***Winter Holiday Training Camp 2019***

***\*\*\*This schedule is subject to change. Dryland TBA\*\*\****

***National 1***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Wed, Jan 2*** | ***Thurs, Jan 3*** | ***Fri, Jan 4*** | ***Sat, Jan 5*** |
| 8:30-10:30am UT  4:00-6:00pm UT | 8:30-10:30am UT  4:00-6:00pm UT | 8:30-10:30am UT  4:00-5:30pm UT | 10:00am-12:00pm UT |

***National 2***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Wed, Jan 2*** | ***Thurs, Jan 3*** | ***Fri, Jan 4*** | ***Sat, Jan 5*** |
| 8:30-10:30am UT  6:00-8:00pm UT | 6:00-7:30pm UT | 7:00-8:30am UT  5:30-7:00pm UT | 5:30-7:15am Benson |

***Junior National***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Wed, Jan 2*** | ***Thurs, Jan 3*** | ***Fri, Jan 4*** | ***Sat, Jan 5*** |
| 8:30-10:30am UT  4:00-6:00pm UT | 8:30-10:30am UT | 8:30-10:30am UT  4:00-5:30pm UT | 10:00am-12:00pm UT |

***Senior 1***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Wed, Jan 2*** | ***Thurs, Jan 3*** | ***Fri, Jan 4*** | ***Sat, Jan 5*** |
| 7:00-8:30am UT | 7:00-8:30am UT | 5:30-7:00am UT  2:30-4:00pm UT | 5:30-6:45am UT |

***Senior 2***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Wed, Jan 2*** | ***Thurs, Jan 3*** | ***Fri, Jan 4*** | ***Sat, Jan 5*** |
| 7:00-8:30am UT | 10:30am-12:00pm UT | 5:30-7:00am UT | 6:45-8:00am UT |

***Junior Provincial***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Wed, Jan 2*** | ***Thurs, Jan 3*** | ***Fri, Jan 4*** | ***Sat, Jan 5*** |
| 8:30-10:30am UT  6:00-8:00pm UT | 6:00-7:30pm UT | 7:00-8:30am UT | 7:15-9:00am Benson |

***Junior 1***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Wed, Jan 2*** | ***Thurs, Jan 3*** | ***Fri, Jan 4*** | ***Sat, Jan 5*** |
| 10:30am-12:00pm UT | 10:30am-12:00pm UT | 9:00-10:30am Benson  5:30-7:00pm UT | 5:30-6:45am UT |

***Junior 2***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Wed, Jan 2*** | ***Thurs, Jan 3*** | ***Fri, Jan 4*** | ***Sat, Jan 5*** |
| 10:30am-12:00pm UT | 10:30am-12:00pm UT | 10:30am-12:00pm UT | 6:45-8:00am UT |

***Youth Festival***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Wed, Jan 2*** | ***Thurs, Jan 3*** | ***Fri, Jan 4*** | ***Sat, Jan 5*** |
| 7:00-8:30am UT | 7:00-8:30am UT  4:00-6:00pm UT | 10:30am-12:00pm UT | 9:00-10:30am Benson |

***Senior 3, Junior 3 \*\*\*Optional***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Wed, Jan 2*** | ***Thurs, Jan 3*** | ***Fri, Jan 4*** | ***Sat, Jan 5*** |
| 10:30am-12:00pm | 7:30-9:00pm UT | AM/PM OFF | 10:30am-12:00pm Benson |

***Youth 1, Youth 2, Youth 3, TSC Academy OFF.***

***Regular workouts will resume on Monday, January 7. Happy Holidays!!***