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| **Host**:Charlottetown Bluephins Aquatic Club (CBAC) |
| **Sanctioned by**:Swimming PEI |
| **Location :**Bell Aliant Centre, 550 University Street, Charlottetown, PE |
| **Meet Manager**: Christine Da Prat, christine@hhrgroup.ca and Jennifer Nickerson, jenn\_nickerson@yahoo.ca **Meet Referee:** Katherine McQuaid (Level 5)**Officials Coordinator**: Jennifer Nickerson**Safety Coordinator:** Christine Da Prat  |
| **Facility**:25 meter pool, 8 lanes |
| **Timing system :** Daktronics equipped with eight (8) touch pads and one display board. |
| **Entry submission :**Hy-tek entries will be accepted via SNC web upload only. Entry Deadline: March 1, 2021 at 21h00 AT. **Entries will not be accepted after the deadline.**Once the entry file is uploaded, an email confirming the entries will be sent to the club. Once received the club has **36 hours** to review this file and make corrections/modifications to entries. Entry time, event additions or change of events will not be accepted after this period.Deck entries will NOT be accepted. Meet management will NOT accept requests for official splits. |
| **Meet package :** The only valid meet package is the most current one found on www.swimming.ca. |
| **Entry Fees :** Flat fee of$10.00 per swimmer.  |
| **Event Entry Limits :**Swimmers may swim up to two (2) individual events in each session or four (4) events if only swimming one session. |
| **Eligibility :** Charlottetown Bluephins Aquatic Club swimmers who are members of SNC or are associated with a FINA affiliated country are eligible. There are no qualifying standards. |
| **Meet rules :** SNC/FINA rules will govern this meet.View here: https://www.swimming.ca/content/uploads/2018/05/2017-Rulebook-05-03-18-12pt-1.pdfSwimming Canada warm-up competition safety procedures will be in effect at this meet.View here: <https://www.swimming.ca/en/resources/officiating/event-resources/competition-warm-up-safety-procedures/>Individual events will be senior seeded. Events will be seeded according to entry times. All events are timed finals.There will be no penalty for missed swims or step downs.As per provincial Covid-19 restrictions, the maximum capacity on the pool deck will not exceed 50 people. ***Mixed Gender***An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.  In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee ensures that the swimmer competes with competitors of the same gender for his/her heat.  ***Age Categories***A swimmer's age is determined as of the first day of the meet. ***Scratches***Scratches will not be accepted on the day of the sessions. ***Dive starts***As per the Facility Rules for Dive Starts, starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1. |
| **Facility and pool rules :**Proper footwear and clothing must be worn throughout the building (outside pool area). No outdoor footwear is allowed on deck. All swimmers must shower before entering pool. In case of a building emergency (power failure, etc.) swimmers are asked to clear the pool immediately and exit the building. All coaches shall meet in a designated area with the meet management for further instructions. Bell Aliant lifeguards will be on duty. The leisure pool and hot tub are strictly off-limits. ***In respect of those with allergies, please note that the meet will be peanut and nut free.***  |
| **COVID-19 Precautions**The CBAC operational plan will be followed. The Safety Coordinator will ensure these precautions are adhered to.**General guidelines:*** No spectators will be allowed.
* Only swimmers in the meet program will be allowed.
* Only confirmed officials will be allowed.
* Only confirmed coaches will be allowed.
* All swimmers, coaches and officials must wear a mask in the facility including on deck.
* Swimmers must wear their mask until just before they are ready to race. This includes while waiting behind the block for their swim.
* Lanes 3, 4, 5 and 6 will be used for the meet.
* Lane 1 will be used for swim down with a maximum of 5 people in the lane.
* Disqualification reports will be submitted to the head coach after the meet. No notification of disqualifications will be given to coaches during the meet.
* Swimmers must come to the pool in their swim suits and ready to race.
* Swimmers will have 15 minutes to use the change rooms upon finishing their races. Wherever possible, swimmers are asked to shower at home.
* Only 15 swimmers are permitted in the change rooms at one time.
* Swimmers, coaches and officials must exit the facility once completed. No loitering outside the pool deck permitted.
* Hand sanitizing stations will be readily available.
* Contact information for all swimmers, coaches, officials and volunteers will be collected to ensure contact tracing can be completed as needed.

The meet program will be available on meet mobile. Results will be available 24 hours after the meet barring any unforeseen circumstances. |
| **Safety and Liability :**Swimming Canada and Swim PEI believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click see: <https://www.swimming.ca/en/safe-sport/>. Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.***Open and Observable Environment***Swimming Canada and Swim PEI is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both ‘open’ and ‘observable’ to others. ***Event Photography/Videography***In order to minimize risk, all photographs and video taken at Swimming Canada/Swim PEI sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. For full details click <https://swimming.ca/content/uploads/2016/10/2016_Safe-Sport-Environment-Policy_20190329.pdf>.  Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so. Please contact the Meet Manager for application. |
| **Coaches :**Coaches must be registered with the Canadian Swimming Coaches Association (CSCA). The CSCA certification card will be required for deck access and should be visible on deck or as required. A virtual Technical Meeting will be held **Thursday, March 4, 2021** at **19h30 AT**. Meeting details will follow.  |
| **Officials :**Officials, Level 2 certified, are encouraged to participate. Sign up before 17h00 AT March 1, 2021 by emailing: bluephinspresident@gmail.com. The list will be confirmed by email. A virtual Officials Briefing Meeting will be held **Thursday, March 4, 2021** at **20h00 AT**. Meeting details will follow. Officials are asked to arrive 20 minutes before the start of the session with the exception of the Safety Marshalls.  |
| **Awards:**All swimmers that improve their personal best time will receive a Best time ribbon after the completion of the time trials.  |

**Event List**

**March 5, 2021**

SESSION 1 - Phins 1

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| **4:00 – 4:25 pm**:Warm-up**4:30 pm**: Start. **5:30 pm**: Finish |
| **Event #** | **Age Group** | **Event** |
| **1** | Mixed | 1500 Freestyle |
| **2** | Mixed | 200 Butterfly |
| **3** | Mixed | 50 Breaststroke |
| **4** | Mixed | 200 Backstroke |
| **5** | Mixed | 50 Freestyle |

SESSION 2 - Phins 2

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| **5:45 – 6:10 pm**:Warm-up**6:15 pm**: Start **7:15 pm**: Finish |
| **Event #** | **Age Group** | **Event** |
| **6** | Mixed | 400 Freestyle |
| **7** | Mixed | 200 Backstroke |
| **8** | Mixed | 50 Breaststroke |
| **9** | Mixed | 200 Individual Medley |
| **10** | Mixed | 50 Freestyle |

**March 6, 2021**

SESSION 3 - Phins 1

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| **7:00 – 7:25 am**:Warm-up**7:30 am**:Start **8:30 am**:Finish |
| **Mixed** | **Age Group** | **Event** |
| **11** | Mixed | 200 Freestyle |
| **12** | Mixed | 50 Backstroke |
| **13** | Mixed | 200 Breaststroke |
| **14** | Mixed | 50 Butterfly |
| **15** | Mixed | 200 Individual Medley |

SESSION 4 - Phins 2

| **8:45 – 9:10 am**:Warm-up**9:15 am**:Start **10:15 am**:Finish |
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| **Mixed** | **Age Group** | **Event** |
| **16** | Mixed | 200 Breaststroke |
| **17** | Mixed | 50 Backstroke |
| **18** | Mixed | 200 Freestyle |
| **19** | Mixed | 50 Butterfly |