

# RIZER RECOGNITION

## 2021-22 Time Standards

GIRLS			10 & Under	BOYS		
Navy	Gold	Silver		Silver	Gold	Navy
31.39	32.59	33.89	50 Freestyle	34.19	32.49	29.79
1:10.49	1:13.99	1:17.89	100 Freestyle	1:17.99	1:12.29	1:06.69
36.69	38.99	41.09	50 Backstroke	41.59	39.09	36.99
1:19.29	1:24.99	1:30.69	100 Backstroke	1:29.59	1:23.89	1:18.79
41.69	44.19	47.49	50 Breaststroke	46.59	43.49	40.99
1:31.89	1:37.99	1:44.09	100 Breaststroke	1:41.19	1:35.19	1:29.99
36.19	38.89	41.49	50 Butterfly	40.29	37.99	35.39
1:24.09	1:31.79	1:39.09	100 Butterfly	1:37.19	1:29.99	1:22.79
1:20.79	1:25.09	1:29.09	100 IM	1:29.39	1:24.89	1:18.99

GIRLS			11-12	BOYS		
Navy	Gold	Silver		Silver	Gold	Navy
28.99	29.49	29.99	50 Freestyle	30.29	28.99	27.89
1:03.09	1:04.89	1:06.49	100 Freestyle	1:05.89	1:02.99	1:00.89
2:17.49	2:21.19	2:25.49	200 Freestyle	2:24.59	2:18.49	2:12.49
32.69	34.09	35.59	50 Backstroke	35.29	33.89	32.09
1:11.39	1:15.19	1:18.19	100 Backstroke	1:15.79	1:12.49	1:09.19
2:31.39	2:37.29	2:43.99	200 Backstroke	2:40.29	2:34.19	2:27.39
36.89	38.09	39.99	50 Breaststroke	39.59	37.89	36.09
1:20.19	1:23.89	1:27.39	100 Breaststroke	1:25.49	1:21.29	1:17.49
2:52.19	3:00.49	3:08.59	200 Breaststroke	3:00.99	2:53.19	2:46.39
31.29	32.89	34.09	50 Butterfly	34.19	32.89	31.19
1:10.89	1:14.59	1:18.29	100 Butterfly	1:16.49	1:12.59	1:09.29
2:34.29	2:40.99	2:47.89	200 Butterfly	2:43.99	2:35.99	2:28.39
1:12.09	1:14.39	1:16.79	100 IM	1:14.99	1:12.09	1:09.09
2:34.49	2:41.09	2:47.19	200 IM	2:44.19	2:37.89	2:30.69

GIRLS				13-14	BOYS			
Elite	Navy	Gold	Silver		Silver	Gold	Navy	Elite
25.59	27.89	28.19	28.59	50 Freestyle	27.29	26.49	25.69	23.49
55.49	1:00.49	1:01.29	1:02.09	100 Freestyle	1:00.69	58.49	56.29	51.59
1:59.49	2:10.39	2:12.29	2:15.19	200 Freestyle	2:10.99	2:06.69	2:02.59	1:52.39
5:20.39	5:49.59	5:59.19	6:10.19	500 Freestyle	5:57.89	5:44.49	5:31.39	5:03.79
1:00.19	1:05.69	1:08.79	1:11.69	100 Backstroke	1:06.89	1:03.99	1:01.29	56.19
2:11.09	2:22.99	2:28.59	2:35.39	200 Backstroke	2:25.89	2:19.39	2:13.99	2:02.79
1:09.09	1:15.39	1:18.99	1:22.19	100 Breaststroke	1:15.59	1:12.59	1:09.69	1:03.89
2:29.99	2:43.69	2:50.89	2:58.29	200 Breaststroke	2:45.59	2:38.49	2:31.39	2:18.79
59.99	1:05.49	1:08.19	1:11.39	100 Butterfly	1:06.39	1:03.29	1:00.99	55.89
2:12.79	2:24.89	2:30.99	2:37.89	200 Butterfly	2:26.99	2:20.89	2:15.59	2:04.29
2:13.39	2:25.49	2:31.29	2:37.89	200 IM	2:28.59	2:22.89	2:17.09	2:05.69
4:45.69	5:11.69	5:25.29	5:39.69	400 IM	5:17.39	5:04.99	4:52.69	4:28.29

GIRLS				15 & Over	BOYS			
Elite	Navy	Gold	Silver		Silver	Gold	Navy	Elite
24.99	27.19	27.69	28.09	50 Freestyle	26.29	24.99	23.89	22.29
54.09	58.99	59.79	1:00.89	100 Freestyle	57.59	54.99	52.29	48.99
1:57.39	2:08.09	2:11.49	2:14.79	200 Freestyle	2:06.29	2:00.19	1:54.09	1:47.29
5:14.79	5:43.39	5:55.19	6:08.89	500 Freestyle	5:45.99	5:27.89	5:10.39	4:51.19
58.69	1:03.99	1:07.49	1:10.09	100 Backstroke	1:03.49	1:00.99	58.39	53.49
2:08.09	2:19.69	2:25.99	2:32.39	200 Backstroke	2:19.19	2:12.39	2:06.89	1:56.29
1:07.09	1:13.59	1:16.99	1:20.69	100 Breaststroke	1:12.09	1:08.99	1:05.59	1:00.19
2:26.19	2:39.49	2:47.79	2:54.69	200 Breaststroke	2:36.59	2:30.39	2:24.19	2:12.19
58.69	1:03.99	1:06.39	1:09.99	100 Butterfly	1:03.39	1:00.59	57.89	53.09
2:09.89	2:21.69	2:28.09	2:34.89	200 Butterfly	2:20.59	2:15.19	2:09.69	1:58.89
2:10.99	2:22.99	2:29.09	2:36.19	200 IM	2:21.79	2:16.09	2:10.09	1:59.19
4:39.59	5:04.99	5:17.49	5:31.99	400 IM	5:05.59	4:52.99	4:40.29	4:16.99