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| --- | --- | --- | --- | --- | --- | --- |
| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| 5 **MAY**HOBC MeetBrantford | 63:45 – 5:30p | 76-7:15a3:45 – 5:30p | 83:45 – 5:30p | 96-7:15a3:45 – 5:30p | 103:45 – 5:30p | 117-9 a.m.ROW Meet |
| 12ROW Meet | 133:45 – 5:30pMultiplex Night 6 p.m. | 146-7:15a3:45 – 5:30p | 153:45 – 5:30p | 166-7:15a3:45 – 5:30p | 173:45 – 5:30p | 186 – 8 a |
| 19 Stay  Active!C:\Users\Ron\AppData\Local\Microsoft\Windows\INetCache\IE\QZEJ9AVV\149145959[1].jpg | 20 **Victoria** **Day****OFF** | 216-7:15a3:45 – 5:30p | 223:45 – 5:30p | 236-7:15a3:45 – 5:30p | 243:45 – 5:30p | 256 – 9 aBig One! |
| 26C:\Users\Ron\AppData\Local\Microsoft\Windows\INetCache\IE\QZEJ9AVV\149145959[1].jpg | 273:45 – 5:30p | 286-7:15a3:45 – 5:30p | 293:45 – 5:30p | 306-7:15a3:45 – 5:30p | 31No Practice Regionals Windsor | 1  **JUNE**No Practice |
| 2Regionals Windsor | 33:45 – 5:30p | 46-7:15a3:45 – 5:30p | 53:45 – 5:30p | 66-7:15a3:45 – 5:30p | 73:45 – 5:30p | 86 - 8 a |
| 9C:\Users\Ron\AppData\Local\Microsoft\Windows\INetCache\IE\QZEJ9AVV\149145959[1].jpg | 103:45 – 5:30p | 116-7:15a3:45 – 5:30p | 123:45 – 5:30p | 136-7:15a3:45 – 5:30p | 143:45 – 5:30p | 15 7-9 amROW Meet +FestivalsMarkham |
| 16FestivalsMarkham | 173:45 – 5:30p | 186-7:15a3:45 – 5:30p | 193:45 – 5:30p | 206-7:15a3:45 – 5:30p | 213:45 – 5:30p | 227-9 a |
| 23C:\Users\Ron\AppData\Local\Microsoft\Windows\INetCache\IE\QZEJ9AVV\149145959[1].jpg | 243:45 – 5:30p | 256-7:15aPicnic | 263:45 – 5:30p | 27Provs at TPASC + Jr/Youths at Brantford3:45 – 5:30p | 283:45 – 5:30p | 297-9 a |
| 30Jr/Y BrantfordProvs. TPASC | 1  **JULY****Canada Day****OFF** | 27:15 – 9aSoper | 37:15 – 9aSoper | 47:15 – 9aSoper  Nova Scotia Champs in Halifax | 5 | 6LC Meet TBA |
| July 9 – August 2: **Tuesdays, Wednesdays, Thursdays, Fridays,** 7:15 – 9 am |

**Ron’s Groups: May 5 – August 2, 2019**