

# KILLARNEY LONG COURSE INVITATIONAL

February 25-27, 2022

Repsol Sport Centre  
2225 Macleod Trail SE, Calgary, AB T2G 5B6

50 Meter Long Course Format

Meet Type: Level 3 – Heats & Finals  
Sanction Type: Open Invitational  
One 8 Lane, 50 Meter Competition Pool  
Electronic Timing System



**KILLARNEY SWIM CLUB**

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## Contacts

Meet Managers: Amanda Fursier/Terry Trofimuk – [meetmanager@killarneyswimming.com](mailto:meetmanager@killarneyswimming.com)

Officials Coordinators: Lori Gohill - [officials@killarneyswimming.com](mailto:officials@killarneyswimming.com)

Advisory Referee: Teresa Staufft - [tstaufft@shaw.ca](mailto:tstaufft@shaw.ca)

Killarney Swim Club: 2225 Macleod Trail SW  
Calgary, AB, T2G 5B6  
(403) 244-9995 (phone)  
(403) 244-5770 (fax)  
[www.killarneyswimming.com](http://www.killarneyswimming.com)

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## Eligibility

All swimmers currently registered with Swim Alberta or members of associations affiliated with FINA are eligible. Entries will be limited to the first 300 swimmers. The minimum number of entries required to hold the swim meet is 200 swimmers. There are no reserved spaces set aside for KSC swimmers, however they will be given priority at the discretion of the Meet Managers.

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## Key Dates

Entry Deadline: Friday, February 11, 2022, 5:00 PM  
Scratch Deadline: Wednesday, February 23, 2022, 5:00 PM  
Fees Due: Saturday, February 26, 2022

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## Schedule

| DATE                        | PRELIMINARY SESSIONS |         | FINALS SESSIONS |         |
|-----------------------------|----------------------|---------|-----------------|---------|
|                             | Warm Up              | Heats   | Warm-Up         | Finals  |
| Friday, February 25, 2022   | -                    | -       | 3:30 PM         | 4:30 PM |
| Saturday, February 26, 2022 | 7:30 AM              | 8:30 AM | 3:30 PM         | 4:30 PM |
| Sunday, February 27, 2022   | 8:00 AM              | 9:00 AM | 3:00 PM         | 4:00 PM |

Sanctioned by Swim Alberta – Sanction #TBD

## ENTRIES

### Entry Procedures – Deadline Friday, February 11, 2022, 5:00 PM

- Hytek entries via “Submit Entries” function on [www.swimming.ca](http://www.swimming.ca) site.
- All entries must contain the **swimmer’s name, SNC swimmer ID and date of birth**. If entering from outside of Canada, please email Hytek file directly to the meet manager.
- Scratches may be emailed to the Meet Manager **prior to** the scratch deadline.
- Questions regarding entries can be sent to the Meet Manager.

### COVID-19 Rules

- Meet will follow current Alberta Public Health Restrictions at the time of the meet. These can be found here <https://www.alberta.ca/covid-19-public-health-actions.aspx>
- The Repsol Sport Centre is following the City of Calgary Vaccine Passport Bylaw 65M2021 which requires proof of vaccination, recent negative COVID-19 test, or valid medical exemption letter to gain entry.

### Entry Fees

- Individual Timed Final Events: \$14.00
- Individual Preliminary/Final Events: \$16.00
- Relays: No relays
- Deck Entries: \$20.00
- Entry fees are due by the start of the first session.
- Entry fees are payable to Killarney Swim Club: 2225 Macleod Trail SE, Calgary, AB T2G 5B6 or via e-transfer to [vpfinance@killarneyswimming.com](mailto:vpfinance@killarneyswimming.com).
- Entry fees are non-refundable after the scratch deadline except with a medical note.

### Entry Rules

- A minimum of 200 and a maximum of 300 swimmers will be registered for the meet.
- No-time (NT) Entries will not be accepted.
- Swimmer age is determined as of the first day of the swim meet (February 25, 2022).
- This competition is open to all swimmers currently registered with Swimming Canada or a FINA affiliated club.
- No meet entry time standards are applicable.
- Swimmers are limited to a maximum of seven (7) individual swims, maximum three (3) per sessions 2 and 4, and maximum one (1) event in Session 1.
- Deck entries will be accepted if no new heats are created, must be submitted 30 minutes before warm-ups end, and approval is at the discretion of Meet Management.

### Age Groups

- Individual event age groups will be:
  - Female: 12 & Under, 13-14, 15 & Over
  - Male: 12 & Under, 13-14, 15 & Over

**PLEASE NOTE: MEET MANAGEMENT RESERVES THE RIGHT TO ALTER, REVISE, LIMIT ENROLMENT, OR OTHERWISE MODIFY THE PROGRAM TO ENSURE MAXIMUM NUMBER OF SWIMS IN A SESSION OF REASONABLE LENGTH, FOLLOWING RECEIPT OF ENTRIES. COACHES WILL BE NOTIFIED OF ANY CHANGES PRIOR TO THE MEET.**

## MEET INFORMATION

### Official Splits

- Must be requested prior to the start of the session and will only be considered for swimmers attempting a National level qualifying time.

### Meet Format

- The meet will be conducted under published FINA and/or WPS rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.
- Swimming Canada warm-up procedures will be in effect.
- Timed final events for all age groups will be senior seeded by gender, slowest to fastest except the 400 Free and 400 IM, which will be run fastest to slowest.
- Preliminary events for all age groups will be swum in the morning session and will be senior seeded by gender, slowest to fastest.
- The preliminary sessions will be divided to best utilize the pool space.
- Positive check-in required for 400m Free and 400m IM by **4:00 PM on Friday, February 25, 2022.**
- **Finals (Saturday & Sunday Events):**
  - Finals will be held during the evening sessions on Saturday and Sunday
  - A Final for All Age Groups
  - B Final for all Age Groups where there are **more than 23 swimmers entered at the scratch deadline** per age/gender group in the preliminary event. A summary of events with A or A&B Finals will be communicated to the coaches during Session 1.
  - Order of swim is youngest to oldest age group
  - A Final will swim first followed by B Final (where applicable)
- Swim-offs will be held at the end of the preliminary session. If a swimmer does not show up for the swim-off, they will forfeit the race. Meet Management, in consultation with the Head Referee, may change the time of the swim-off and will notify the affected coaches.
- Maximum 64 entries for the 400m Free and 400m IM events. Should the 400m events fill up, coaches will be notified and allowed to move swimmers into another event in session 1 before the entry deadline.

### Meet Rules

- The valid meet package will always be the current version posted to the Swim Canada website.

### Competition & Diving Readiness

- Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.
- Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test or equivalent for their home jurisdiction.
- During competition, swimmers should dive at the Dive Readiness Progressions skill level they have achieved.

### Safe Sport

- All interactions between an athlete and an individual who is in a position of trust should normally and wherever possible, be in an environment or space that is both "open" and "observable" to others.

### Scratches

- Preliminary scratches are due before the warm-ups for the session have started.
- For Finals, scratches are due 30 minutes following the conclusion of the preliminary session.
- The Swim Alberta scratch rule will be in effect for this competition.

## Relays

- There will not be any relays at this event.

## Heat Sheets

- Coaches will receive heat sheets.
- No heat sheets will be for sale. Heat sheets will be posted on the Killarney Swim Club website prior to the meet and can also be viewed on the “Meet Mobile” app.

## Awards

- Individual Points: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
- Medals will be awarded to the top three placing males and females of each age group of the timed final events as well as the A Final races.
- Plaques will be awarded to highest ranking male and female for each stroke (combined individual points for 50m, 100m, and 200 m events). Ties will be broken with preference for older age category. If swimmers are in the same age category, tie will go to the younger swimmer.
- Prize table will be setup in Sessions 1, 2, and 4 and all swimmers registered in the meet will be entered.

## Results

- Results will be posted to [www.swimming.ca](http://www.swimming.ca) within 24 hours of completion of the meet. If this should not be possible, all coaches will be informed via email.

## Coaches Meeting

- There will NOT be a coaches meeting.

## Taping

- Athletes requiring taping are required to provide a note indicating such from a medical doctor.
- Final approval for taping must be provided by the Session Referee before the start of each session.

## Event Safety Plan

**COVID-19 Competition Safety Coordinator:**

Amanda Fursier/Terry Trofimuk [meetmanager@killarneyswim.com](mailto:meetmanager@killarneyswim.com)

**Type of Competition:**

Level 3: Heats & Finals – Open Invitational  
Multi-Club Competition

**Multi-Club Competitions**

*KSC requires proof of full vaccination, negative test result, or medical exemption for all individuals AND has full control over entry to the facility. The negative test result must have been taken no more than 72 hours before entry to every session.*

**Facility Access Requirements:**

Repsol Sport Centre has adopted the Restriction Exemption Program (REP) for COVID-19. This swim meet will adhere to the REP requirements and all athletes, volunteers, spectators, and officials will need to show proof of vaccination, negative test, or exemption **as well as identification** to enter the facility. Access to the facility will utilize the north doors and will be manned throughout the duration of the swim meet.

*Please be patient as priority access will be given to swimmers, coaches, and officiating staff for entry 'check-in' process. Access to the facility will start no earlier than 40 minutes before each session warm-up time.*

**Age of Participants:**

Swim meet is open to all ages.

**Maximum Competition Numbers:**

Maximum Facility Occupancy\* = 667  
Total Participants = 386  
Swimmers = 300 (approx.)  
Coaches = 20  
Officials & Volunteers = 59  
Facility Staff = 7 (12 lifeguards, 1 meet staff)

\*The maximum competition numbers may not exceed the numbers permitted in the Return to Swimming and Competition Requirements.

**Warmup/Cooldown Requirements / Schedule / Lane Assignments:**

Warmup will start at scheduled times. Lanes will be designated based on the number of entries.

**Warmup All Sessions**

Main Competition Pool (50 m) - 8 Lanes  
West Pool (25 m) – 8 Lanes

**Cooldown All Sessions**

West Pool (25 m) – 4 lanes

**Entrance / Exit:**

Entrance to the pool area is past the reception desk on the main level. Entry is for swimmers, coaches, and KSC officials and volunteers only. Swimmers will exit the pool area in the same location. No facility specific procedures are required for entry / exit however an access pass may be provided for entry.

**Changerooms / Showers / Washrooms:**

The changerooms and showers will not be available for use by the swimmers, officials, and volunteers. Swimmers are expected to arrive with their swimsuits on, ready to race. Washrooms are available for use.

**Traffic Flow:**

The traffic flow for all but the 50m events will be as follows:

1. Swimmers will exit the bleachers and make their way (masked) to the area behind the curtains no more than two heats prior to their event.
2. After passing through the curtained area, swimmers will place their mask on a chair in front of their starting block.
3. After completing their race, the swimmers will retrieve their mask and make their way back to the bleachers.

**LONG COURSE SWIM MEET – REPSOL (100m, 200m, and 400m EVENTS)**



**Officials On Deck (45)**

- 16 x North End Timers (+2 relief)
- 4 x North End Turn Judges
- 4 x South End Turn Judges
- 4 x Stroke Judges
- 2 x Chief Timers
- 2 x Starters
- 2 x Referees
- 1 x Advisory Referee
- 1 x Runner
- 3 x Meet Manager / COVID Safety Coordinators
- 2 x Officials Coordinators

**Officials Off Deck (8)**

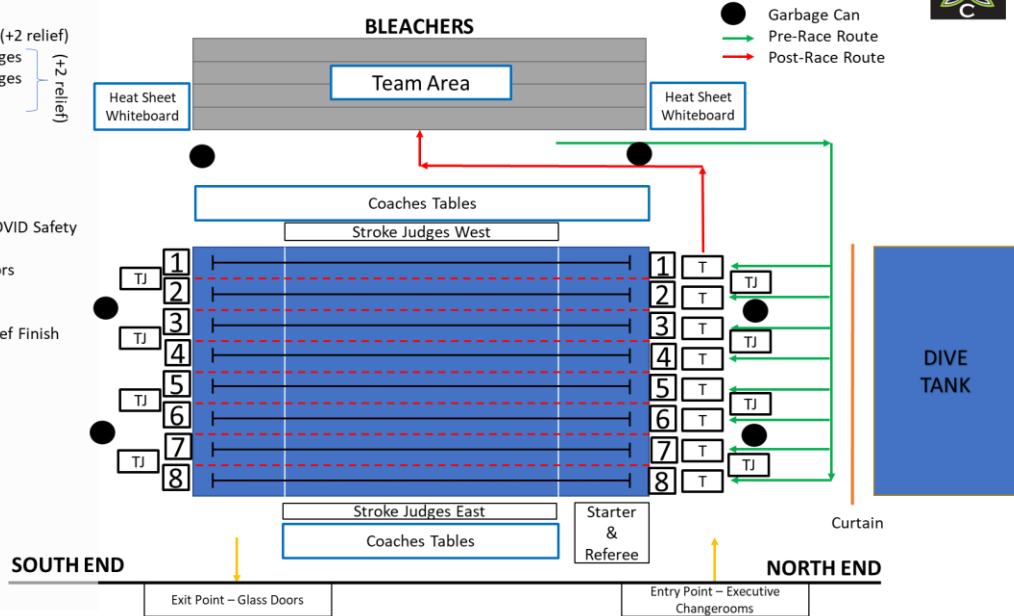
- 3 x Electronics (incl Chief Finish Judge)
- 2 x Clerk of Course
- 1 x Recorder Scorer
- 2 x Shadows

**Other (6)**

- 6 x S&T Shadows

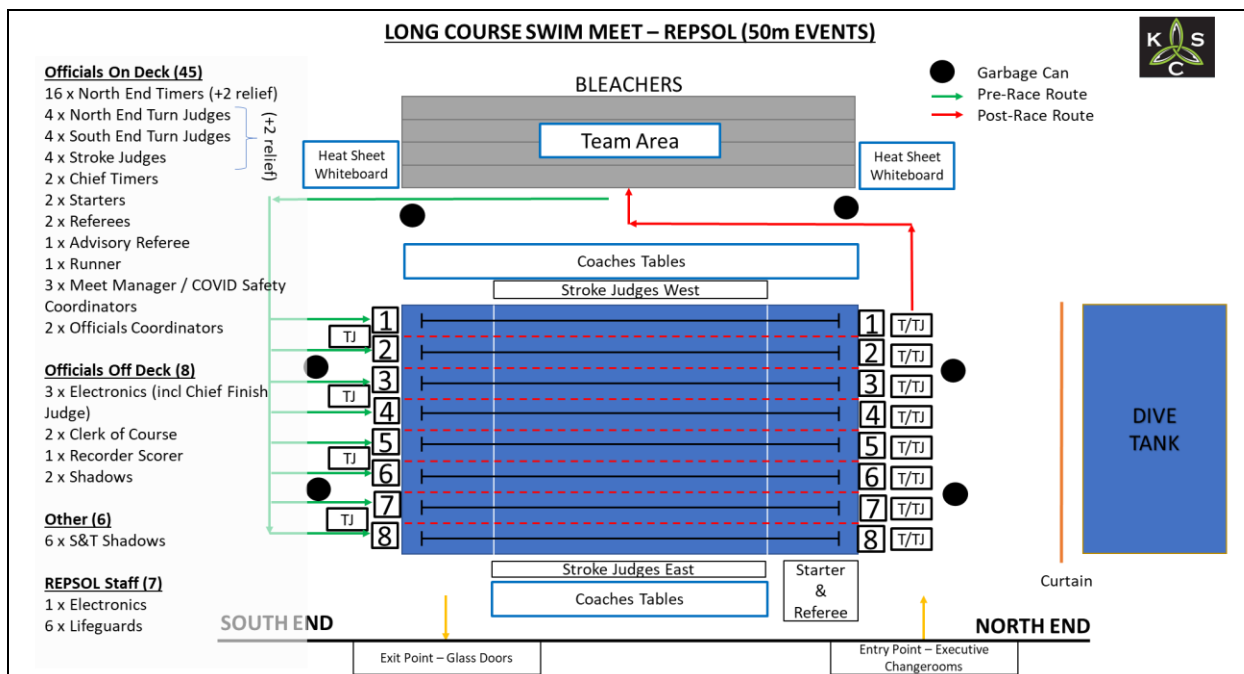
**REPSOL Staff (7)**

- 1 x Electronics
- 6 x Lifeguards



The traffic flow for the 50m events will be as follows:

1. Swimmers will exit the bleachers and make their way (unmasked) to the south end of the pool no more than two heats prior to their event.
2. After completing their race, the swimmers will make their way back to the bleachers and don their mask as quickly as possible.



**Response for Sick Individuals:**

Should an individual (swimmer, coach, official, or volunteer) become sick during the event, that individual will leave the deck area immediately. The individual will have to pass the Daily Health Screen before re-entering the facility.

**Disinfection Procedures:**

The Repsol Sport Centre staff will wipe down high touch surfaces before meet sessions - including the starting blocks, kickplates, backstroke grips, backstroke ledges, and the entry/exit of the pool (e.g., top of the touchpads).

**Masks:**

Each official, volunteer, coaches and swimmers will be required to wear a mask. The starter will be allowed to remove their mask while using the microphone but will mask up upon starting the heat. Swimmers will be required to wear their masks and will only be allowed to remove their mask at the starting blocks (except for 50 m events). Upon completion of their swim the swimmer will re-mask after exiting from their assigned lane and returning to their waiting areas. Masks will be required upon entering the facility and following the racing until the swimmer exits the facility.

**Timing:**

Electronic timing will be per the facility. Touchpads and Manual plungers. Timers will maintain appropriate physical distance from swimmers entering and exiting the pool.

**Shared Equipment:**

All Officials, coaches and Referee are requested to bring their own writing instruments. Should you need a clipboard and or pens they will be handed out by meet management personally to the individual requesting the equipment. All equipment will be disinfected prior to the meet and will only be handled by the meet manager. Any equipment will be returned to a designated container for disinfection.

Meet programs will be emailed to participants, officials, and coaches prior to the meet. We are requesting each individual print off the meet program and bring it to the meet. There will only be a limited number of meet programs available at the meet and will only be handed out by meet management to requesting individuals.

If there is a disqualification, the official will approach the referee with the infraction and the referee will write up the disqualification slip if the referee accepts the infraction.

**Location of Officials:**

Officials will be located to maintain an appropriate physical distance from swimmers at all times where possible. Timers will stand in a central location to their lanes.

**Location of Coaches:**

Coaches will be seated near their training groups.

**Spectators:**

Spectators are not permitted on the pool deck. Spectators are allowed in the viewing gallery and will have to meet the requirements of the Restriction Exemption Program to enter the facility.

**Additional Requirements:**

Each official, coach and swimmer will be required to fill out COVID questionnaire and provide a contact number for contact tracing purposes.

**Attendance Records:**

Attendance records of all swimmers, officials, and volunteers on-deck will be kept by the swim club. A spectator sign-in sheet will be kept on a table adjacent to the viewing area. The table will have hand sanitizer, pens, and a sign-in sheet to track names and phone numbers of spectators.



## SESSIONS

| <b>FRIDAY, FEBRUARY 25, 2022</b>   |                |              |              |
|------------------------------------|----------------|--------------|--------------|
| <b>SESSION 1<br/>TIMED FINALS</b>  | <b>FEMALES</b> | <b>EVENT</b> | <b>MALES</b> |
|                                    | 101            | 200 Back     | 102          |
|                                    | 103            | 200 Breast   | 104          |
|                                    | 105            | 200 Fly      | 106          |
|                                    | 107            | 400 Free     | 108          |
|                                    | 109            | 400 IM       | 110          |
| <b>SATURDAY, FEBRUARY 26, 2022</b> |                |              |              |
| <b>SESSION 2<br/>PRELIMINARIES</b> | <b>FEMALES</b> | <b>EVENT</b> | <b>MALES</b> |
|                                    | 201            | 200 IM       | 202          |
|                                    | 203            | 50 Fly       | 204          |
|                                    | 205            | 100 Back     | 206          |
|                                    | 207            | 50 Breast    | 208          |
|                                    | 209            | 100 Free     | 210          |
| <b>SESSION 3<br/>FINALS</b>        | <b>FEMALES</b> | <b>EVENT</b> | <b>MALES</b> |
|                                    | 201            | 200 IM       | 202          |
|                                    | 203            | 50 Fly       | 204          |
|                                    | 205            | 100 Back     | 206          |
|                                    | 207            | 50 Breast    | 208          |
|                                    | 209            | 100 Free     | 210          |
| <b>SUNDAY, FEBRUARY 27, 2022</b>   |                |              |              |
| <b>SESSION 4<br/>PRELIMINARIES</b> | <b>FEMALES</b> | <b>EVENT</b> | <b>MALES</b> |
|                                    | 301            | 200 Free     | 302          |
|                                    | 303            | 100 Fly      | 304          |
|                                    | 305            | 50 Back      | 306          |
|                                    | 307            | 100 Breast   | 308          |
|                                    | 309            | 50 Free      | 310          |
| <b>SESSION 5<br/>FINALS</b>        | <b>FEMALES</b> | <b>EVENT</b> | <b>MALES</b> |
|                                    | 301            | 200 Free     | 302          |
|                                    | 303            | 100 Fly      | 304          |
|                                    | 305            | 50 Back      | 306          |
|                                    | 307            | 100 Breast   | 308          |
|                                    | 309            | 50 Free      | 310          |

**PLEASE NOTE: MEET MANAGEMENT RESERVES THE RIGHT TO ALTER, REVISE, LIMIT ENROLLMENT, OR OTHERWISE MODIFY THE PROGRAM TO ENSURE MAXIMUM NUMBER OF SWIMS IN A SESSION OF REASONABLE LENGTH, FOLLOWING RECEIPT OF ENTRIES. COACHES WILL BE NOTIFIED OF ANY CHANGES PRIOR TO THE MEET.**