 

*Taking Up the Slack Meet*

DATE(S): May 26-27, 2018 Region: Western

HOSTED BY: Region of Waterloo Swim Club

LOCATION: Wilfrid Laurier University Athletic Complex (located at the corner of King St. and University Ave.)

75 University Avenue West Waterloo, ON N2L 3C5

FACILITY: 6 lanes, 50 m pool long course configuration

Omega OSB11 starting blocks.

Omega Ares 21 Timing system with 6 lanes scoreboard.

Free parking in ‘White Permit’ areas only. (after 4:30 pm on Friday; all day Saturday and Sunday)

PURPOSE: This is an invitational age group meet which offers long course sessions.

MEET PACKAGE: The only meet package which will be considered as valid must be the most current version found on [www.swimming.ca](http://www.swimming.ca)

COMPETITION

COORDINATOR(S): Angus Cunningham, Level V, Email: [acunningham@printeron.com](mailto:acunningham@printeron.com)

Tam Nguyen, Level V, Email: [72tnguyen@gmail.com](mailto:72tnguyen@gmail.com)

MEET MANAGER(S): Dale Cressman, Connie Hayward, Email: [meetmanager@rowswimming.ca](mailto:meetmanager@rowswimming.ca)

DESCRIPTION: Timed finals for all events.

All events will be swam age combined. The results will be posted separately by the gender of swimmers for individual age groups.

There are no qualifying or de-qualifying standards for this meet.

COMPETITION RULES: Sanctioned by Swim Ontario.  
All current Swimming/Natation Canada (SNC) rules will be followed.

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE.](https://www.swimming.ca/en/resources/officiating/event-resources/competition-warm-up-safety-procedures/)

For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed [HERE](http://swimontario.com/uploads/Officials/Resources/SNC_Swimwear_Interpretation_2017.pdf). Advanced notification or for clarification of interpretation please see the Competition Coordinator.

AGE UP DATE: Ages submitted are to be as: May 26, 2018

MIXED-GENDER: The host seeks an exemption from the requirement to swim events in gender separated events, on the following basis *(choose appropriate circumstances):*

Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.

In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

ELIGIBILITY: All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry *(choose appropriate circumstances):*

Preference will be given to the host club first.

This is an invitational meet. Participation of this meet is at the full discretion of the host club.

Meet Management reserves the right to further limit individual swims to 3 per session and to limit heats if necessary to keep session times to within 4.5 hours.

Foreign competitors are welcome, subject to the provisions below.

FOREIGN

COMPETITORS: All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver’s license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](http://www.swimontario.com/uploads/Clubs/Club%20Operations/Forms/2015-2016/ProofofResidence.pdf) to Swim Ontario no later than 7 days prior to start of competition.

ENTRY FEE:

Individual events $ 10.00 per entry

Please make cheques payable to: **Region of Waterloo Swim Club**

All entry fees include HST #R128627452

ENTRIES: Entries must be submitted through the SNC online entries system at [www.swimming.ca](http://www.swimming.ca) . Meet Management will not accept entries via email.

Online Entry Deadline: May 18, 2018.

Changes to entries will not be accepted after May 18, 2018. After that time, fees will be calculated; no refunds will be granted for missed swims.

NT entries are not permitted.

Swimmers may swim maximum of 3 events per session.

CONVERSION:  Option “B” Entry times can be converted. Please submit converted times:

Hy-tek default conversion factor

SCHEDULE OF SESSIONS:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Session # | Date | Prelim/Finals | Warm Up | Start | Finish | Estimated Duration |
| 1 | May 26, 2018 | Timed Final | 7:00 am | 8:00 am | 12:00 pm | 4 hours |
| 2 | May 26, 2018 | Timed Final | 12:00 pm | 1:00 pm | 5:00 pm | 4 hours |
| 3 | May 27, 2018 | Timed Final | 7:00 am | 8:00 am | 12:00 pm | 4 hours |
| 4 | May 27, 2018 | Timed Final | 12:00 pm | 1:00 pm | 5:00 pm | 4 hours |

SCHEDULE OF EVENTS: See Appendix – Events List

COACH’S

REGISTRATION: Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](http://www.swimontario.com/page.php?id=2748).  If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet.  Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

COACH’S MEETING: Coach should check in the Meet Management office prior to the warm up for scratch sheets. The Meet Management office is located on deck next to the Coach/Official entrance.

SEEDING:  Option “A” (times converted by club and/or host)

Seeding will be in order of times entered, as converted pursuant to the conversion process as per meet package, followed by swimmers entered with NT (no times).

TIME SPLITS: Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

DECK ENTRIES: Deck Entries are Exhibition Only. They are not eligible for scoring or awards.

Deck entries will be accepted for empty lanes only (no new heats will be created).

Swimmers entered on deck must have valid proof of SNC registration (number) as an active, registered, competitive swimmer.

$12 per entry

All entry fees include HST #R128627452

CHECK IN

AND SCRATCHES:  All swimmers are required to check in with the Clerk of Course 30 minutes prior to each swim.

Scratches are to be made at Meet Management office on pool deck 30 minutes prior to the start of each session.

No scratch penalty shall be imposed for late or day of scratches.

SCORING:  No Scoring

AWARDS:  No Award for 13&Over swimmers

The following will be awarded:

Medals – 1st to 3rd for individual events

Ribbons – 4th to 6th for individual events

Age groups: 9 & under, 10, 11, 12.

MEET RESULTS: Official Results will be posted within 48 hours of completion of the meet to [www.swimming.ca](http://www.swimming.ca)

The meet program will be run on Hy-Tek Meet Manager.

Results will be posted as quickly as possible at the meet.

Live Results / Meet Mobile are available.

RECORDING

OF EVENT: Only individuals that have made application and received authorization to record the event in any manner, in any medium or context now known or hereafter developed shall be granted access and permission to do so. Please contact Meet Management for application and authorization.

SAFETY &

LIABILITY: Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

ACCOMMODATION

Contact us at [meetmanager@rowswimming.ca](mailto:meetmanager@rowswimming.ca) for more information.

**Appendix – Events List**

|  |  |  |
| --- | --- | --- |
| **Session #1 – 13&Over Timed Final**  **Saturday May 26, 2018**  **Warm up: 7:00 am Start: 8:00 am** | | |
| Male | Description | Female |
| 1 | 200 IM | 2 |
| 3 | 100 Breast | 4 |
| 5 | 200 Back | 6 |
| 7 | 100 Free | 8 |
| 9 | 200 Fly | 10 |
| 11 | 50 Back | 12 |
| 13 | 50 Fly | 14 |

|  |  |  |
| --- | --- | --- |
| **Session #2 – 12&Under Timed Final**  **Saturday May 26, 2018**  **Warm up: 12:00 pm Start: 1:00 pm** | | |
| Male | Description | Female |
| 15 | 200 IM | 16 |
| 17 | 100 Breast | 18 |
| 19 | 200 Back | 20 |
| 21 | 100 Free | 22 |
| 23 | 200 Fly | 24 |
| 25 | 50 Back | 26 |
| 27 | 50 Fly | 28 |

|  |  |  |
| --- | --- | --- |
| **Session #3 – 13&Over Timed Final**  **Sunday May 27, 2018**  **Warm up: 7:00 am Start: 8:00 am** | | |
| Male | Description | Female |
| 29 | 200 Free | 30 |
| 31 | 100 Fly | 32 |
| 33 | 200 Breast | 34 |
| 35 | 100 Back | 36 |
| 37 | 50 Free | 38 |
| 39 | 50 Breast | 40 |

|  |  |  |
| --- | --- | --- |
| **Session #4 – 12&Under Timed Final**  **Sunday May 27, 2018**  **Warm up: 12:00 pm Start: 1:00 pm** | | |
| Male | Description | Female |
| 41 | 200 Free | 42 |
| 43 | 100 Fly | 44 |
| 45 | 200 Breast | 46 |
| 47 | 100 Back | 48 |
| 49 | 50 Free | 50 |
| 51 | 50 Breast | 52 |