

## Equipment

### *Team Uniform Policy*

It is mandatory during all swim meets for swimmers to wear a team shirt and swim cap while on deck.

Team Gear to be worn at all swim meets

1. Inconnu Cap with logo
2. Goggles
3. Team T-Shirt (green or black)

### *Performance suits*

Performance suits may be worn at the discretion of the swimmer and their parent at any meet. Performance suits are not recommended for swimmers under the age of 12. If you are unsure of what type of suit is appropriate for your swimmer and their level or when they should wear a performance suit, please talk to your coach.

### *Equipment*

The following is a recommendation only from the coaches, and these items are what is used on an ongoing basis throughout the year. The club does have some of this equipment for swimmers to use. However, many swimmers prefer their own for hygiene purposes (i.e. the snorkel) and proper fit. For those that do decide to purchase their own, it is recommended to label all equipment with the athlete's name.

The club has swim suits/shorts, latex and silicone black and green goggles for purchase. Also, there are specialized swim caps that have the athlete's last name on which are ordered at the beginning of the year.

### *List of equipment based on athlete group level*

#### **Novice A/B**

- Finis swimmer snorkel (junior size), optional as the club does have some

#### **Junior A/B**

- \*Arena tech pro fins
- Finis swimmer snorkel (senior size)

#### **Intermediate**

- \*Arena tech pro fins
- Finis swimmer snorkel (senior size)

#### **Senior**

- Finis swimmer snorkel (senior size)



The senior coach has also suggested that male athletes wear briefs and women athletes purchase a two piece to wear in training sessions. This is not required, but only a suggestion. Team aquatics carries a

variety of option available; other companies and websites have options to suit the athlete's favourite colour and character.

### National

- \*Arena tech pro fins
- Finis swimmer snorkel (senior size)
- Speedo I.M tech paddle or Finis agility paddle
- Speedo pull buoy



Also, it is recommended that each athlete purchase a Mesh Bag to hold all their equipment.

**\*Note on fin order-** Athletes should order a size smaller than their shoe size as feedback from athletes that have obtained the fins already have found the toe box to be wide. This type of swim fin replicates normal kicking rhythm without the stress on the ankle as well as reduces feet from blistering.

### *How to Order/Purchase Equipment*

Feel free to purchase your equipment at any retailer you would like, however, if you use the discount code at the Team Aquatics website, it will provide you with a discount (15%) off the regular prices shown. You will be charged shipping. The discount code is: INC123. This code can also be used by family and friends as all the orders associated with this code will give Inconnu a small kickback in sales.

Personalized items (swim caps and green team shirts) will be ordered early in the season in coordination with the equipment manager.

To purchase in stock items (goggles, team suits, team caps, a limited selection of team shirts), you may contact the equipment manager during regular business hours (9-5), **Alexa Rogers** by phone 250-794-7137 or email at [alexarogers82@hotmail.com](mailto:alexarogers82@hotmail.com) and arrange to meet at the pool where the stock is stored. Your team unify account will be charged. If you are not able to contact the equipment manager, contact your group representative with your questions and he/she will forward them and help you to connect with the equipment manager.