

Kinsmen Leisure Center

Meeting Points & Traffic Flow



Strathcona County Swim Club's

"Return to Plan"

Entering & Exiting KLC

Swimmers to walk on the **RIGHT SIDE** of stanchion in KLC lobby

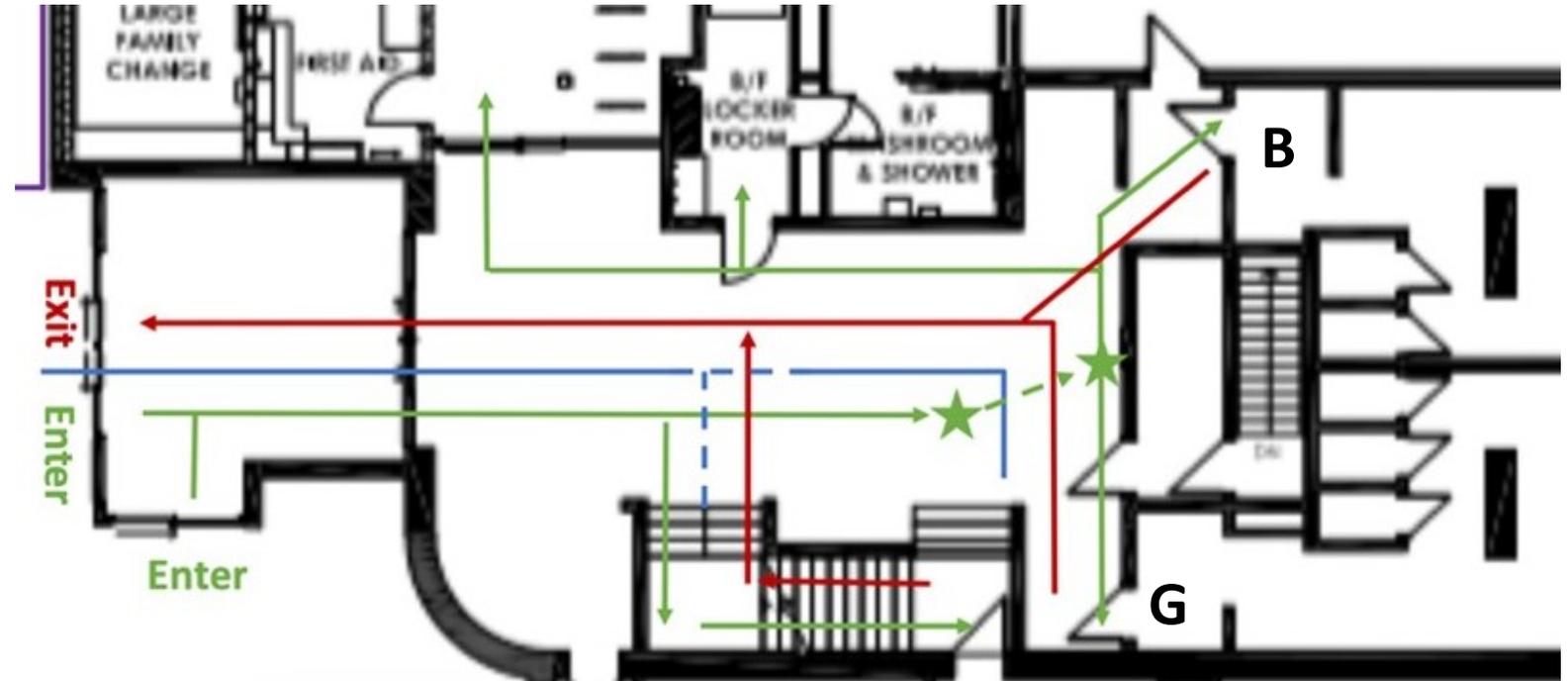
Stanchion set-up marked as **BLUE**

Entering pathway is **GREEN**

Exiting pathway is **RED**

Girls changeroom doors **G**

Boys changeroom doors **B**



Recommended Facility Arrival Times

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13&O	3:40pm	3:40pm	4:10pm	3:40pm	4:10pm	6:05am
12&U	5:10pm	5:10pm	5:30pm	5:10pm		8:10am
Mini Ray A		3:50pm		3:50pm		9:40am
Mini Ray B		4:40pm		4:40pm		9:40am

13&O

On-deck in an attempt to complete 10-15min activation prior to scheduled swim time.

12&U

On-deck waiting at meeting point while 13&O cohort is still in the pool.

Parents, please attempt to avoid changerooms.

Mini Rays

On-Deck waiting at meeting point before scheduled swim time

Parents, please attempt to avoid changerooms.

ATTEMPT TO ARRIVE AT KLC WITH SWIM SUIT WORN UNDERNEATH CLOTHING TO MINIMIZE TIME IN CHANGEROOMS BEFORE PRACTICE

Changeroom & Lockers

KLC Staff have requested that all swimmers keep unnecessary possessions (Shoes, coats, etc) in a locker within changerooms.

It is highly recommended to refrain from bringing anything of value within KLC for swim practices (ie. PHONES). This will avoid having to spend the \$0.25 to lock up your locker, having to keep track of a key every single swim practice and eliminate any possibility of theft out of the locker.

Swimmers should **NOT PIN THEIR KEY ON THEIR SWIM SUIT** if they choose to lock their locker. We are not poking holes in our suits every single swim practice.

The swimmers will be given a tag by KLC Ambassador to hang on their lockers *Black box*. The tags are to remain on locker when they leave so the KLC staff knows which lockers were in use and can disinfect accordingly.

Swimmers are required to **WEAR A MASK AT ALL TIMES** while they are in the KLC change-rooms.

There will be **20 PPL MAX** at any given time in each changeroom. Parents are asked to avoid changerooms as much as possible to avoid “changeroom congestion”. Having parents in the changeroom can result in a swimmer, who needs to be on-deck, having to wait to enter the changeroom.



13&O COHORT



Changeroom entry to pool deck

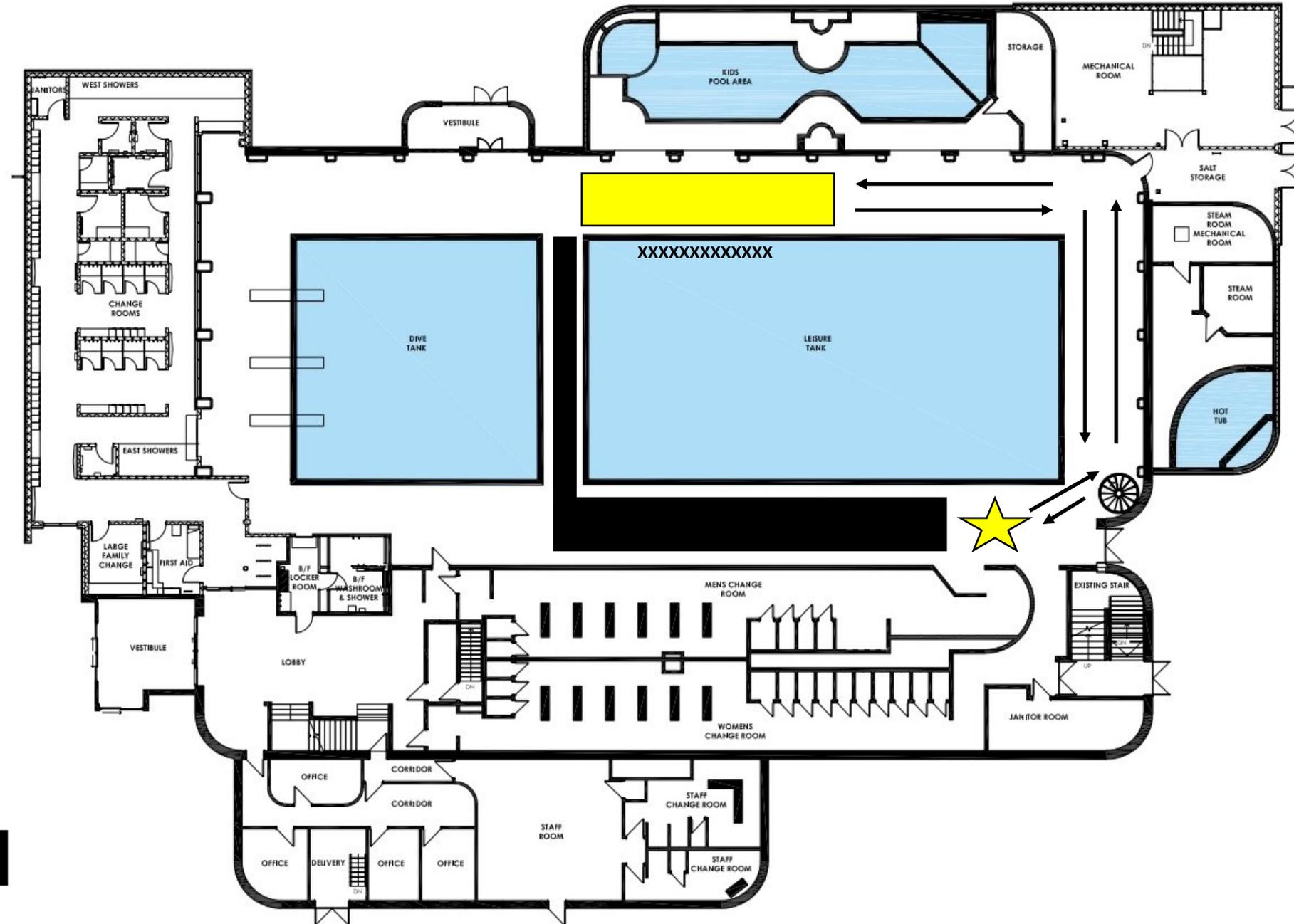


Where swimmers will place yoga mats for pre/post pool routines and keep all necessary possessions for swim practice.

XXXXXXXXXXXXXX

Where swimmers will enter/exit pool; from the side of the pool & within the range of yoga mats.

"OFF LIMITS" for all swimmers within the 13&O cohort.
Mesh bags can be kept on bulk head only.



12&U COHORT



Changeroom entry to pool deck



Where the swimmers will meet on pool deck before each practice and keep all necessary possessions for swim practice.

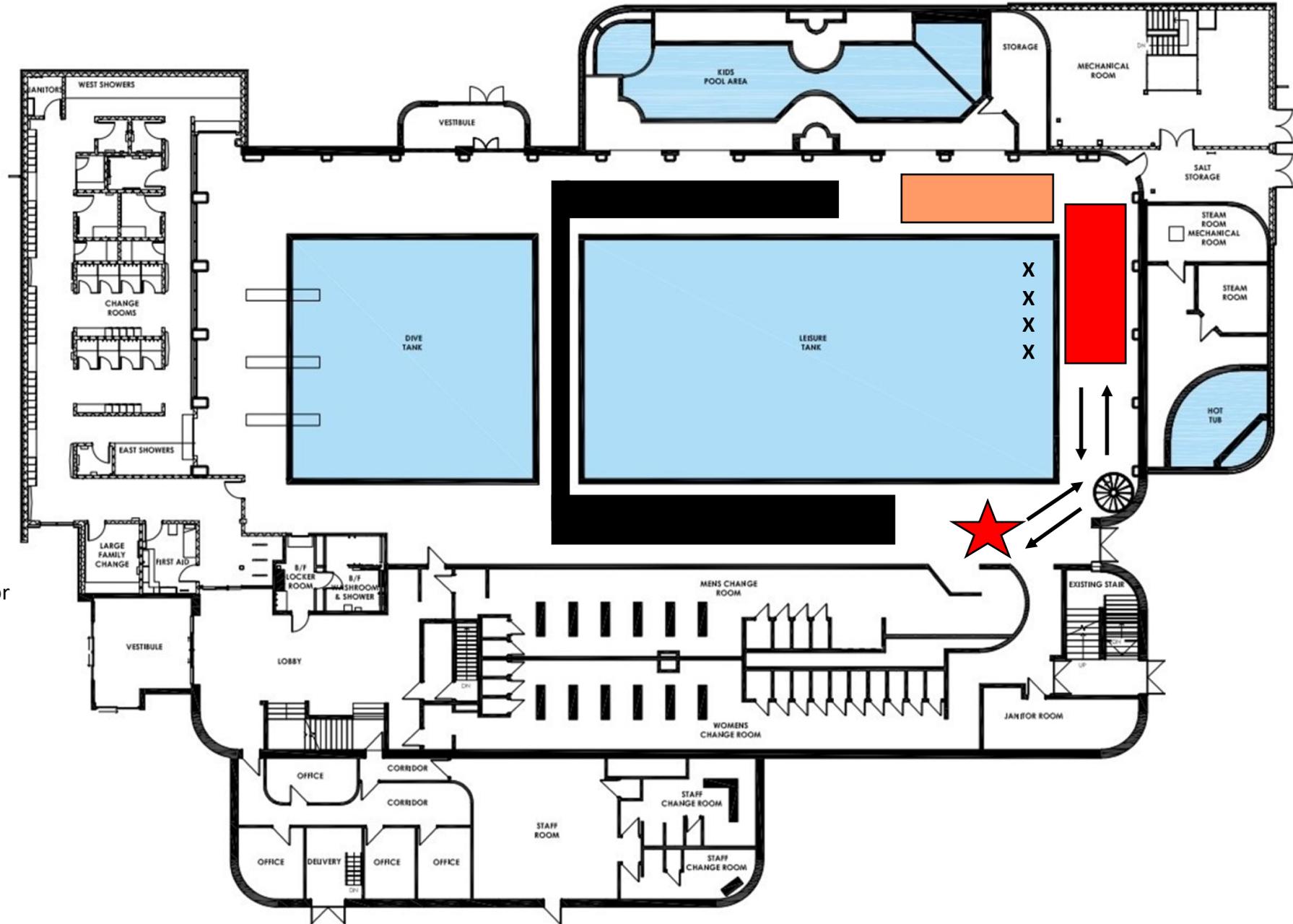


Where swimmers will enter/exit pool; at end of pool in those 3 lanes.



Where swimmers will stand for any in-pool demonstrations performed by teammates.

"OFF LIMITS" for all swimmers within the 12&U cohort.



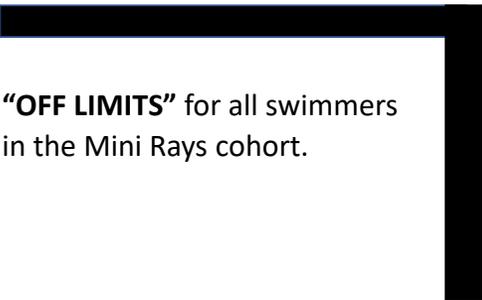
MINI RAYS COHORT



Changeroom entry to pool deck



Where swimmers will meet prior to swim practice and keep all necessary possessions during swim practice.
Swimmers to wait away from edge of pool by the wall.



“OFF LIMITS” for all swimmers in the Mini Rays cohort.

