SWIM PEI STANDARDS SHORT COURSE 25 M

B	A	AA	AAA	AAAA		AAAA	AAA	AA	A	B
10 & UNDER GIRLS							**10 & UNDER BOYS**			
42.99*	35.99*	33.99*	30.59*		50 M Free		31.59*	34.99*	33.99*	41.99*
1:38.99*	1:18.99*	1:15.99*	1:07.39*		100 M Free		1:10.29*	1:16.99*	1:14.99*	1:36.99*
3:39.99*	2:50.99*	2:44.99*	2:27.79*		200 M Free		2:31.29*	2:48.99*	2:44.99*	3:25.99*
7:21.99*	6:04.99*	5:49.99*	5:09.39*		400 M Free		5:18.59*	5:57.99*	5:51.99*	7:13.99*
	12:34.99*	12:07.99*			800 M Free			12:34.99*	12:16.99*	
	24:42.99*	23:49.99*			1500 M Free			24:02.99*	23:29.99*	
51.99*	40.99*	34.99*	34.89*		50 M Back		37.09*	32.99*	39.99*	51.99*
1:51.99*	1:28.99*	1:25.99*	1:15.19*		100 M Back		1:19.39*	1:26.99*	1:24.99*	1:49.99*
	3:09.99*	3:05.99*			200 M Back			3:11.99*	3:04.99*	
57.99*	46.99*	38.99*	39.79*		50 M Breast		41.19*	35.99*	44.99*	56.99*
2:09.99*	1:40.99*	1:36.99*	1:26.99*		100 M Breast		1:29.79*	1:38.99*	1:36.99*	2:02.99*
	3:37.99*	3:31.99*			200 M Breast			3:37.99*	3:31.99*	
51.99*	39.99*	32.99*	33.79*		50 M Fly		35.29*	29.99*	37.99*	49.99*
2:05.99*	1:28.99*	1:25.99*	1:16.49*		100 M Fly		1:20.89*	1:26.99*	1:24.99*	2:02.99*
	3:20.99*	3:10.99*			200 M Fly			3:16.99*	3:12.99*	
1:51.99*	1:30.99*		1:16.49*		100 M IM		1:19.89*		1:27.99*	1:48.99*
4:00.99*	3:13.99*	3:02.09*	2:45.29*		200 M IM		2:52.49*	3:12.99*	3:06.99*	3:57.99*
	6:51.99*	6:39.99*			400 M IM			6:50.99*	6:40.99*	
11 YEAR OLD GIRLS							**11 YEAR OLD BOYS**			
37.99*	35.99*	33.99*	29.19*		50 M Free		30.19*	34.99*	33.99*	37.99*
1:23.99*	1:18.99*	1:15.99*	1:03.29*		100 M Free		1:05.99*	1:16.99*	1:14.99*	1:23.99*
3:02.99*	2:50.99*	2:44.99*	2:17.39*		200 M Free		2:23.19*	2:48.99*	2:44.99*	3:01.99*
6:31.99*	6:04.99*	5:49.99*	4:54.09*		400 M Free		5:03.69*	5:57.99*	5:51.99*	6:25.99*
13:33.99*	12:35.99*	12:07.99*	10:10.79*		800 M Free		10:35.09*	12:34.99*	12:16.99*	13:27.99*
26:00.99*	24:42.99*	23:49.99*	19:30.89*		1500 M Free		20:16.49*	24:02.99*	23:29.99*	25:47.99*
42.99*	40.99*	34.99*	32.89*		50 M Back		34.89*	32.99*	39.99*	44.99*
1:36.99*	1:28.99*	1:25.99*	1:10.39*		100 M Back		1:14.39*	1:26.99*	1:24.99*	1:36.99*
3:23.99*	3:09.99*	3:05.99*	2:33.19*		200 M Back		2:40.69*	3:11.99*	3:04.99*	3:23.99*
48.99*	46.99*	38.99*	37.19*		50 M Breast		38.99*	35.99*	44.99*	50.99*
1:48.99*	1:40.99*	1:36.99*	1:21.19*		100 M Breast		1:24.29*	1:38.99*	1:36.99*	1:48.99*
3:52.99*	3:37.99*	3:31.99*	2:55.39*		200 M Breast		3:01.69*	3:37.99*	3:31.99*	3:50.99*
41.99*	39.99*	32.99*	31.59*		50 M Fly		33.39*	29.99*	37.99*	42.99*
1:37.99*	1:28.99*	1:25.99*	1:10.69*		100 M Fly		1:14.49*	1:26.99*	1:24.99*	1:37.99*
3:29.99*	3:20.99*	3:10.99*	2:37.59*		200 M Fly		2:44.99*	3:16.99*	3:12.99*	3:29.99*
1:35.99*	1:30.99*		1:12.19*		100 M IM		1:15.59*		1:27.99*	1:35.99*
3:25.99*	3:13.99*	3:02.09*	2:34.69*		200 M IM		2:43.19*	3:12.99*	3:06.99*	3:29.99*
7:19.99*	6:51.99*	6:39.99*	5:30.49*		400 M IM		5:46.59*	6:50.99*	6:40.99*	7:20.99*
12 YEAR OLD GIRLS							**12 YEAR OLD BOYS**			
36.99*	33.99*	33.99*	28.29*		50 M Free		28.29*	34.99*	32.99*	35.99*
1:20.99*	1:14.99*	1:15.99*	1:00.99		100 M Free		1:01.69*	1:16.99*	1:11.99*	1:17.99*
2:58.99*	2:43.99*	2:44.99*	2:13.29*		200 M Free		2:14.39*	2:48.99*	2:37.99*	2:50.99*
6:13.99*	5:49.99*	5:49.99*	4:40.79*		400 M Free		4:46.89*	5:57.99*	5:36.99*	6:04.99*
12:56.99*	12:04.99*	12:07.99*	9:42.89		800 M Free		9:59.99*	12:34.99*	11:47.99*	12:42.99*
24:44.99*	23:42.99*	23:49.99*	18:33.99*		1500 M Free		19:01.89*	24:02.99*	22:32.99*	24:12.99*
41.99*	39.99*	34.99*	31.89*		50 M Back		32.59*	32.99*	37.99*	41.99*
1:33.99*	1:24.99*	1:25.99*	1:08.19*		100 M Back		1:09.89*	1:26.99*	1:21.99*	1:30.99*
3:14.99*	3:03.99*	3:05.99*	2:26.49*		200 M Back		2:29.89*	3:11.99*	2:57.99*	3:09.99*
46.99*	44.99*	38.99*	35.69*		50 M Breast		36.19*	35.99*	42.99*	46.99*
1:43.99*	1:36.99*	1:36.99*	1:17.59*		100 M Breast		1:17.99*	1:38.99*	1:32.99*	1:40.99*
3:43.99*	3:28.99*	3:31.99*	2:47.99*		200 M Breast		2:49.69*	3:37.99*	3:23.99*	3:35.99*
39.99*	37.99*	32.99*	30.49*		50 M Fly		31.19*	29.99*	35.99*	40.99*
1:33.99*	1:25.99*	1:25.99*	1:07.69*		100 M Fly		1:09.39*	1:26.99*	1:21.99*	1:31.99*
3:18.99*	3:11.99*	3:10.99*	2:29.39*		200 M Fly		2:32.89*	3:16.99*	3:04.99*	3:13.99*
1:32.99*	1:26.99*		1:09.99*		100 M IM		1:09.89*		1:23.99*	1:28.99*
3:18.99*	3:05.99*	3:02.09*	2:29.69*		200 M IM		2:31.99*	3:12.99*	2:59.99*	3:15.99*
7:03.99*	6:34.99*	6:39.99*	5:18.39*		400 M IM		5:23.89*	6:50.99*	6:23.99*	6:51.99*
13 YEAR OLD GIRLS							**13 YEAR OLD BOYS**			
35.99*	32.99*	31.99*	27.69*		50 M Free		27.19*	31.99*	31.99*	33.99*
1:18.99*	1:13.99*	1:10.99*	59.89*		100 M Free		59.09*	1:09.99*	1:09.99*	1:14.99*
2:51.99*	2:40.99*	2:32.99*	2:09.49*		200 M Free		2:08.49*	2:34.99*	2:34.99*	2:42.99*

6:04.99*	5:41.99*	5:26.99*	4:34.29*		400 M Free		4:33.99*	5:27.99*	5:29.99*	5:47.99*
12:32.99*	11:49.99*	11:18.99*	9:25.39*		800 M Free		9:29.09*	11:32.99*	11:32.99*	12:03.99*
23:53.99*	23:13.99*	22:12.99*	17:55.99*		1500 M Free		18:01.69*	22:03.99*	22:04.99*	22:55.99*
	38.99*	34.99*			50 M Back			32.99*	36.99*	
1:27.99*	1:22.99*	1:19.99*	1:06.19*		100 M Back		1:05.49*	1:19.99*	1:19.99*	1:22.99*
3:09.99*	2:59.99*	2:53.99*	2:22.49*		200 M Back		2:21.89*	2:55.99*	2:53.99*	2:59.99*
	43.99*	38.99*			50 Breast			35.99*	41.99*	
1:39.99*	1:34.99*	1:30.99*	1:15.09*		100 M Breast		1:13.59*	1:30.99*	1:30.99*	1:32.99*
3:36.99*	3:24.99*	3:17.79*	2:43.19*		200 M Breast		2:39.19*	3:19.99*	3:19.99*	3:21.99*
	36.99*	32.99*			50 Fly			29.99*	35.99*	
1:26.99*	1:23.99*	1:19.99*	1:05.29*		100 M Fly		1:04.49*	1:19.99*	1:19.99*	1:21.99*
3:12.99*	3:07.99*	2:58.99*	2:25.29*		200 M Fly		2:23.19*	2:56.99*	3:00.99*	3:01.99*
	1:24.99*				100 M IM				1:20.99*	
3:13.99*	3:01.99*	2:54.99*	2:25.59*		200 M IM		2:24.39*	2:56.99*	2:55.99*	3:02.99*
6:51.99*	6:26.99*	6:12.99*	5:09.49*		400 M IM		5:07.09*	6:16.99*	6:15.99*	6:29.99*

B	A	AA	AAA	AAAA		AAAA	AAA	AA	A	B
14 YEAR OLD GIRLS							**14 YEAR OLD BOYS**			
35.99*	32.99*	30.99*	28.39*		50 M Free		26.09*	28.99*	30.99*	32.99*
1:17.99*	1:11.99*	1:07.99*	1:01.69*		100 M Free		56.99*	1:04.99*	1:08.99*	1:11.99*
2:48.99*	2:37.99*	2:25.99*	2:12.99*		200 M Free		2:03.89*	2:19.99*	2:31.99*	2:36.99*
5:57.99*	5:34.99*	5:10.99*	4:41.69*		400 M Free		4:25.39*	5:03.99*	5:22.99*	5:36.99*
12:21.99*	11:33.99*	10:42.99*	9:43.59*		800 M Free		9:10.59*	10:26.99*	11:17.99*	11:39.99*
23:16.99*	22:43.99*	21:02.99*	18:17.99*		1500 M Free		17:26.89*	20:20.99*	21:36.99*	22:11.99*
	37.99*	34.99*			50 M Back			32.99*	36.99*	
1:24.99*	1:21.99*	1:15.99*	1:07.39*		100 M Back		1:02.59*	1:13.99*	1:17.99*	1:18.99*
3:04.99*	2:55.99*	2:45.99*	2:25.69*		200 M Back		2:16.39*	2:41.99*	2:49.99*	2:52.99*
	42.99*	38.99*			50 M Breast			35.99*	40.99*	
1:37.99*	1:32.99*	1:26.99*	1:17.49*		100 M Breast		1:10.79*	1:23.99*	1:28.99*	1:29.99*
3:31.99*	3:19.99*	3:08.99*	2:46.89*		200 M Breast		2:34.19*	3:03.99*	3:14.99*	3:15.99*
	35.99*	32.99*			50 M Fly			29.99*	34.99*	
1:24.99*	1:21.99*	1:15.99*	1:06.99*		100 M Fly		1:02.09*	1:11.99*	1:17.99*	1:18.99*
3:07.99*	3:03.99*	2:48.99*	2:27.99*		200 M Fly		2:17.79*	2:43.99*	2:57.99*	2:54.99*
	1:22.99				100 M IM				1:19.99*	
3:08.99*	2:57.99*	2:45.99*	2:29.09*		200 M IM		2:18.89*	2:40.99*	2:51.99*	2:55.99*
6:42.99*	6:18.99*	5:55.99*	5:17.29*		400 M IM		4:56.79*	5:45.99*	6:07.99*	6:16.99*
15 YEAR OLD GIRLS							**15 YEAR OLD BOYS**			
34.99*	31.99*	29.99*	28.19*		50 M Free		25.59*	27.99*	30.99*	31.99*
1:16.99*	1:10.99*	1:05.99*	1:00.99*		100 M Free		55.79*	1:00.99*	1:06.99*	1:10.99*
2:46.99*	2:33.99*	2:21.99*	2:11.59*		200 M Free		2:01.39*	2:12.99*	2:27.99*	2:33.99*
5:52.99*	5:27.99*	5:00.99*	4:38.09*		400 M Free		4:19.99*	4:46.99*	5:15.99*	5:29.99*
12:13.99*	11:18.99*	10:27.99*	9:37.39*		800 M Free		9:00.99*	9:49.99*	11:03.99*	11:27.99*
23:08.99*	22:13.99*	20:31.99*	18:11.69*		1500 M Free		17:10.59*	19:10.99*	21:08.99*	21:50.99*
	36.99*	34.99*			50 M Back			32.99*	35.99*	
1:23.99*	1:19.99*	1:13.99*	1:06.49*		100 M Back		1:01.09*	1:08.99*	1:15.99*	1:16.99*
3:01.99*	2:51.99*	2:39.99*	2:23.69*		200 M Back		2:12.99*	2:30.99*	2:45.99*	2:48.99*
	41.99*	38.99*			50 M Breast			35.99*	39.99*	
1:35.99*	1:30.99*	1:24.99*	1:15.99*		100 M Breast		1:08.89*	1:18.99*	1:26.99*	1:26.99*
3:20.99*	3:15.99*	3:02.99*	2:45.69*		200 M Breast		2:30.69*	2:51.99*	3:10.99*	3:10.99*
	35.99*	32.99*			50 M Fly			29.99*	33.99*	
1:23.99*	1:19.99*	1:11.99*	1:06.49*		100 M Fly		1:00.49*	1:06.99*	1:15.99*	1:15.99*
3:05.99*	2:59.99*	2:40.99*	2:26.59*		200 M Fly		2:14.59*	2:31.99*	2:53.99*	2:50.99*
	1:21.99*				100 M IM				1:18.99*	
3:06.99*	2:53.99*	2:41.99*	2:27.29*		200 M IM		2:15.79*	2:31.99*	2:47.99*	2:51.99*
6:39.99*	6:10.99*	5:44.99*	5:14.49*		400 M IM		4:48.99*	5:25.99*	5:59.99*	6:06.99*
16 YEAR OLD GIRLS							**16 YEAR OLD BOYS**			
34.99*	30.99	28.99*	27.89*		50 M Free		25.09*	26.99	29.99*	31.99
1:16.99*	1:08.99*	1:02.99*	1:00.49*		100 M Free		54.69*	58.99*	1:05.99*	1:08.99*
2:45.99*	2:30.99*	2:15.99*	2:10.79*		200 M Free		1:59.19*	2:09.99*	2:24.99*	2:30.99*
5:51.99*	5:20.99*	4:50.99*	4:36.79*		400 M Free		4:15.69*	4:37.99*	5:08.99*	5:24.99*
12:09.99*	11:03.99*	10:00.99*	9:34.29		800 M Free		8:53.99*	9:38.99*	10:48.99*	11:18.99*
23:09.99*	21:44.99*	19:41.99*	18:12.19		1500 M Free		16:55.69*	18:46.99*	20:40.99*	21:31.99*
	35.99*	33.99*			50 M Back			31.99*	34.99*	

1:22.99*	1:17.99*	1:10.99*	1:05.59*		100 M Back		59.39*	1:07.99*	1:14.99*	1:14.99*
3:00.99*	2:47.99*	2:33.99*	2:22.69*		200 M Back		2:10.29*	2:26.99*	2:42.99*	2:44.99*
	40.99*	37.99*			50 M Breast			34.99*	39.99*	
1:34.99*	1:28.99*	1:20.99*	1:15.19*		100 M Breast		1:07.69*	1:15.99*	1:24.99*	1:25.99*
3:27.99*	3:11.99*	2:54.99*	2:43.79*		200 M Breast		2:27.29*	2:47.99*	3:06.99*	3:06.99*
	34.99*	30.99*			50 M Fly			28.99*	32.99*	
1:22.99*	1:17.99*	1:08.99*	1:05.49*		100 M Fly		59.49*	1:04.99*	1:14.99*	1:14.99*
3:03.99*	2:55.99*	2:34.99*	2:24.89*		200 M Fly		2:11.49*	2:26.99*	2:49.99*	2:46.99*
	1:19.99*				100 M IM				1:16.99*	
3:05.99*	2:49.99*	2:34.99*	2:26.29*		200 M IM		2:12.29*	2:27.99*	2:44.99*	2:47.99*
6:34.99*	6:01.99*	5:31.99*	5:10.49*		400 M IM		4:46.29*	5:16.99*	5:51.99*	6:03.99*
17+ YEAR OLD GIRLS							**17+ YEAR OLD BOYS**			
34.99*	30.99	28.99*	27.79*		50 M Free		24.59	25.99	29.99*	30.99
1:15.99*	1:08.99*	1:01.99*	1:00.19*		100 M Free		54.09*	56.99*	1:05.99*	1:07.99*
2:45.99*	2:30.99*	2:14.99*	2:10.39*		200 M Free		1:58.09*	2:04.99*	2:24.99*	2:29.99*
5:50.99*	5:20.99*	4:46.99*	4:35.99*		400 M Free		4:14.09*	4:29.99*	5:08.99*	5:22.99*
12:09.99*	11:03.99*	9:54.99*	9:33.69*		800 M Free		8:50.09*	9:29.99*	10:48.99*	11:13.99*
23:04.99	21:44.99*	19:28.99*	18:08.19		1500 M Free		16:49.79*	18:12.99*	20:40.99*	21:24.99*
	35.99*	33.99*			50 M Back			30.99*	34.99*	
1:22.99*	1:17.99*	1:09.99*	1:05.59*		100 M Back		58.89*	1:04.99*	1:14.99*	1:14.99*
2:59.99*	2:47.99*	2:31.99*	2:22.09*		200 M Back		2:08.89*	2:21.99*	2:42.99*	2:43.99*
	40.99*	37.99*			50 M Breast			34.99*	39.99*	
1:34.99*	1:28.99*	1:19.99*	1:15.19*		100 M Breast		1:07.09*	1:13.99*	1:24.99*	1:24.99*
3:26.99*	3:11.99*	2:52.99*	2:42.89*		200 M Breast		2:25.39*	2:41.99*	3:06.99*	3:04.99*
	34.99*	30.99*			50 M Fly			28.99*	32.99*	
1:21.99*	1:17.99*	1:07.99*	1:05.19*		100 M Fly		58.19*	1:01.99*	1:14.99*	1:13.99*
3:03.99*	2:55.99*	2:32.99*	2:24.69*		200 M Fly		2:09.89*	2:20.99*	2:49.99*	2:44.99*
	1:19.99*				100 M IM				1:16.99*	
3:04.99*	2:49.99*	2:33.99*	2:25.59*		200 M IM		2:11.39*	2:21.99*	2:44.99*	2:46.99*
6:34.99*	6:01.99*	5:27.99*	5:10.99*		400 M IM		4:42.59*	5:07.99*	5:51.99*	5:58.99*