

DECEMBER 9-12, 2021

Updated November 19, 2021

updated November 4, 2021

updated October 26, 2021



ONTARIO JUNIOR INTERNATIONAL

MEET PACKAGE

HOSTED BY SWIM ONTARIO

Based on the ever-evolving public health crisis, Swim Ontario does reserve the right to cancel the OJI 2021 Event at any point should it be determined to be unsafe to proceed or at the request of Toronto Public Health, the Province of Ontario and/or any government agency that carries jurisdiction over matters of health and/or public safety. A review of the public health situation and how it relates to the ability to provide a safe environment for all participants will be undertaken on November 26, 2021



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GENERAL INFORMATION

- Sanctioned by Swim Ontario
- Hosted by Swim Ontario
- **Meet Format:** Short Course – Heats & Finals
- **Location:** Toronto Pan Am Sports Centre - 875 Morningside Ave, Toronto, ON M1C 0C7
- **Facility:** 2 x 10 lane 50m competition and training pool- Swiss Timing electronic timing system.
- **Dates:** December 9-12, 2021
- **Meet package:** The only meet package that is considered valid is the most current one located at www.swimming.ca

PARTICIPANT SAFETY

Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click [HERE](#).

- Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on the deck.
- NO OTHER PERSON IS PERMITTED on the deck unless expressly authorized by Swim Ontario.
- Spectators will be permitted at the discretion of the facility in the WEST Gallery.

COVID-19 SAFETY

- Swim Ontario will follow all facility & health regulations and/or Ontario provincial orders and will follow their [Safety Plan](#). Participants (swimmers, coaches, officials and support staff) are reminded that they are bound by the Acknowledgment & Assumption of Risk and COVID Attestation executed as part of their registration and must attend all virtual briefings outlining the safety protocols, traffic flow & deck layout for the event.
- [Swim Ontario COVID-19 Provincial Team and Event Activity Vaccination Policy and Procedure](#)
 - This policy applies to all athletes, coaches, officials, volunteers, spectators and other participants.
- [TPASC COVID-19 Vaccination Requirements](#)
- Spectators will be permitted provided all entrance requirements and distancing/masking rules are followed.
- For the protection of all those involved in the execution of the event on site, including, participants (or their parent/guardian on their behalf), coaches, officials, volunteers, support staff & spectators will need to provide contact information and complete the following online documents by **Monday, November 29, 2021** to be permitted access to the facility.
 - TPASC waiver (new participants or spectator):
<https://waiver.smartwaiver.com/w/5ec73f79bf6a4/web/>
 - Event COVID-Attestation & Contact Tracing Info (all participants & spectators):
<https://form.jotform.com/SwimOntario/oji-2021-covid-19-attestation>



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- Participants and spectators are reminded to arrive no earlier or later than the scheduled arrival time. The facility will also do a screening. Screening protocols may be augmented. The final details for screening and arrival times for all participants and spectators will be provided after entries close.
- **All participants and spectators must wear a mask that covers the nose, mouth and chin at all times when in the TPASC facility and on deck.** Swimmers may remove their masks prior to entering the water and must put on their mask when exiting the water.
- Removing or lowering a mask to speak, whistle or yell is not permitted. Support swimmers by clapping.
- Physical distancing guidelines must be maintained at all times.
- No more than **10** swimmers per lane will be permitted, with **5** swimmers pool entry and exit at each opposite ends.

DO'S & DON'T'S OF WEARING A MASK

DO

- Clean your hands before putting on/taking off
- Wear a mask that feels comfortable
- Cover your nose, mouth & chin
- Have it fit snugly, with no gaping

DON'T

- Lower your mask to speak to someone, cheer or whistle
- Touch your mask & face
- Wear a mask that is too loose
- Leave it hanging from your ear
- Put it under your nose or chin
- Keep a wet or dirty mask on
- Forget to also keep 6 feet from others

Support Athletes by Clapping

A MASK IS MANDATORY IN ALL AREAS EXCEPT WHEN SWIMMING



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ROWAN'S LAW – CONCUSSION MANAGEMENT

Parents, coaches, officials, volunteers and swimmers all have a role to play in ensuring the safety of all participants at sanctioned competitions in Ontario. We must create an environment that encourages and motivates participants to assume responsibility for their own safety and the safety of others. Any injury/incident resulting in a significant impact to the head, face, neck or body of any registered participant at any Swim Ontario member sanctioned event where concussion symptoms are present must be reported to the Chief Operating Officer of Swim Ontario within 24 hours using the Swim Ontario Injury reporting form. The [Swim Ontario Concussion Management Procedure](#) is in effect at this competition. It outlines the Swim Ontario Removal-from-Sport and Return-to-Sport protocols. Rowan's Law - <https://www.ontario.ca/page/rowans-law-concussion-safety>

OPEN AND OBSERVABLE ENVIRONMENT

Swimming Canada and Swim Ontario are dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means avoiding situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust must be in an environment or space that is both 'open' and 'observable' to others.

EVENT PHOTOGRAPHY/VIDEOGRAPHY

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Ontario sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. For full details click [HERE](#)

PROCEDURE

- Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so.
- Entry into this competition is at the sole discretion of Swim Ontario and can be withdrawn, with immediate effect, by Swim Ontario. Individuals agree to be filmed, televised, photographed, identified and otherwise recorded during the Swim Ontario designated competition under the conditions and for the purposes now and hereafter authorized by Swim Ontario in relations to the promotion of Swimming Canada and Swim Ontario and the development of the sport of swimming.
- By accepting to attend you agree that all photographs and moving images taken by yourself within any Swimming Canada or Swim Ontario designated event including those of athletes competing shall be used solely for personal and non-commercial purposes, unless the prior written consent is obtained from Swimming Canada or Swim Ontario. The individual confirms that they fulfill the qualifications required by Swim Ontario and also agrees to information about themselves being collected by Swim Ontario and the Organizing Committee and such data being



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stored and used by them, and, where necessary, third parties, for the purposes of facilitating their participation in, and/or organizing the Swim Ontario Designated Competition.

- Live Streaming services provided by RecTec TV.

ORGANIZING COMMITTEE

- **Meet Managers:** Nicole Parent & Ximena Pagiamtzis
- **Safety Coordinators Team:** Nicole Parent & Ximena Pagiamtzis & SO Staff
- **Competition Coordinator:** Daryle Martin
- **Officials Coordinator:** Daryle Martin & Nicole Parent
- **Entries Coordinator:** Nicole Parent – nicole@swimontario.com
- **Swim Ontario CTO:** Dean Boles – dean@swimontario.com

INQUIRIES:

All inquiries are to be directed to nicole@swimontario.com.

Meet Information Page - <http://swimontario.com/page.php?id=2820>

ENTRY INFORMATION

ELIGIBILITY

All athletes must be registered as Competitive swimmers with Swimming Canada (SC) or for USPORT swimmers, in the Varsity category or another FINA recognized National Federation and have met the qualifying requirements. A valid registration number is required.

Any invited athletes studying or training outside of Canada must follow the required Government of Canada COVID-19 entry restrictions and requirements.

A competitor's age is their age as of the first day of the competition. This event is restricted to those 18 years old and younger.

QUALIFYING PERIOD & STANDARDS

- All short course metres and long course metres times achieved since September 1, 2018 are eligible for entry.
- **Standards - http://swimontario.com/uploads/Meets/OJI%202019/OJI_Standards_2019.pdf**

PROOF OF QUALIFICATION

All Canadian entries will be validated via the Swim Canada results database. Meet Management will not accept Canadian entries directly via email. Proof of time must accompany ALL foreign entries. Times are to be submitted in the course they were achieved. Converted times will not be accepted.



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ENTRY LIMITS

There are no limits on individual entries with the following conditions:

- **Ontario based (for training) athletes** must qualify in a minimum of one (1) event with up to 4 bonus events as follows:
 - 1 QT = 4 bonus swims
 - 2 QT = 3 bonus swims
 - 3 QT = 2 bonus swims
 - 4 QT = 1 bonus swim
 - 5 or more QT = 0 bonus swims
- **Non-Ontario athletes** must qualify in a minimum of two (2) events with up to 3 bonus events as follows
 - 2 QT = 3 bonus swims
 - 3 QT = 2 bonus swims
 - 4 QT = 1 bonus swim
 - 5 or more QT = 0 bonus swims

The competition host reserves the right to limit the number of swimmers & entries to ensure all Ontario Health Regulations, Facility capacity and COVID Safety procedures are followed.

ENTRY FEES & PAYMENT

- **Swimmer Fee:** \$125 + HST (\$141.25)
- Approved International Federation Teams are exempt from entry fees.
- Entry Fee payment instructions:
 - **Entry Fees must be paid prior to arrival or at team registration**
 - **Payment methods:**
 - **Etransfer:** etransfers@swimontario.com – indicate OJI 2021 Entry Fees and Club Code
 - **Credit Card (only prior to arrival):** contact - Clubs wishing to pay by credit card should contact nicole@swimontario.com for payment instructions.
 - **Cheque:** Payable to Swim Ontario
 - **NO CASH PAYMENT ACCEPTED**

ENTRY PROCESS & DEADLINE

- Clubs are required to submit entries by **Monday, November 29, 2021 at NOON.**
 - No further entries changes will be accepted after **noon on Tuesday, November 30, 2021.**
 - No entry time upgrade, event additions, or, change of events will be accepted after this date unless authorized by Meet Management.
- All entries received shall be UNCONVERTED **LCM** and must be validated by the system. No converted times will be accepted. No Time (NT) will not be accepted.
- **Entry times from September 1, 2018 to November 29, 2021.**



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SUBMISSION

- Canadian entries: **MUST** be submitted via www.swimming.ca
- **International entries: May be submitted as HY3 file or CL2 File to nicole@swimontario.com** and must be accompanied by official proof of time.
- **Attending domestic coaches must be listed when uploading the entries file to www.swimming.ca**
- Once an entry file is uploaded, the entry system will automatically email a confirmation of entries.
- A successful entry file upload is only the validation of membership entry information against the national membership and entry validation does not guarantee a club's entries will be accepted by Swim Ontario.
- Entries found to not be in compliance with entry requirements may result in individual swimmer and club being ineligible for entry into the event.
- Accepted or rejected entries will be identified with a second notification from Swim Ontario.
- Swim Ontario reserved the right to reject an entry file for lack of compliance in entry times, failure to submit the file before the entry deadline or any other lack of compliance with Swim Ontario meet policy and procedure.
- Final Psych Sheets will be posted online at www.swimontario.com by **Friday, December 3, 2021**.
- All entries inquiries or request for changes to entries are to be directed to nicole@swimontario.com
- Deck entries and time trial events will not be permitted.

REGISTRATION INFORMATION

SWIMMING CANADA COACH REGISTRATION POLICY

The Swimming Canada coach registration policy states that all coaches attending any sanctioned competition must have a minimum NCCP coaching status. Swim Ontario has created a coach compliant list. All teams must submit a list of coaches attending at the time of entry. Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliance lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet.

- Athletes must have a coach or designated coach (coach of record) in attendance during their racing block(s) and training sessions.
- Any foreign coaches attending must follow the required Government of Canada COVID-19 entry restrictions.
- All coaches must follow the Swim Ontario/TPASC COVID-19 vaccine requirements.

TEAM REGISTRATION

- **Team Registration will be done through an [Online Team Registration Form](#) (complete before **Monday Nov. 29**) and in person to collect accreditations.**
 - All attending coaches, support staff contact information will be collected.



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- Support Staff will be limited and not all request will be granted to ensure all health regulations are maintained.
- Any club or High Performance Centre with Support Staff must submit an application through the [Online Team Registration Form](#). **(complete before Monday Nov. 29)** Clubs requiring Support Staff are required to add them into the Registration Tracking and Results System (RTR). The Club Registrar is responsible for adding Support Staff to the RTR for the purpose of being able to be permitted on deck at this event. Support Staff who are not registered in the RTR will not be permitted on deck.
- Foreign teams must fill out and submit the foreign team coach and support staff registration information found on the Swim Ontario OJI webpage (http://www.swimontario.com/index_ptp.php?id=2820).
- In-person Team registration times and protocols will be published in December. Club reps or coaches are required check-in in room 2060. Registration, payment and deck accreditation must be obtained before deck access will be granted.

ACCREDITATION

- Club deck accreditations (inclusive of coaches, team manager and support staff) –subject to change:

1–5 swimmers	2 accreditations
6-10 swimmers	3 accreditations
11-15 swimmers	4 accreditations
16-20 swimmers	5 accreditations
21-30 swimmers	6 accreditations
31+ swimmers	7 accreditations
- Foreign coaches must be affiliated to their national federation or recognized coaching agency in good standing.
- Swimmers will be provided an accreditation card for deck access. This card must be displayed at all times.
- **The Deck Accreditation Card remains the property of Swim Ontario and can be withdrawn, with immediate effect, at Swim Ontario’s sole discretion.**

This is a Swim Ontario event. Only Swim Ontario may grant entry or access to any volunteer, coach, athlete, official, sponsor, or spectator either in the field of play or spectator stands.

TRAINING SESSIONS

- ~~Pre-training may be available on December 9 from 10-noon.~~
- **In-meet training sessions available and outlined [HERE](#)**



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- Contact TPASC directly to arrange pool time training outside of these times.

VIRTUAL COACHES' & SWIMMER MEETINGS

- Virtual Briefings will be conducted via Zoom to review the new Safety Protocols, etc. Links to be emailed after entries close.
 - Coaches/Swimmers: **Tuesday, December 7 7:15 to 8:30 PM**

COMPETITION RULES

Swimming Canada rules govern this competition. Competition Rules and procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook.

WARM-UP SAFETY PROCEDURES

The Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

SWIMWEAR

All swimmers shall be required to comply with swimwear rule GR 5.

DIVE STARTS

As per the Facility Rules for Dive Starts, dive starts will be conducted from Starting Platforms (blocks) from both ends as per FINA FR 2.3 and SW 4.1.

BACKSTROKE LEDGES

Backstroke ledges will be available for use. Swimmers shall be responsible for setting the device.

SEEDING

After all times have been verified:

All LCM entries will be converted to short course metres (SCM) using Hy-Tek conversion factors and then all entries will be seeded by SCM time (slowest to fastest) regardless of bonus swim designation with the possible exception of the distance session on Day 1 where SCM times may be seeded fastest to slowest.

OFFICIAL SPLITS & DECK ENTRIES

- Official Splits Requests will be permitted. Procedures will be outlined after entries close.
- Deck entries and time trial events will not be permitted.



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COMPETITION FORMAT

All sessions will be run in a single 25m x 10 lane (3m deep) tank. Warm-up/cool down facilities will be available.

PRELIMINARIES:

- All prelims will run 10 lane heats with the fastest three heats circle seeded except for 400m events which will be 2 heats circle seeded.
- The 800 and 1500 Freestyle will be run as Time Final events with all heats running on Day 1.

FINALS:

- All "A" finals will be run top ten (10)
- All "B" finals will run top ten (10)
- There will be an "A" & "B" final for all 200m and below events
- There will be an "A" final for all 400m events
- The finals sessions will run using the following format:
 - "B" Final, "A" Final, "B" Final, etc.
- ***All finalists & alternates will be required to report the call room area 15 minutes prior to their event***

SCRATCH RULES

- Email scratches will be accepted by email until **December 7, 2021 at 7pm** to nicole@swimontario.com.
- Following the above date, email scratches WILL NOT be accepted **and the online meet scratch form (coming soon!) is required.**
- **COVID Safety exemptions will be in place.**
- Medical exemptions to be considered.

DISTANCE

- **The scratch deadline for the 800/1500 Free on Day 1 will be December 7, 2021 at 7PM prior to the start of the Safety Briefing.**

PRELIMINARIES

- **There will be no scratch deadline for 200m or below events for preliminaries.**
- The scratch deadline for 400m events will be 7:00 PM the previous evening.
- Scratches must be done on the official scratch cards available at the Clerk of Course table.
- Emailed scratches WILL NOT be accepted.

FINALS

- Finals events:
 - TBD - **will be communicated after entries close and timelines are finalized.**



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- Scratches must be done on the official scratch cards available at the Clerk of Course table.
- E-mailed scratches WILL NOT be accepted.

PENALTY

- No penalty for preliminary events 200m or below
- “No-Shows”, “step-downs” and “unexcused incomplete swims” will be penalized \$50.00 CAD for Distance events, 400m prelims events and Finals events.
- Fines incurred in preliminaries may be paid immediately, or at the end of the preliminary session. The swimmer in question may swim other events in that preliminary session prior to paying the penalty. Should the swimmer in question qualify for finals, he/she shall not swim in Finals until the fine is paid.

SWIM-OFFS & ALTERNATES

- All Swim-offs will be conducted during the preliminary session in which the tie took place 5-10 minutes following the preliminary session.
- There will be no alternates named during finals.

RECORDS

- Swim Ontario has a completed certified pool length survey and swim times achieved at this competition will be eligible for provincial or national records.
- Coaches are asked to inform meet management of possible record attempts and/or if records are broken to ensure meet management can process the record application.

AWARDS

- Awards, if any, will not involve a medal ceremony.
- Procedures to be outlined in the Safety Plan.

SITE INFORMATION

- [Safety Plan. \(version 3\)](#)
- **Hospitality – Food will not be provided by the host for coaches. On-site take-out food available (Tim’s, Pizza, Pool Sides).**
- **Parking** - Parking is available at the facility in designated areas for a fee of \$11.50 per day weekdays and \$3.00 per day on Saturday and Sunday.

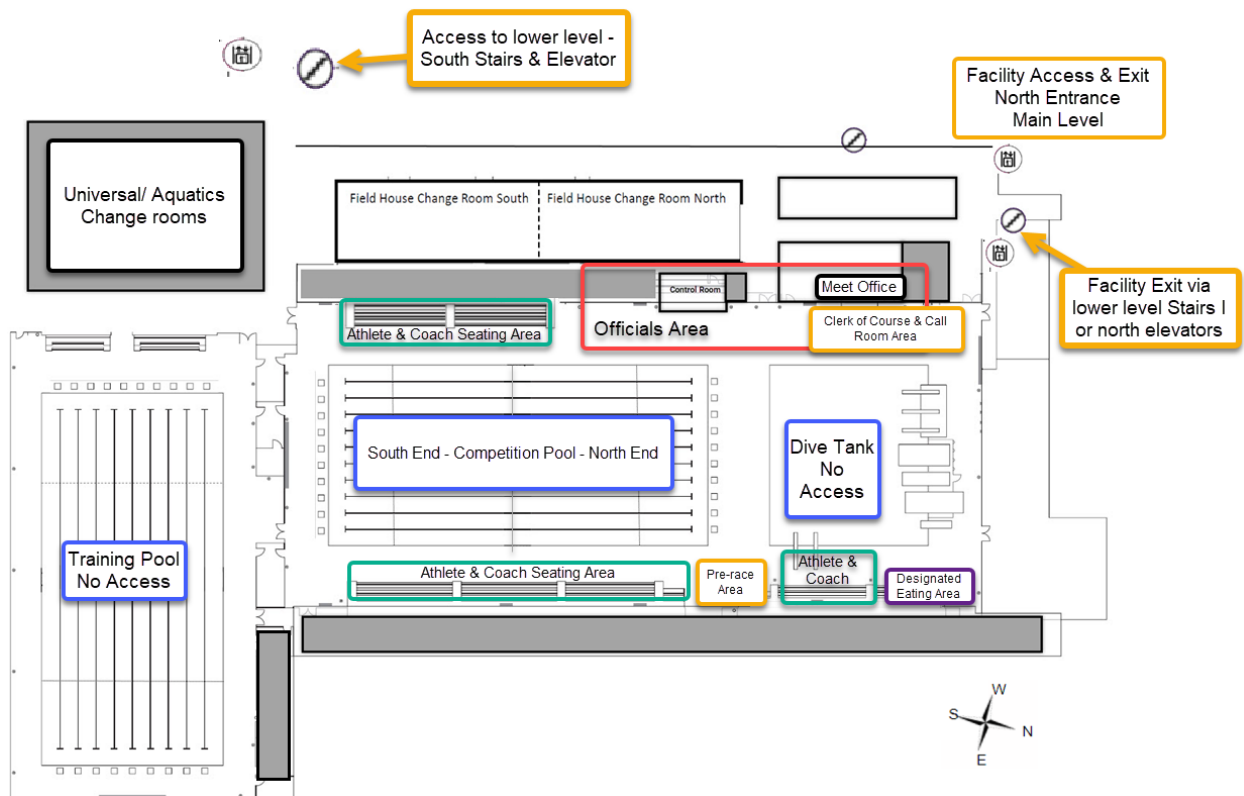


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- **Lockers** - Lockers will not be available for this event. All swimmers must take their belongings on to the deck.

TORONTO PAM AM SPORT CENTRE



PROGRAM EVENT LIST

PRELIMINARIES

- Preliminaries will be divided by gender - two racing block each day.
- Only athletes racing during the block will be permitted on deck to adhere to capacity limits. In-meet training times will be available.
- Coaches may be asked to access the East Gallery after warm-up to adhere to capacity limits and Public Health Regulations.
- During warm-up periods, officials will be permitted to remain in a designated area in the West Gallery.

FINALS

- Only finalist and alternates will be permitted on deck to adhere to capacity limits. In-meet training times will be available.
- Coaches may be asked to access the East Gallery after warm-up to adhere to capacity limits and Public Health Regulations.



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RACING BLOCK OUTLINE

- Facility Access will be at the North Entrance.
- Lower level access will be at the South Stairs.
- Deck Access will be through the South/West doors by the Aquatic Change room.
- Athletes should arrive warm-up ready (swim suit on).
- **Change rooms:** Access to change rooms is permitted. Participants must maintain physical distancing and wear their mask at all times when in the change rooms. Showering is permitted.
- Deck or bleacher changing is not permitted. Use the change rooms!
- Pre-pool activities will take place around the Competition Pool & Dive Tank deck areas.
 - A mask must be worn when doing pre-pool activities.
- Pre-pool activities will be followed by a Warm-up and Sprint period in the Competition Pool with maximum **10** swimmers per lane.
- After warm-up, the south end competition pool will be available for cool-down activities.
- Masks may only be removed and placed in designated area once the athlete is prepared to enter the pool to warm-up, race or cool-down.
- After exiting the pool, athletes will immediately put their masks on.
- Athletes will have 10 mins to change and exit the facility after their cool down period.
- Building access will be restricted to designated areas only.
- Swim Ontario reserves the right to modify the above protocols to adhere to Ontario Health Regulations.

SCHEDULE

- Swim Ontario reserves the right to modify the schedule to adhere to Ontario Health Regulations.
- Swim Ontario reserves the right to modify the warm-up period and start time.
- Schedule Outline can be found [HERE](#)
- The Schedule is subject to change after the entry deadline or due to public health regulations changes.



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Meet Program

Day 1 – Thursday, December 9, 2021

Time Final Session Warm-up: 1300 Start: 1400		
<u>Women</u>		<u>Men</u>
1	800 Freestyle	2
3	1500 Freestyle	4
W/M will alternate Relays may be added to Day 1		

Day 2 – Friday, December 10, 2021

Warm-up: 800 Start: 900	Preliminary Sessions	Warm-up: 1100 Start: 1200	Final Session Warm-up: 1700 Start: 1800		
<u>Women</u>		<u>Men</u>	<u>Women</u>		<u>Men</u>
5	200 Freestyle	6	5	200 Freestyle	6
7	100 Breaststroke	8	7	100 Breaststroke	8
9	400 Individual Medley	10	9	400 Individual Medley	10
11	100 Butterfly	12	11	100 Butterfly	12
13	50 Backstroke	14	13	50 Backstroke	14

Day 3 – Saturday, December 11, 2021

Warm-up: 800 Start: 900	Preliminary Sessions	Warm-up: 1100 Start: 1200	Final Session Warm-up: 1700 Start: 1800		
<u>Men</u>		<u>Women</u>	<u>Women</u>		<u>Men</u>
16	200 Butterfly	15	15	200 Butterfly	16
18	100 Backstroke	17	17	100 Backstroke	18
20	400 Freestyle	19	19	400 Freestyle	20
22	50 Freestyle	21	21	50 Freestyle	22
24	200 Breaststroke	23	23	200 Breaststroke	24
26	50 Butterfly	25	25	50 Butterfly	26

Day 4 – Sunday, December 12, 2021

Warm-up: 800 Start: 900	Preliminary Sessions	Warm-up: 1030 Start: 1130	Final Session Warm-up: 1600 Start: 1700		
<u>Women</u>		<u>Men</u>	<u>Women</u>		<u>Men</u>
27	200 Individual Medley	28	27	200 Individual Medley	28
29	100 Freestyle	30	29	100 Freestyle	30
31	200 Backstroke	32	31	200 Backstroke	32
33	50 Breaststroke	34	33	50 Breaststroke	34

All sessions will be run in a single 25m x 10 lane (3m deep) tank. Warm-up/cool down facilities will be available.

PRELIMINARIES:

- All prelims will run 10 lane heats with the fastest three heats circle seeded except for 400m events which will be 2 heats circle seeded.
- The 800 and 1500 Freestyle will be run as Time Final events with all heats running on Day 1.

FINALS:

- All "A" finals will be run top ten (10)
- All "B" finals will run top ten (10)
- There will be an "A" & "B" final for all 200m and below events
- There will be an "A" final for all 400m events
- The finals sessions will run using the following format: "B" Final, "A" Final, "B" Final, etc.
- All finalists & alternates will be required to report the call room area 15 minutes prior to their event