate behaviour includes: failure to comply with the stated rules and/or curfews as set out by the coaches or chaperones, and any behaviour in violation of the criminal code.
  - i. all 12&under swimmers on team travel will surrender their electronic devices including phones, tablets, ipods etc on or before 9pm to the chaperones. Items will be returned in the morning
  - ii. all 13&over swimmers on team travel will turn off all electronic devices including phones, tablets, ipods, etc on or before 9pm.
  - iii. No electronic devices are allowed on deck unless authorized by coach

11. Internet Web sites, such as, but not limited to Facebook, Snapchat, Twitter and Instagram , on which people socialize and exchange information, shall not be used to post remarks or pictures that can be considered inflammatory, degrading, or in poor taste toward any other student athlete (GMAC or otherwise), coach, club or volunteer.

I am aware that failure to fulfill these obligations could result in dismissal from practices and/or meets, up to and including termination of membership.

12. I will not cause damage to facilities.

13. I will not involve myself in any physical fighting

14. I will not engage in any sexual contact.

15. I have read and acknowledge the Anti-Bullying Policy

16. Cell phone use is prohibited in all facility washrooms and changerooms.

### **Swimmer's Responsibilities**

1. I will listen to my coach.

2. I will show respect for my coaches, team mates, parents, fans, pool staff and officials.

3. I will know my practice schedule and will be on time. This means being on deck 10 minutes before practice starts.

4. I will help with pool set-up and deck clean up as requested by my coach.

5. I will bring the required equipment to practice as outlined by my coach.

6. To avoid de-hydration, I will bring a bottle of water to practice and to meets.

7. I will maintain a healthy lifestyle, avoiding junk food and ensuring I get enough rest.

8. At swim meets, I am responsible for remembering which event/heat I am in, and will ensure that I get to that event a minimum of 5 minutes before the race begins.

9. I will have fun and promise to advise my coach or parents if this isn't the case.

10. I am representing the Guelph Marlins Aquatic Club and will always support my team and be a positive role model.

11. If ill, I will not attend swim practice and will consult with my coach.

12. When at away meets, doors will be left ajar when a non-occupant visits room. No member of the opposite sex may enter occupant's room.

13. I will complete the COVID Daily Health Check if I am 13 years of age or older

### **Code of Conduct Violations**

Any contravention of the Code of Conduct will be dealt with by the Head Coach and the Board's Disciplinary Committee and may result in any or all of the following actions:

Verbal warning

Written warning

Suspension of swimmer from training

Loss of privileges or confined to dorm/room

Suspension from current or upcoming competition

Being sent home from competition at swimmer's expense,

Restitution where appropriate, including loss of any Club travel support

Formal expulsion from the Club

Violations will be dealt with on an individual basis, either on the spot or after returning home. Action will be taken according to the severity of the infraction (in the opinion of attending staff members). A meeting with the parents, coaching staff and the Board's Disciplinary Committee may also be held.

I, \_\_\_\_\_, (swimmer) have read and understand the GMAC Swimmer Code of Conduct and agree to adhere to it. I understand that if I do not adhere to this Code of Conduct my actions will have consequences.

I, \_\_\_\_\_, (parent) have read and discussed the GMAC Swimmer Code of Conduct with my swimmer and agree to support it.

\_\_\_\_\_  
Swimmer's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

**\*\*\*NOTE\*\*\***

As registration is online, accepting this policy online is acceptable form of acknowledgement and acceptance of this policy and it is not required for you to physically sign this form. Online registration is legally binding