

Horizon Swimming COVID-19 Protocol

For all cases of COVID-19 within the Horizon Swimming Community, we ask that families follow the guidelines listed below. Please note that reporting of COVID-19 is not mandatory, but we *strongly* encourage each family to do so for the health and safety of all our members.

REPORTING

Go to the homepage of hrzn.org and under the "COVID-19" tab you will find a link titled "COVID-19 Reporting." Clicking on this link will take you to a Google Form where you can input all the necessary information to report your case. Please fill out this form as soon as possible after the onset of symptoms. Information regarding the swimmers group and the last time they were at the pool will be shared with all families within that group, or in close contact with the infected individual. All other information will be kept confidential unless you specify otherwise.

PROTOCOLS FOR POSITIVE CASES

In the event of a positive COVID-19 case, Horizon Swimming will inform all of the necessary parties as soon possible. In terms of returning to the pool, please follow the guidelines below.

1. If your athlete is fully vaccinated.

- If an athlete is fully vaccinated they may return to swimming immediately. Please be prepared to show proof of vaccination to your swimmers coach upon returning to the pool.

2. If your athlete is not vaccinated or partially vaccinated.

- Unvaccinated and partially vaccinated athletes who are showing no symptoms must receive a negative test to return to the pool. Please be prepared to show proof of a negative test to your swimmers coach upon returning to the pool.

3. No Test, No Vaccination option.

- Horizon Swimming respects that being vaccinated and tested is a personal choice made by each individual and/or family. If you wish for your athlete to refrain from both, they must stay out of the pool and away from practice for ten days from the date of exposure to the athlete. At the end of the ten days, if they are not experiencing any symptoms related to COVID-19, they are welcome to return to the pool.

APPROVED TESTING

For getting your athlete tested, Horizon Swimming will accept all three of the following methods:

1. PCR Test administered by physician, clinic or local testing facility (preferred).
2. Rapid Antigen Test administered by physician, clinic or local testing facility.
3. At-Home Rapid Antigen Test.

COVID-19 RELEASE OF LIABILITY

Upon registering for Horizon Swimming, every family was asked to sign a waiver releasing Horizon Swimming from any liability surrounding COVID-19. The waiver can be found on the front page of hrzn.org under the "Team Information" tab for you to reference.

Please remember that while participating in any and all activities sponsored by Horizon Swimming, as with any activity, there is an implicit risk of infection to COVID-19. Our goal is to keep our community as safe as possible by minimizing that risk, knowing that it will never be zero. Reporting cases and following these protocols will help us a great deal in achieving this goal.