

# Newport Harbor High School Pool & Newport Beach Swimming Safety Action Plan and Information

## Emergency Contacts

If there is an emergency **call 911** immediately!

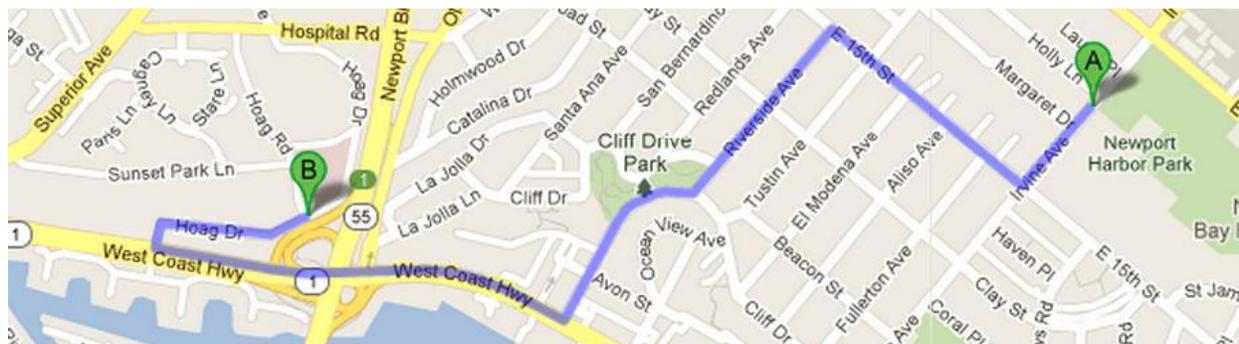
Otherwise, call these people in this order:

- Robert Lynn, Head Coach **562-644-3883** (cell)
- Mike Zimmerman, Athletic Director NHHS 949-515-6310 (office) **909-292-6320** (cell)
- Jeff Amend, Maintenance & Operations Manager 714-424-7538 (office) **714-936-0244** (cell)
- Kent Ramseyer, Energy Manager District 714-424-7546 (office) **714-381-4377** (cell)
- Recreation Department Newport Beach 949-644-3151
- Sean Levin, Recreation Superintendent 949-644-3159

**Newport Beach Police Department**

**949-644-3717**

**Hoag Hospital, 1 Hoag Drive, Newport Beach, CA 92663 949-764-4624**



## Weather Emergency (Lightning, Thunder, Wind etc...)

1. The aquatics staff and coaches should clear the pool, and pool deck immediately, to the locker rooms and the coaches/lifeguards office, for at least 30 minutes.
2. If lightning is severe, or there is a potential tornado, direct all users of the facility out the main exit (North/West Corner of the pool), and under protected shelter in the NHHS buildings.
3. An aquatics staff person or coach should stay with the group of swimmers and/or lap swimmers in the protected school safety area until the weather situation calms or clears.
4. Coaches, lifeguards and all aquatics staff will work together in completing any reports requested by the City of Newport Beach Recreation Department.

## Fire or Chemical Emergency

1. Call 911 and clear the pool, pool deck, locker rooms and coaches/lifeguards office immediately, directing everyone out the main exit into the parking lot, and all the way across the parking lot to its entrance on the sidewalk of 15<sup>th</sup> Street.
2. Supervise the swimmers on the sidewalk of 15<sup>th</sup> Street, helping everyone to stay calm.
3. If there was a false alarm, send everyone back to the facility.
4. If there was NOT a false alarm, **contact the swimmer's parents or transportation to pick them up along 15<sup>th</sup> Street, staying clear of the entrance to the parking lot for the Fire and/or Emergency Vehicles.**
5. Coaches, lifeguards and all aquatics staff will work together in completing any reports requested by the City of Newport Beach Recreation Department and/or The Newport Beach Fire Department or Emergency Response Personnel.



## Facility Emergency (NOT a fire or chemical situation)

1. Call 911 and clear the pool, pool deck, locker rooms and coaches/lifeguards office immediately, directing everyone out the main exit into the parking lot, and all the way across the parking lot to its entrance on the sidewalk of 15<sup>th</sup> Street.
2. Supervise the swimmers on the sidewalk of 15<sup>th</sup> Street, helping everyone to stay calm.
3. **Contact the swimmer's parents or transportation to pick them up along 15<sup>th</sup> Street, staying clear of the entrance to the parking lot for police or emergency vehicles.**
4. Coaches, lifeguards and all aquatics staff will work together in completing any reports requested by the City of Newport Beach Recreation Department and/or The Newport Beach Police Department or Emergency Response Personnel.

## Incident Emergency

1. Assess the situation, and if it is safe (NOT a threatening emergency), notify the emergency contacts on page 1 for help dealing with the incident, without interrupting the swimmers.
2. If the situation is **NOT SAFE**, **call 911**, and clear the facility as appropriate, directing swimmers and aquatics staff to a **safe location away from the incident** emergency. (Example: If the incident is near the facility's main exit, near the parking lot, direct everyone out the opposite exit, on to the ball fields and across the fields to the far parking lot).
3. Supervise the swimmers and users of the facility in the safe location, and help everyone stay calm. If the incident lasts more than 30 minutes, call the swimmers' parents and help arrange for their transportation home.
4. Coaches, lifeguards and all aquatics staff will work together in completing any reports requested by the City of Newport Beach Recreation Department and/or The Newport Beach Police Department or Emergency Response Personnel.

## Drowning Emergency

1. If the victim is conscious and active, the aquatics staff, lifeguards or coaches rescue the swimmer, and the facility continues normal operations.
2. If the victim is **unconscious (passive)**, **call 911**, and the aquatics staff, lifeguards or coaches **rescue the swimmer**, while the pool is cleared, directing everyone away from the emergency area, and supervising them to stay calm.
3. Coaches with the appropriate medical training should provide the aquatics staff assistance if needed or requested. (Example: CPR or rescue breathing).
4. Available aquatics staff or bystanders will **meet the ambulance and direct them to the emergency victim**, and provide any additional assistance as directed.
5. Coaches, lifeguards and all aquatics staff will work together in completing any reports requested by the City of Newport Beach Recreation Department and/or Emergency Response Personnel or Hoag Hospital.

## Other Medical Emergency (Example: Spinal Injury)

1. **Call 911**, and clear the pool and assess the situation, getting additional assistance to bring the backboard to the rescuer of the victim.
2. Rescuer provides in-line stabilization, and secures the victim on the backboard, and removes them from the water. Check the victim's ABC's and monitor them until EMS arrives.

3. Available aquatics staff or bystanders will **meet the ambulance and direct them to the emergency victim**, and provide any additional assistance as directed.
4. Coaches, lifeguards and all aquatics staff will work together in completing any reports requested by the City of Newport Beach Recreation Department and/or Emergency Response Personnel or Hoag Hospital.

## **When Calling 911**

1. Dial 911 on the phone that is most quickly and easiest to use.
2. Give the location, **“600 Irvine Avenue, Newport Beach, the pool at Newport Harbor High School, entering the parking lot on 15<sup>th</sup> Street (cross street is Irvine Ave.)”**
3. Tell EMS of the emergency with a brief description.
4. Stay on the phone with the EMS personnel until the emergency personnel arrive on the scene, or the EMS on the phone says it is ok to hang up.