

POOL SCHEDULE

September, 2023 - June, 2024

CHEAM POOL SCHEDULE					
<i>subject to change</i>					
GROUP	Monday	Tuesday	Wednesday	Thursday	Friday
BEGINNER					4:00 – 4:45PM 4:45 – 5:30 PM
STARTER	4:00 – 4:45 PM 4:45 – 5:30 PM		4:00 – 4:45 PM 4:45 – 5:30 PM		
STARTER		4:00 – 4:45 PM 4:45 – 5:30 PM		4:00 – 4:45 PM 4:45 – 5:30 PM	
Pre-Yellow Cheam/Landing	5:30 – 6:30 PM Cheam Pool		5:30 – 6:30 PM Cheam Pool		4:00 – 5:00 PM Landing Pool
Stroke & Development		5:30 – 6:30 PM		5:30 – 6:30 PM	5:30 – 6:30 PM

LANDING POOL SCHEDULE						
<i>subject to change</i>						
GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pre-Yellow	4:00 – 5:00 PM Landing Pool		4:00 – 5:00 PM Landing Pool		4:00 – 5:00 PM Landing Pool	
Yellow	4:00 – 5:00 PM	4:00 – 5:00 PM	4:00 – 5:00 PM	4:00 – 5:00 PM	4:00 – 5:00 PM	
Bronze	4:00 – 6:30 PM (Dryland 5:30 – 6:30 pm)	4:00 – 5:30 PM	4:00 – 6:30 PM (Dryland 5:30 – 6:30pm)	4:00 – 5:30 PM	4:00 – 6:30 PM (Dryland 5:30 – 6:30 pm)	7:00 – 9:00 AM
Silver	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	5:30– 7:00 AM	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	5:30– 7:00 AM	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	7:00 – 9:00 AM
Gold	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	5:30– 7:00 AM & 4:30 – 6:30 PM	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	5:30– 7:00 AM & 4:30 – 6:30 PM	4:00 – 6:30 PM (Dryland 4:00 – 5:00 pm)	7:00 – 9:00 AM

Revised: July 2, 2023