

Lakewood Aquatics
equipment group list

- **Frogs** - kick board, Speedo Trialon Rubber Swim Fins
- **Fast Fish** - kick board, Speedo Trialon Rubber Swim Fins, small Buoy
- **Bronze** - kick board, Speedo Trialon Rubber Swim Fins, Buoy, stroke maker paddles, Speedo snorkel
- **Silver** - kick board, pull buoy, Speedo Biofuse Fins or Short Blade Training Fins, stroke maker paddles, Speedo snorkel
- **Gold** - kick board, pull buoy, Speedo Biofuse Fins or Short Blade Training Fins, stroke maker paddles, Speedo snorkel
- **Junior** - kick board, buoy, Speedo Nemesis Fins, Biofuse Fins or Short Blade Training Fins, stroke maker paddles, Speedo snorkel
- **Junior 1** - kick board, buoy, Speedo Nemesis Fins, Biofuse Fins or Short Blade Training Fins, Speedo paddles, Stroke Maker paddles, Speedo snorkel
- **Junior 2** - kick board, buoy, Speedo Nemesis Fins, Biofuse Fins or Short Blade Training Fins, Speedo paddles, Stroke Maker paddles, Speedo snorkel