



Name	Ontario Festival Champs (Winter) (FEST)	Ontario Youth-Junior Champs (Spring) (OYJ) (Formerly AA Champs)	Ontario Swimming Champs (Spring) (OSC) (Formerly Prov Champs)	Ontario Masters Swimming Champs (OMSC)	Ontario Festival Champs (Summer) (FEST)	Ontario Youth-Junior Champs (Summer) (OYJ) (Formerly AA Champs)	Ontario Swimming Champs (Summer) (OSC) (Formerly Prov Champs)
Dates	Feb. 16-17, 2019	Mar. 7-10, 2019 First weekend of March Break	Feb. 28-Mar. 3, 2019	April 26-28, 2019	June 14-16, 2019	June 27-30, 2019 Same weekend as OSC	June 27- 30, 2019
Location	Etobicoke	Markham	Etobicoke	Etobicoke	Markham	Brantford	TPASC
Days	2 days	4	4	3	3	4	4
Course	SC	LC	LC	SC	LC	LC	LC
Format	Timed Finals	Heats / Finals	Heats / Finals	Timed Finals	Timed Finals	Heats / Finals	Heats / Finals
Age Groups	10&U, 11, 12, 13	13&U, 14, 15, 16&O	14&U, 15, 16, 17&O, PARA	Masters	10&U, 11, 12, 13	13&U, 14, 15, 16&O	14&U, 15, 16, 17&O, PARA
Relay Age Groups	11&U 12-13	max 2 per club 14&U 15&O 800 F.R. - OPEN	max 2 per club 15&U 16&O 800 F.R. - OPEN	Masters	11&U 12-13	max 2 per club 14&U 15&O 800 F.R. - OPEN	max 2 per club 15&U 16&O 800 F.R. - OPEN
Qualifying	1 <b>FEST</b> QT	1 <b>OYJ</b> QT	1 <b>OSC</b> QT	No qualifying	1 <b>FEST</b> QT	1 <b>OYJ</b> QT	1 <b>OSC</b> QT
Meet De-Qualifying		4 or more <b>OSC</b> QTs				4 or more <b>OSC</b> QTs	
Qualifying Standards	Festivals Standards (same as last season)	Youth-Juniors Standards (same as AA from last season) Separate standards for 17&Over	Swimming Canada CJC/CSC Standards +1.5%		Festivals Standards (same as last season)	Youth-Juniors Standards (same as AA from last season) Separate standards for 17&Over	Swimming Canada CJC/CSC Standards +1.5%
Targeted numbers	800 - 900	600 – 750	550 - 675	300	800 - 900	600 – 750	550 - 675
Max events	6	8	8	6	7	8	8
Bonus Events	1 QT = 3 Bonus 2 QTs = 2 Bonus 3 QTs = 1 Bonus 4 or more QTs = No Bonus	1 QT = 2 Bonus 2 or more QTs = 1 Bonus without exceeding maximum <b>No Bonus 400 Free/IM, 800 and 1500Free</b>	1 QT = 2 Bonus* 2 or more QTs = 1 Bonus without exceeding max* *All bonus swims must make the B QT <b>No Bonus 400 Free/IM, 800 and 1500Free</b>		1 QT = 3 Bonus 2 QTs = 2 Bonus 3 QTs = 1 Bonus 4 or more QTs = No Bonus	1 QT = 2 Bonus 2 or more QTs = 1 Bonus without exceeding maximum <b>No Bonus 400 Free/IM, 800 and 1500Free</b>	1 QT = 2 Bonus* 2 or more QTs = 1 Bonus without exceeding max* *All bonus swims must make the B QT <b>No Bonus 400 Free/IM, 800 and 1500Free</b>
<b>Recovery and Regeneration Period – March 4 to 27, 2019 with the exception of OYJs March 7-10, 2019</b>							

Updated August 22, 2018