

## ACCOUNTABILITY, DISCIPLINE, UNITY

DEDICATED TO ESTABLISHING THE FOUNDATION OF PROMOTING AND FURTHERING POSITIVE LIFE SKILLS AND EXPERIENCES THROUGH COMPETITIVE SWIMMING.

# Royal Rumble



LET'S GO RIZERS!

This past weekend at CLU, the Rizers rumbled their way through a weekend of fast swimming at our first ever full-scale swim meet, the Royal Rumble! There was so much to celebrate this past weekend that it's hard to put it all on paper. None of it would have been possible without you, though, our families. So let's start there!

### VOLUNTEERS

We had a team of rockstar volunteers this past weekend who stepped up to help out and ensure that the meet was a success. I was repeatedly told by coaches and officials how impressed they were by our parents, and that it made a huge difference in the quality of their experience at the meet. Thank you for representing our club with integrity and for taking on your responsibilities with a smile on your face!

We would be remiss not to send a shout out to a few key individuals who went above and beyond to make it happen. **Volary Li**, **Jennifer Obenauf** and **Kyle McIntosh** acted as our Volunteer Coordinators at the meet, working to direct traffic for our volunteers and helping take a huge load of responsibility off the coaches shoulders. **Jing Chen** and **Ivana Hyson** acted as our hospitality coordinators as well and did a fantastic job looking over the coaches and officials the entire weekend, keeping everyone happy!

### SWIMMERS OF THE MEET

This weekend was a banner meet for our athletes. Rifling through the results on Meet Mobile each night, it was incredible to see how much green littered the screen for Horizon athletes. From Pre-Comp, all the way up to Senior, there were absolutely outstanding performances...

### Pre-Comp

**Leonardo Solorio** dropped the hammer in all three of his races this weekend, setting personal bests in the 25 backstroke (5 second drop) and the 25 freestyle (2 second drop) and racing in his first ever 50 freestyle! Leonardo consistently gives his best effort in training and comes to every session with a readiness to learn and grow! Well deserved Leonardo!

### Rio Group

**Riley Donovan** truly showed up ready to rumble for her first two day meet! She left the pool deck at the end of the meet having posted a best time in every single event. Starting off the meet with a strong 25 Fly, she backed that up by dropping over 4 seconds in her 25 Back. Placing in the top 8 in four of her events, she dropped a total of 10 seconds across all her races! Great work Riley!

### Athens Group

**Leo Du** swam 8 events this weekend and improved his personal best times in every event. His 2nd day was packed with harder events, but he still managed to drop almost 1 second in his last event, the 50 Freestyle. He clocked 30.21, giving him his 3rd JO cut! Leo is a very playful swimmer in and out of the water, but knows when to hit the focus button. He does the same thing at meets, always having fun with his teammates, but when it's time to race he is fully prepared and focused. Way to go Leo!

### Tokyo Group

**Kevin Fei** dropped time in every event he swam this weekend. After Kevin missed his WAG cut for 200 Breaststroke by .03 seconds last year, he kept his head high and continued working hard. This time around, he clocked 2:43.70, dropping 5 seconds in the event, and 1:15.47 in the 100 Breaststroke, dropping a full second. Both times were new JO cuts! His humbleness, focus, and effort in training has been truly a great example to his teammates. Congrats Kevin!

### Beijing Group

**Rick Liu** swam eight events this past weekend, placing 1st overall in five out of the eight and 2nd place in the other three. That was the top performance of any 12&Under swimmer at the meet overall. Along the way, Rick posted personal bests in six of those events, including a six second drop in the 50 backstroke. Congrats on an outstanding meet!

### Senior Group

**Yonden Trainor** started off his meet with a 45 second drop in the 500 freestyle. That alone would likely have been enough to earn him this honor, but he followed that up with drops in six of his other seven events. In total Yonden, clocked 60 seconds of drops across all events! Congratulations on a fantastic weekend Yonden!



# Upcoming Events



**CCS Junior Olympics**  
Feb 18-21, 2022  
Qualified Athletes Only



**CA/NV Sectionals**  
Mar 3-6, 2022  
Qualified Athletes Only



**Coastal Committee Championship**  
Mar 5-6, 2022  
Minimum "B" Time Standard

[Click the Sun for Additional Information](#)

# Schedule Changes

## ATHENS GROUP

Tue 2/1 & Wed 2/2  
7:00-8:15pm  
Cal Lutheran Big Pool

## RIO GROUP

Tue 2/1 & Thurs 2/3  
6:00-7:00pm  
Yarrow YMCA Small Pool

## PRE COMP GROUPS

Tue 2/1 & Thurs 2/3  
6:00-7:00pm  
Yarrow YMCA Small Pool

## Rizin Birthdays!

*Athens*

**Margaret Tong** 2/18

*Blue Group*

**Addyson Castro-Roher** 2/9

**Jase Friedman** 2/27

*Orange Group*

**Jase Friedman** 2/21

*Senior*

**Lillia Koepke** 2/27

*Tokyo*

**Giovanna Di Battista** 2/10

**Nathan Yuan** 2/11

**Tim Krumer** 2/25

*Beijing*

**Reese Bentley** 2/14

**Chloe Odell** 2/25

**Mimi Attia** 2/27

