

# POOL SCHEDULE

September, 2022 - June, 2023

CHEAM POOL SCHEDULE					
<i>subject to change</i>					
GROUP	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BEGINNER</b>					4:00 – 4:45PM 4:45 – 5:30 PM
<b>STARTER</b>	4:00 – 4:45 PM 4:45 – 5:30 PM		4:00 – 4:45 PM 4:45 – 5:30 PM		
<b>STARTER</b>		4:00 – 4:45 PM 4:45 – 5:30 PM		4:00 – 4:45 PM 4:45 – 5:30 PM	
<b>Pre-Yellow Cheam/Landing</b>	5:30 – 6:30 PM Cheam		5:30 – 6:30 PM Cheam		4:00 – 5:00 PM Landing Pool
<b>Stroke &amp; Development</b>		5:30 – 6:30 PM		5:30 – 6:30 PM	5:30 – 6:30 PM

LANDING POOL SCHEDULE						
<i>subject to change</i>						
GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Pre-Yellow</b>	4:00 – 5:00 PM Landing Pool		4:00 – 5:00 PM Landing Pool		4:00 – 5:00 PM Landing Pool	
<b>Yellow</b>	4:00 – 5:00 PM	4:00 – 5:00 PM	4:00 – 5:00 PM	4:00 – 5:00 PM	4:00 – 5:00 PM	
<b>Bronze</b>	4:00 – 6:30 PM (Dryland 5:30 – 6:30 pm)	4:00 – 5:30 PM	4:00 – 6:30 PM (Dryland 5:30 – 6:30pm)	4:00 – 5:30 PM	4:00 – 6:30 PM (Dryland 5:30 – 6:30 pm)	7:00 – 9:00 AM
<b>Silver</b>	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	5:30– 7:00 AM	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	5:30– 7:00 AM	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	7:00 – 9:00 AM
<b>Gold</b>	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	5:30– 7:00 AM & 4:30 – 6:30 PM	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	5:30– 7:00 AM & 4:30 – 6:30 PM	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	7:00 – 9:00 AM

Revised: June 17, 2022