

Cascade Swim Club
Long Term Athlete Development Policy

Purpose:

Cascade Swim Club (“Cascade” or the “club”) is committed to providing a safe environment of respect that supports the pursuit of individual and team excellence.

The Cascade Swim Club recognizes that the Long Term Athlete Development (LTAD) policy as put forward by Canadian Sport 4 Life (CS4L) and Swimming Canada allows an individual in the sport of swimming to maximize both their potential in the sport and fulfillment they receive by being a member of the club.

Application:

This policy applies to all members of Cascade and any the pursuit and development of our swimmers.

Responsibility, Guidelines and Procedures:

Cascade has developed its LTAD document (as published annually in its membership package and updated as required) based on the CS4L principles and runs programs that cover all stages of the LTAD. Based on these principles, Cascade will provide programming for all levels of the CS4L LTAD. Cascade will revise the LTAD as put forward by Swimming Canada and CS4L in accordance to its available resources and will review its LTAD on an annual basis to ensure that it is following the CS4L principles and revise as necessary.