

Gator/SFU LMR Swim Meet

Saturday & Sunday, November 13-14, 2021

Co-Hosts: Gator Swim Club and Simon Fraser University

Paul and Marg Savage Aquatic Center - SFU

Sanctioned by Swim BC: #36313

Location: Simon Fraser University Pool
Simon Fraser University
Burnaby, BC
V5A 1S6

Phone – 778-782- 3176

6 lanes 25-meter pool
Diving well for warm-up/down
Colorado starting / timing system
Kiefer lane ropes

Format possibilities:

SATURDAY Morning

12 & under

8:30 am warm-up session A: 8:30-8:55am
session B: 8:55-9:20am

9:30 am start

12:00 pm estimated finish

SATURDAY Mid-day

13 & 14

12:30 pm warm-up session A: 12:30-12:55pm
session B: 12:55-1:20pm

1:30 pm start

3:30 pm estimated finish

SATURDAY Afternoon

15 & Open

4:00 pm warm-up session A: 4:00-4:25pm
session B: 4:25-4:50pm

5:00 pm start

7:00 pm estimated finish

SUNDAY Morning

12 & under

8:30 am warm-up session A: 8:30-8:55am
session B: 8:55-9:20am

9:30 am start

12:00 pm estimated finish

SUNDAY Mid-day

13 & 14

12:30 pm warm-up session A: 12:30-12:55pm
session B: 12:55-1:20pm

1:30 pm start

3:30 pm estimated finish

SUNDAY Afternoon

15 & Open

4:00 pm warm-up session A: 4:00-4:25pm
session B: 4:25-4:50pm

5:00 pm start

7:00 pm estimated finish

AGE GROUP TIME BLOCKS MAY BE MODIFIED TO ACCOMMODATE ENTRY NUMBERS AND/OR TIME RESTRICTIONS. TIME LINES WILL BE CONFIRMED SHORTLY AFTER THE ENTRY DEADLINE.

Eligibility: All swimmers must be registered with SWIM BC or other FINA affiliated organization. Age groups will be based on age on the first day of the competition.

Para-swimmers are welcome. Please designate the classification with the entries.

Safe Sport Statement: All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

Qualifying Standards

Meet Entry standard

200 IM = UNDER 4:00. "NT" entries will not be accepted for the 200 IM.

Upon request, Clubs entered must **provide a proof of time sheet** for the **200 IM** for all swimmers; and proof of time for individuals entered in the 400m events. Entries that cannot be proven may be removed.

Entries:

Meet entries must be uploaded prior to the entry deadline to the Swimming Canada

<https://www.swimming.ca/meetlist.aspx> website. Entries sent directly to the entries coordinator will not be accepted.

- Total entries are limited to 4 events per session per swimmer.
- The meet is limited to 150 swimmers per session at the discretion of the meet management.
- Only listed clubs are invited to attend the meet: **GATOR, CDSC, CHENA, PSW, WVOSC, VPSC, HYACK, DELTA, HANEY, RAPIDS, SFA.**
- Entries are accepted on first come, first served basis.

Entry Fees:	Individual events	\$10.00
	Swim BC Competition Surcharge	\$ 4.00
	Late or Deck entry	\$15.00

- Entry fees must be paid prior to the start of the first session.
- Deck entries will only be accepted for swimmers who are already entered in the meet. Deck entries will be entered into empty lanes only, no new heats will be created. Deck entries are a first come; first served.
- Deck entry requests are required 30 minutes before the end of warm-up, and are payable in cash when the deck entry is accepted.
- Deck entries are not eligible for awards.
- Please make cheques payable to: **Killarney Gators Swim Club**

Entry Deadline: Entries must be received by **9:00pm on Friday November 5, 2021**

Scratch Deadline: Any scratches received on or before **Monday, November 8, 2021 will have full reimbursement. After said date, a medical note must accompany scratch for reimbursement. No new heats will be created after Monday, November 8, 2021.**

Meet Rules:

- a. All SNC rules as stated in the SNC rulebook will apply.
- b. Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1;
- c. All LMR rules will be in effect.
- d. 10 & U swimmers are limited to 4 hours of competition time. Coaches should enter these swimmers in events that ensure completion of their sessions within 4 hours.
- e. Swim BC warm-up competition safety procedures will be in effect at this meet and will be monitored by safety marshals.
- f. Warm-ups may be blocked in two 25-minute sessions depending on the number of entries. Coaches will be notified in advance.
- g. At the discretion of meet management, para-swimmers who do not meet the qualifying time may be entered into the meet. Please e-mail the Meet Manager to request entry.
- h. Meet Management reserves the right to limit/alter the meet to fit timelines. This may mean excluding or limiting entries for the 400m events, or other such alterations. Any deadlines imposed due to these modifications shall be enforceable. Affected teams will be notified as soon as possible of any changes.**
- i. Due to the uncertainty and unknown aspects of running a Meet during the COVID pandemic, Meet Management reserves the right to implement or adjust rules within this Meet Package that will ensure the health and safety of Officials, Volunteers, Coaches and Swimmers.**
- j. Scratches must be received by the Clerk of Course 30 minutes prior to the scheduled start time of the session.
- k. Gator Swim Club and SFU are NOT responsible for visiting clubs' swimmers

SFU facility rules and access:

- a. There are no spectators permitted in the building.
- b. All coaches, officials, volunteers must show proof of vaccination for entry.
- c. Swimmers that are 21 and under are not required to show proof of vaccination.
- d. Participants will access the pool deck and change by entry through the main doors of the pool (entry doors to the pool at the deck level inside of the building).
- e. During the competition all swimmers are to remain in the viewing gallery until it is approaching their time to swim. The pool deck will be limited to the swimmers in the water for their heat + 1 heat behind the blocks. For the health and safety of the volunteers, additional heats of swimmers will be not permitted to the congregate behind or near the starting blocks.
- f. The pool deck is restricted to officials, coaches and swimmers immediately prior to or after their swims.
- g. Each team can have 1 chaperone for every 10 swimmers. The chaperones must be in the team's viewing gallery area and not on the pool deck. The chaperones are to assist with the swimmers being on deck for their swims and returning after. The chaperones are also asked to help keep the team area clean and as dry/safe as possible.

Deck Food: Due to facility regulations, here is **no food on the pool deck**. Swimmers are permitted to eat snacks in the viewing gallery. Coaches, Officials and volunteers are asked to have meals and snacks away from the pool deck. Tim Horton and Starbucks are located in the West Mall Building.

Officials: Each participating club will be required to submit a list of **3** deck officials (Stroke and turn judges, and other deck officials) for each session along with your club's entries. Volunteers/officials will receive complimentary parking.

Coaches' Meeting: There may be a coaches' meeting 10 minutes prior to the session start as required.

Officials' Meeting: There will be an officials' meeting 30 minutes prior to the start of each session.

Awards: There will be awards presented for the top 6 finishers in each event by age group (12&under,13&14, Open).

Parking: Hourly at SFU parkade. **All volunteers on-deck will receive complimentary parking.**

<u>Meet Manager</u>	Cynthia Startup	Email: cynthia.startup@psa.ca
<u>Entries Contract</u>	Dawna McIver	Email: dmciver@gmail.com
<u>Meet Referee</u>	Piero Porreca	Email: porreca@telus.net
<u>Official Director</u>	Patrick Lim	Email: patricklim36@gmail.com

SATURDAY EVENTS		
12 & Under	13 & 14	Open
200m IM 50m Butterfly 200m Breaststroke 100m Backstroke 200m Butterfly 50m Breaststroke 100m Freestyle	200m IM 50m Butterfly 200m Breaststroke 100m Backstroke 200m Butterfly 50m Breaststroke 100m Freestyle	200m IM 50m Butterfly 200m Breaststroke 100m Backstroke 200m Butterfly 50m Breaststroke 100m Freestyle

SUNDAY EVENTS		
12 & Under	13 & 14	Open
200m Freestyle 100m Breaststroke 50 Freestyle 200m Backstroke 100m Butterfly 50m Backstroke 400m Freestyle	200m Freestyle 100m Breaststroke 50 Freestyle 200m Backstroke 100m Butterfly 50m Backstroke 400m Freestyle	200m Freestyle 100m Breaststroke 50 Freestyle 200m Backstroke 100m Butterfly 50m Backstroke 400m Freestyle

**All entries must be submitted on-line by
9:00pm, Friday, November 5, 2021**

Gators/SFU LMR Swim Meet

- Officials Page -

Please pass this page on to your club's director of officials.

Meet Officials:

The number of swimmers entered from each club per session will dictate the number of officials that each club will be expected to bring to the meet for that session.

3 – 5 swimmers	1 stroke and turn official
6 – 10 swimmers	2 stroke and turn officials
11 + swimmers	3 stroke and turn officials

- Or other experienced deck official
- These are minimum requirements only. More help on deck will be appreciated.

The names of the stroke and turn or other deck officials and trainees must be submitted to the official Director by **November 8, 2021**.

All clubs are encouraged to bring their inexperienced stroke and turn judges- those that have attended a clinic but with limited deck experience in actual meets, as this will be an excellent meet to shadow with a more experienced official.

The referee will make stroke and turn assignments during the officials meeting. This meeting will take place 30 minutes prior to the session start at the pool.

Clubs will be assigned lanes for timing according to each club's meet entry load. The lane assignment will be posted on the deck during each session. Please remind your parents that the lanes must be manned through to the end of the meet.

Official Director

Patrick Lim
Email: patricklim36@gmail.com



COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Swim BC swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- **Swim BC recommends that**, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have sufficient lifeguards on deck. There will be no Safety Marshals in place during pre-event training.
- Safety Marshals will not be in place during the competition in warm-up/warm-down pools.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for national events or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.



VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Meet Referee, without warning from their first individual event following the warm-up period in which
- The violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager and should subsequent violations occur the swimmer might be removed by the Referee without warning from their first individual event as noted above.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition by the Meet Referee.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest;
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled;
- Actively monitor all scheduled warm-up periods;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

Judgment, tact and confidence are required and therefore the Safety Marshal should ideally be a more experienced official.

PARA SWIMMER NOTIFICATION:

Coaches are requested to notify Meet Manager, prior to the meet, of any Para swimmers participating in warm-ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.

The following statement must appear in all Swim BC sanctioned meet information and posted notices:

“SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”