



## 2019-20 Training Schedule

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Top Age Group (TAG)	AM		5:15-7:30am		5:15-7:30am		6:45-9:00am
	PM	3:45-6:00pm	4:00-5:00pm	3:45-6:00pm	4:00-5:00pm	3:45-6:00pm	
Developmental Age Group (DAG)	AM			5:45-7:30am			5:45-8:00am
	PM	3:45-5:30pm	4:45-7:00pm		4:45-7:00pm	3:45-5:30pm	
CompDev	AM						5:45-8:00am
	PM	5:15-7:00pm		5:15-7:00pm		5:15-7:00pm	
Junior Age Group (JAG)	AM						7:00-9:00am
	PM	5:30-7:00pm		4:00-5:30pm		5:30-7:00pm	
Novice	AM						
	PM	5:30-7:00pm		5:45-7:00pm		5:30-7:00pm	
Dragons Learn to Compete A	AM						
	PM	4:00-5:00pm		4:00-5:00pm		4:00-5:00pm	
Dragons Learn to Compete B	AM						
	PM	5:00-6:00pm		5:00-6:00pm		5:00-6:00pm	
Dragons Learn to Compete C	AM						
	PM	6:00-7:00pm		6:00-7:00pm		6:00-7:00pm	
Regional	AM						7:30-9:00am
	PM	4:00-5:30pm 6:30-8:00pm	5:30-7:00pm 6:30-8:00pm	5:00-6:30pm 6:30-8:00pm	5:00-6:30pm 6:30-8pm		

\*This schedule is subject to change based on pool/coach time and availability.

January 31, 2020 - Draft - This Schedule may Change pending pool allocation

