COLLINGWOOD CLIPPERS
TRAINING SCHEDULE 2019 - 2020

July 1st, 2019							
	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**
GOLD							
AM	5:45am - 7:30am	5:45am - 7:30am	5:45am - 7:30am	5:45am - 7:30am	5:45am - 7:30am	5:45am - 7:30am 7:45am - 8:30am D	OFF
PM		3:45pm - 5:30pm 5:30pm - 6:15pm D		3:45pm - 5:30pm 5:30pm - 6:15pm D			OFF
SILVER							
AM	5:45am - 7:30am		5:45am - 7:30am		5:45am - 7:30am	5:45am - 7:30am 7:45am - 8:30am D	OFF
PM		3:45pm - 5:30pm 5:30pm - 6:15pm D		3:45pm - 5:30pm 5:30pm - 6:15pm D			OFF
BRONZE							
AM		5:45am - 7:30am (11yrs & Over)				7:00am - 7:30am D 7:30am - 9:00am	OFF
PM	3:45pm - 5:30pm		3:45pm - 5:00pm		3:45pm - 5:30pm		OFF
PURPLE							
AM						7:00am - 7:30am D 7:30am - 9:00am	OFF
PM	5:15pm - 6:30pm		4:45pm - 6:00pm		5:15pm - 6:30pm		OFF
JUNIOR CLIPPERS							
PM - Early	4:00pm - 5:00pm		4:00pm - 5:00pm		4:00pm - 5:00pm		
PM - Late	5:00pm - 6:00pm		5:00pm - 6:00pm		5:00pm - 6:00pm		OFF

***Please arrive to practices on time so there is no disruption to the group. Please attend your scheduled practices. If your swimmer will be absent, please communicate with your swimmers coach.
D = Dryland