



COLLINGWOOD CLIPPERS TRAINING SCHEDULE 2021-2022



September 20th, 2021	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>GOLD</u>							
<u>AM</u>	5:30am - 7:15am	5:30am - 7:15am	5:30am - 7:15am		5:30am - 7:15am	5:45am - 8:00am 8:00am - 8:30am D	OFF
<u>PM</u>		2:45pm - 4:30pm 4:30pm - 5:00pm D		2:45pm - 4:30pm 4:30pm - 5:00pm D			OFF
<u>SILVER</u>							
<u>AM</u>	5:30am - 7:15am		5:30am - 7:15am		5:30am - 7:15am	6:15am - 8:00am 8:00am - 8:30am D	OFF
<u>PM</u>		4:00pm - 5:30pm		4:00pm - 5:30pm			OFF
<u>BRONZE</u>							
<u>AM</u>		5:30am - 7:15am (11yrs & Over)				7:30am - 8:00am D 8:00am - 9:30am	OFF
<u>PM</u>	3:45pm - 5:00pm		3:45pm - 5:00pm		3:45pm - 5:00pm		OFF
<u>PURPLE M-W</u>							
<u>PM</u>	5:30pm - 6:30pm		5:30pm - 6:30pm		Optional 5:30pm - 6:30pm		OFF
<u>PURPLE TU-TH</u>							
<u>PM</u>		4:30pm - 5:30pm		4:30pm - 5:30pm	Optional 5:30pm - 6:30pm		OFF
<u>JUNIOR CLIPPERS</u>							
<u>PM</u>	4:45pm - 5:45pm		4:45pm - 5:45pm		4:45pm - 5:45pm		OFF
<u>PM</u>	5:30pm - 6:30pm		5:30pm - 6:30pm		5:30pm - 6:30pm		OFF

***Please arrive to practices on time so there is no disruption to the group. Please attend your scheduled practices. If your swimmer will be absent, please communicate with your swimmers coach.

D = Dryland