Best Ever Test Sets December, 2020

As of Dec. 21, 2020	T 30	Fly 25's	100 IM	400 Flutter Kick	5 x 50/ 5 free	5 x 50 /5 stroke	The Practice	4 x 200 IM/4:00	15 x100 free/1:30	Pullups 30 sec. B=band	10 x 100 fly/br/2:00	Pace 50's 1:30/50 etc.	Slowest 25
Best Ever:	106 S.J. 99 K Sarg	13.7 J.D.	50.9 Josh B	6:14 Erin	25.0 Josh B	Stev G 26.2	B: Sandy**J.**	ELoc 2:27.5	1:04.1 MarkJ		Br 1:20.1 Shawna K 1:07.7 JD	38.1 br Rach. 30.3 fr Jessie	Lauren M 16.1
Jack	95	15.6	**1:03.4**	6:55	29.9	32.8 fl 33.bk	E	2:45	**11.1**	13B	1:18/bk	32.8	17.3
Jo	92	15.3	**59.9**	**6:57**		36.9br **30.5 fl**	H	2:41	1:13.2	9	1:26/fly	32.7 **35.1 fly**	18.0
Mary	86		1:02.2	6:54	**30.7**		H	2:50	1:25/45 17.8	11B	1:32/bk	35.2	
Noah	74		59.6	10:10		35.4br		3:05	1:16/45		1:30br		
Fares	85	15.2	57.3		**27.7**	30.1 fl	H	2:47	1:18		1:20.8 bk	33.7	19.7
Holly	85	17.9	1:03.9	7:53	31.7	37.0 41.1 br	G	2:56.3	1:22	12B		35.6	
Emma	85	16.6	**1:03.7**	8:40	32.1		I	2:57	1:18.5	12B		34.3	
Jewel	85			8:15							1:32 bk		
Ella			1:06.3	8:30		40.2br		3:25	1:25/2			40.6	
Edward	91	17.0	**1:00.2**	7:32	**28.4**	32.9bk	G	2:49.5	**1:15**	11	1:17.5/bk	**33.5**	17.2
Hannah	87	18.6	1:06.3	6:59	33.1	36.8bk	I	3:00	1:18.8	11B		**36.8**	
Brooke-Lynne	76		1:07.1	9:32		38.7br		3:20	1:25/2		1:35 br		
Ava B	83	17.5	**1:03.2**	6:42		35.0 bk		2:57		11B	1:23.8/bk	36.0	19.9
Laura	79	18.7	1:04.6	8:32	35.0	38.8br	J	3:09	1:27/45		1:33/bk 1:33.5 br	38.9	
Lauren D	68			10:00							2:00/8 on 2:20		
Kate	65												
Sean	89		1:09.1	9:20	31.2			2:59.1				34.5	