**CVAC Swimmer Code of Conduct**

It is the responsibility of each coach to set out specific rules pertaining to his/her pool, coaching methods and attendance policy. Conduct and discipline during workouts are primarily matters between the coach and the swimmer.

All the rules and regulations must be mutually understood and it is the swimmer’s responsibility to act accordingly.

Swimmers are expected to represent CVAC in a positive manner. Swimmers are responsible for treating other CVAC members with respect regardless of gender, place of origin, color, sexual orientation, religion, political belief, economic status or ability.

Swimmers should refrain from criticism of coaches, fellow swimmers, parents and officials to other swimmers, coaches, parents or media.

Swimmers should refrain from inappropriate behaviour at practice or at a meet including, but are not limited to:

* Bullying
* Profanity or offensive language
* Reckless behaviour
* Inappropriate comments
* Exclusion/ignoring of other swimmers
* The use of phones, cameras and other electronic devices are not to be used at any time in the change rooms during practice/ and or at swim meets.

Swimmers should not use tobacco, alcohol or other drugs that affect their physical ability, mood or behaviour, unless prescribed by a physician for medical purposes. CVAC has a zero tolerance level regarding any of the mentioned substances consumed during and around swimming competition.

If you have a concern at any time please contact your coach immediately. If you need more assistance please refer the ethics policy for further direction.

Swimmers should strive for excellence, according to their ability.

Swimmers should respect the achievements of opponents, in all clubs.

Swimmers should be responsible, mature, respectful and supportive of all CVAC swimmers.

CVAC Team clothing is to be worn at all times during swim meets. Caps, T-Shirts and Jackets mandatory. Swimmers are responsible for knowing which events they are in, and making sure they arrive at the marshalling area in time for each of those events. Swimmers must remain with the Team unless they are swimming or warming down, not sitting in the stands or away from the pool deck, as directed by their coach.

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I have read and agree with the CVAC Code of Conduct / Confidentiality Agreement, and understand that failure to comply with the above expectations will result in an incident/discipline report being written and possible disciplinary action being taken.

Parent/Guardian’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Swimmer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Swimmer’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_