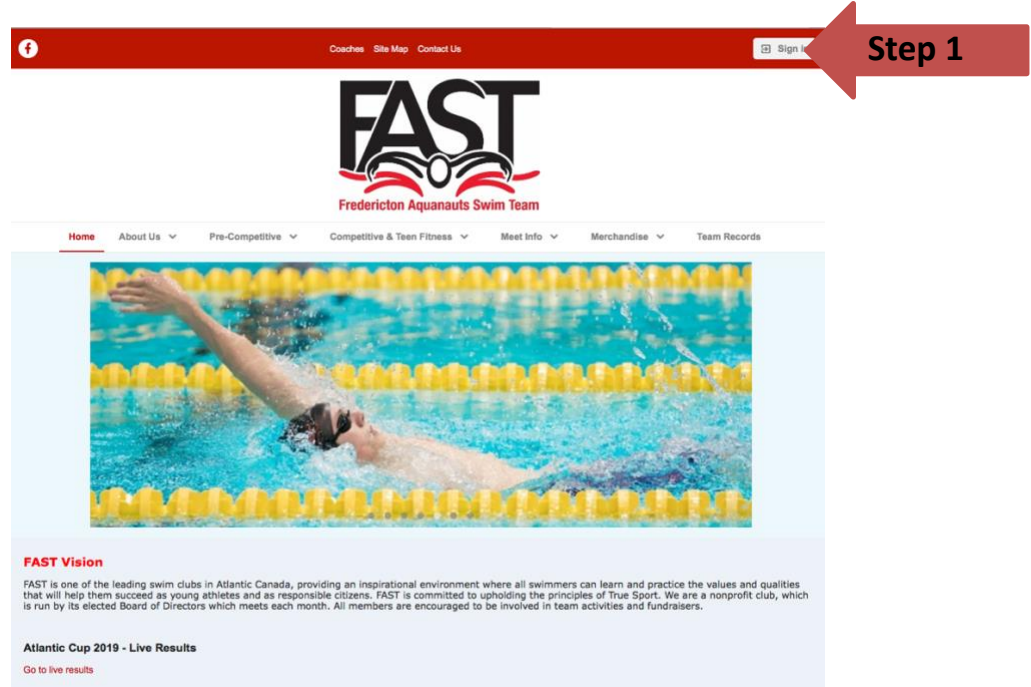


Swim Meet Decline Tutorial

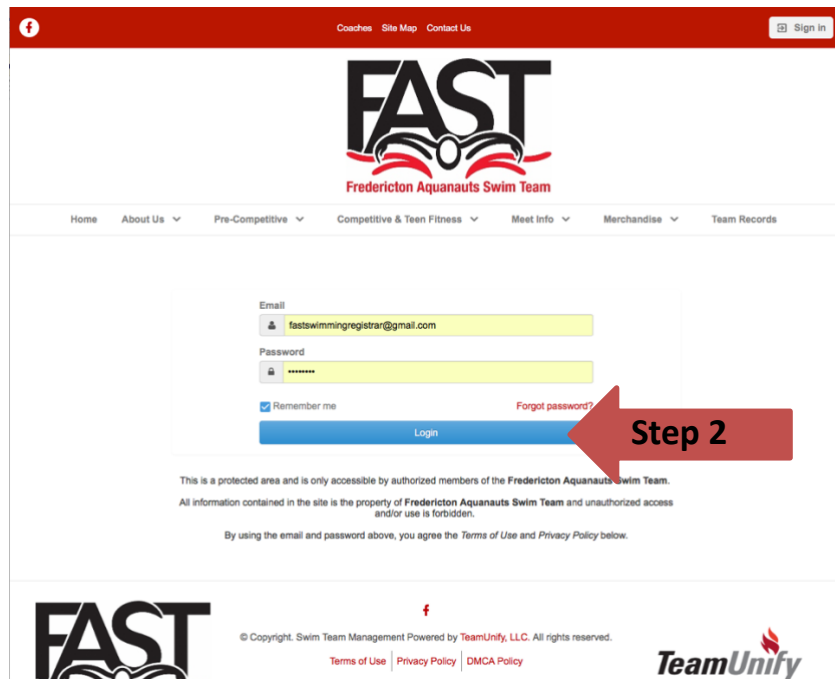
Goto www.swimmingfast.com

Step 1: Sign into your account



The screenshot shows the homepage of the Fredericton Aquanauts Swim Team (FAST). At the top right, there is a 'Sign in' button. A red arrow labeled 'Step 1' points to this button. The page features the FAST logo, a navigation menu, a large image of a swimmer, and a 'FAST Vision' section.

Step 2: Enter your password and Sign in



The screenshot shows the login page of the FAST website. It includes a 'Sign in' button at the top right. The login form has fields for 'Email' (containing 'fastswimmingregistrar@gmail.com') and 'Password' (masked with asterisks). There is a 'Remember me' checkbox and a 'Forgot password?' link. A blue 'Login' button is highlighted with a red arrow labeled 'Step 2'. Below the form, there is a disclaimer: 'This is a protected area and is only accessible by authorized members of the Fredericton Aquanauts Swim Team. All information contained in the site is the property of Fredericton Aquanauts Swim Team and unauthorized access and/or use is forbidden. By using the email and password above, you agree the Terms of Use and Privacy Policy below.'

Step 3: Find the Meet you are not attending

FAST Vision

FAST is one of the leading swim clubs in Atlantic Canada, providing an inspirational environment where all swimmers can learn and practice the values and qualities that will help them succeed as young athletes and as responsible citizens. FAST is committed to upholding the principles of True Sport. We are a nonprofit club, which is run by its elected Board of Directors which meets each month. All members are encouraged to be involved in team activities and fundraisers.

Atlantic Cup 2019 - Live Results

[Go to live results](#)



Registration



About Us



Coaches



Buy FAST Merchandise



Contact Us



Swim Meets and Events

Step 3



[Home](#) [About Us](#) [Pre-Competitive](#) [Competitive & Teen Fitness](#) [Updates](#) [Parent Info](#) [Meet Info](#)
[Merchandise](#) [Team Records](#)

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Team Events [General](#) [Practices](#)

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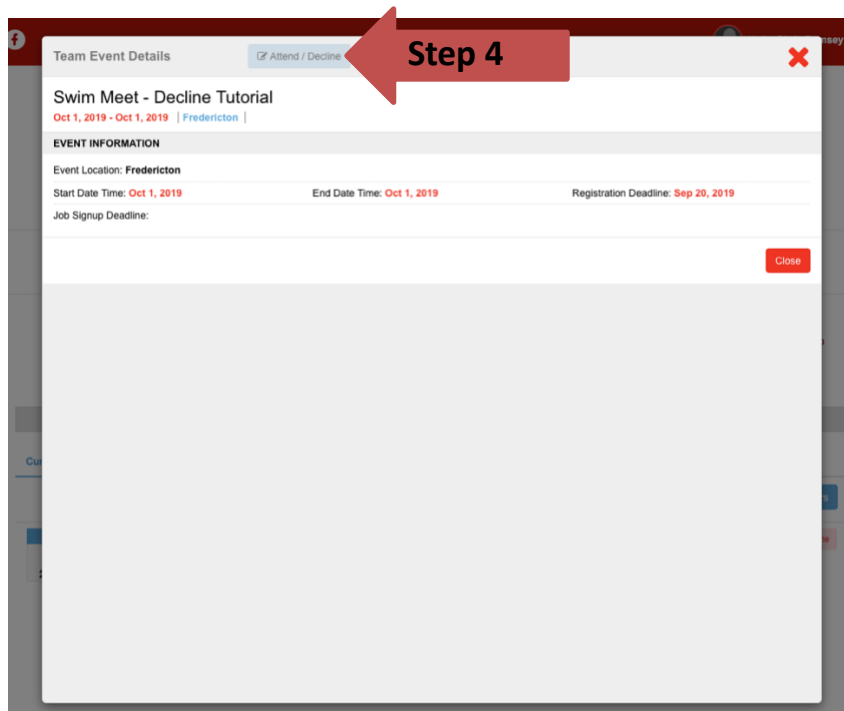
[Customize Filters](#)

Oct 01 2019 **Swim Meet - Decline Tutorial (Hidden)**
Oct 1, 2019 Event Category: Swim Meet

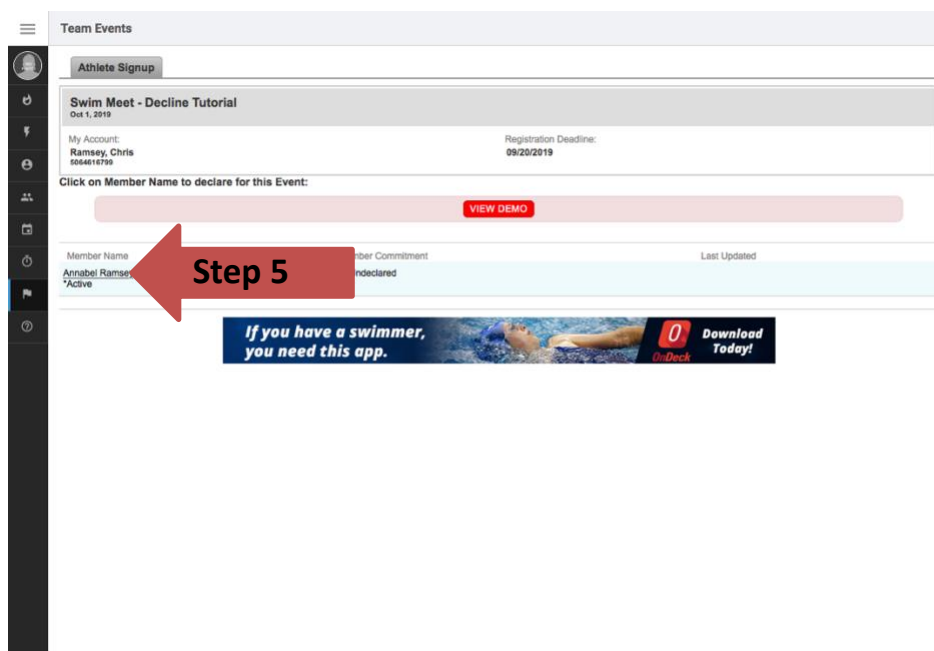
Step 3

[Email Event](#)

Step 4: Click on the “Attend/Decline button”



Step 5: Select the athlete’s name that you wish to decline for the meet. If you have more than one swimmer on the team, there will be more than one name here.



Step 6: Select “No thanks (swimmer name) will NOT attend this meet” from the pull-down menu. There is also a small area where you can put any notes you wish to tell us.

The screenshot shows a web interface for 'Team Events'. The main heading is 'Swim Meet - Decline Tutorial (Oct 1, 2019)'. Below this, the 'Member Athlete' is listed as 'Annabel Ramsey'. Under the 'Declaration' section, a dropdown menu is open, showing three options: a checked '---SELECT---', 'Yes, please sign [Annabel] up for this event', and 'No, thanks, [Annabel] will NOT attend this event'. A red arrow labeled 'Step 6' points to the third option. Below the dropdown is a text input field for 'Notes (days cannot attend, etc.)'. A 'Save Changes' button is located at the bottom right of the form.

Step 7: When finished, click “Save Changes”

This screenshot shows the same form as the previous one, but the dropdown menu is now closed. The 'Declaration' section shows the selected option: 'No, thanks, [Annabel] will NOT attend this event'. The 'Notes' field is empty. A red arrow labeled 'Step 7' points to the 'Save Changes' button at the bottom right of the form.

Step 8: Check to ensure your swimmer has declined. You're done!

Team Events

Athlete Signup

Swim Meet - Decline Tutorial

Oct 1, 2019


My Account:
Ramsey, Chris
5064616799

Registration Deadline:
09/20/2019

Click on Member Name to declare for this Event:

[VIEW DEMO](#)

Member Name	Member Commitment	Last Updated
Annabel Ramsey *Active	Declined	08/27/19 1:41 AM

If you have a swimmer, you need this app.  **Download Today!**