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| Senior 1 |  |
|  | October 2018 |
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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | 4:30-6:00pm Har | 5:30-7:30am UT | 5:30-7:30pm Hav | 5:30-7:30am Ben  \*DL 7:00-7:30am | 5:30-7:30am UT  5:00-7:00pm Riv | 6:00-7:30am UT  8:15-9:15am Knox |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|  | **Thanksgiving**  **Off** | 5:30-7:30am UT | 5:30-7:30pm Hav | 5:30-7:30am Ben  \*DL 7:00-7:30am | 5:30-7:30am UT  5:00-7:00pm Riv | 6:00-7:30am UT  **Sports Science Talk TBA**  **Blue & White**  3:00-5:00pm |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|  | 4:30-6:00pm Har | 5:30-7:30am UT | 5:30-7:30pm Hav | 5:30-7:30am Ben  \*DL 7:00-7:30am | **5:30-7:30am UT (12&Under)**  **Downtown Fall Sprint Meet (13&Over)** | **Downtown Fall Sprint Meet** |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
|  | 4:30-6:00pm Har | 5:30-7:30am UT | **Awards Gala** | 5:30-7:30am Ben  \*DL 7:00-7:30am | 5:30-7:30am UT | 6:00-8:00am UT  8:15-9:15am Knox |
| 28 | 29 | 30 | 31 |  |  |  |
|  | 4:30-6:00pm Har | 5:30-7:30am UT | 5:30-7:30pm Hav |  |  |  |