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| National 1  |  |
|  |  October 2018  |
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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | 5:30-7:30am UT 4:00-5:00pm GR5:30-7:00pm UT  | 4:30-7:00pm UT  | 5:30-7:30am UT 4:00-5:00pm GR  | 4:00-6:00pm UT  | 5:30-7:30am Ben 4:30-7:00pm UT | 7:30-9:00am UT 9:30-10:30am GR  |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|  | **Thanksgiving** **OFF**  | 4:30-7:00pm UT | 5:30-7:30am UT 4:00-5:00pm GR | 4:00-6:00pm UT | 5:30-7:30am Ben 4:30-7:00pm UT | 7:30-9:00am UT **Sports Science Talk** 9:30-10:30am **Blue & White** 3:00-5:00pm  |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|  | 5:30-7:30am UT 4:00-5:00pm GR5:30-7:00pm UT  | 4:30-7:00pm UT | 5:30-7:30am UT 4:00-5:00pm GR | 4:00-6:00pm UT | **Downtown Fall Sprint Meet**  | **Downtown Fall Sprint Meet** |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
|  | 5:30-7:30am UT 4:00-5:00pm GR5:30-7:00pm UT  | 4:30-7:00pm UT | 5:30-7:30am UT **Awards Gala**  | 4:00-6:00pm UT | 5:30-7:30am Ben 4:30-7:00pm UT | 8:00-10:00am UT 10:30-11:30am GR  |
| 28 | 29 | 30 | 31  |  |  |  |
|  | 5:30-7:30am UT 4:00-5:00pm GR5:30-7:00pm UT  | 4:30-7:00pm UT | 5:30-7:30am UT 4:00-5:00pm GR |  |  |  |