

HORIZON SWIMMING

2022 Summer Training Schedule

Monday, June 13 - Friday, Aug 19

	Monday	Tuesday	Wednesday	Thursday	Friday
ORANGE	4:30 - 5:00 PM Yarrow YMCA A Schedule	5:15 - 5:45 PM Yarrow YMCA B Schedule		5:00 - 5:30 PM Yarrow YMCA B Schedule	5:00 - 5:30 PM Yarrow YMCA A Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
BLUE	4:30 - 5:00 PM Yarrow YMCA A Schedule	5:15 - 5:45 PM Yarrow YMCA B Schedule		5:00 - 5:30 PM Yarrow YMCA B Schedule	5:00 - 5:30 PM Yarrow YMCA A Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
RIO		5:45 - 6:45 PM Yarrow YMCA		5:30 - 6:30 PM Yarrow YMCA	5:30 - 6:30 PM Yarrow YMCA

	Monday	Tuesday	Wednesday	Thursday	Friday
ATHENS	5:00 - 6:15 PM Yarrow YMCA	4:00 - 5:15 PM Yarrow YMCA	5:00 - 6:15 PM Yarrow YMCA		10:00 - 11:15 AM CLU Big Pool (LCM)

	Monday	Tuesday	Wednesday	Thursday	Friday
TOKYO	7:00 - 8:30 PM CLU Community Pool	6:00 - 7:30 PM CLU Big Pool		10:00 - 11:30 AM CLU Big Pool (LCM)	10:00 - 11:30 AM CLU Big Pool (LCM)

	Monday	Tuesday	Wednesday	Thursday	Friday
BEIJING		6:00 - 7:30 PM CLU Big Pool	6:00 - 7:30 PM CLU Big Pool	10:00 - 11:30 AM CLU Big Pool (LCM)	10:00 - 11:30 AM CLU Big Pool (LCM)

	Monday	Tuesday	Wednesday	Thursday	Friday
SENIOR	7:00 - 8:45 PM CLU Community Pool S&C 5:15 - 6:15 PM Yarrow YMCA	6:00 - 7:45 PM CLU Big Pool	6:00 - 7:45 PM CLU Big Pool S&C 4:15 - 5:15 PM Yarrow YMCA	Swim 10:00 - 11:30 AM CLU Big Pool (LCM)	Swim 10:00 - 11:30 AM CLU Big Pool (LCM)