 **Amanda Reason**

**Invitational**

**May 4-6 2018**

DATE(S): May 4-6 2018

HOSTED BY: Windsor Essex Swim Team Western Region

LOCATION: Windsor International Aquatic and Training Center (WIATC)

411 Pitt St, Windsor, Ontario N9A 0B2

FACILITY: 10 lane pool with 3 m bulkhead dividing 50 m competition pool from warm-down pool Continuous warm-up and warm-down in 6 x 25 m lanes

Omega Quantum Electronic timing and LED display scoreboards

Touch pads at both ends and non-turbulent lane markers

PURPOSE: Provide an opportunity to compete in a long course invitational at the WIATC

MEET PACKAGE: The only meet package which will be considered as valid must be the most current version found on [www.swimming.ca](http://www.swimming.ca)

COMPETITION

COORDINATOR: Dave Denyer Level V Email: davedenyer@sympatico.ca

MEET MANAGER: Dina Ozols Level IV Email: dozols1@gmail.com

OFFICIALS: Julia Bujak Email zukchem@gmail.com

DESCRIPTION: Long course meters competition with preliminary heats and finals for 13 and over except 400, 800 and 1500 free, 400 IM and relays which will be timed finals

A final for 200 m events A and B finals for 50 and 100 m events for more than 40 entries

Timed finals for 12 & under age group

COMPETITION RULES: Sanctioned by Swim Ontario.  
All current Swimming/Natation Canada (SNC) rules will be followed.

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE.](https://www.swimming.ca/en/resources/officiating/event-resources/competition-warm-up-safety-procedures/)

For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed [HERE](http://swimontario.com/uploads/Officials/Resources/SNC_Swimwear_Interpretation_2017.pdf). Advanced notification or for clarification of interpretation please see the Competition Coordinator.

AGE UP DATE: Ages submitted are to be as of May 4 2018

MIXED-GENDER: The host seeks an exemption from the requirement to swim events in gender separated events for the 800 m and 1500 m freestyle, on the following basis:

Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.

In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

ELIGIBILITY: All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry

This is an invitational meet. Participation of this meet is at the full discretion of the host club.

Meet Management reserves the right to further limit individual swims to 3 per session and to limit heats if necessary to keep session times to within 4.5 hours. Meet management reserves the right to run sessions in chase format with double-ended starts and swim 2 per lane for the 400 m freestyle.

Foreign competitors are welcome, subject to the provisions below.

Para swimmers are welcome

**FOREIGN**

**COMPETITORS**: All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver’s license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](http://www.swimontario.com/uploads/Clubs/Club%20Operations/Forms/2015-2016/ProofofResidence.pdf) to Swim Ontario no later than 7 days prior to start of competition.

**Clubs from outside Canada need to provide a Proof of Insurance certificate from their swim association. The Proof of residence form (enclosed below) needs to be completed to include each coach and swimmer attending the meet. Proof of Insurance and the Proof of Residence form should be sent to the meet manager at** [**dozols1@gmail.com**](mailto:dozols1@gmail.com) **by April 25 2018.**

ENTRY FEE: Individual Events $10 (Deck entry $15)

Relays Events: $15 (Deck entry $20)

Swimmer Meet Entry Fee: $ 5

Make cheques payable to: **WEST Meets**

ENTRIES: Entries must be submitted through the SNC online entries system at [www.swimming.ca](http://www.swimming.ca) . Meet Management will not accept entries via email.

**Entry Deadline: April 22 2018**

NT entries are not permitted

CONVERSION: Entry times should be converted to LC

Submit converted times using Hy-tek default conversion factor

SCHEDULE OF SESSIONS - meet manager may adjust session times as needed

| Session | Date | Prelim/Finals | Warm Up | Start | Finish | Estimated Duration |
| --- | --- | --- | --- | --- | --- | --- |
| 1 | May 4 | Finals | 11:00-11:50 am | 12:00 noon | 3:30 pm | 3.5 h |
| 2 | May 4 | Prelim/Final | 3:30-4:20 pm | 4:30 pm | 9:00 pm | 4.5h |
| 3 | May 5 | Prelim | 7:00-7:50 am | 8:00 am | 12:15 pm | 4 .25 h |
| 4 | May 5 | Finals | 12:15-01:05 pm | 1:15 pm | 4:45 pm | 3.5 h |
| 5 | May 5 | Finals | 5:00-5:50 pm | 6:00 pm | 8:00 pm | 2 h |
| 6 | May 6 | Prelim | 7:00-7:40 am | 7:45 am | 12:00 noon | 4 h |
| 7 | May 6 | Finals | 12:00-12:40 pm | 12:45 pm | 4:30 pm | 4 h |
| 8 | May 6 | Finals | 4:30-5:20 pm | 5:30 pm | 8:00 pm | 2.5 h |

SCHEDULE OF EVENTS: See event list

COACH’S

REGISTRATION: Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](http://www.swimontario.com/page.php?id=2748).  If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet.  Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

COACH’S INFORMATION PACKAGE: Pick up at the timing office off the pool deck

SEEDING: All entry times will be converted by club and/or host using the the default conversions factor in Hytek Meet Manager and seeded accordingly

Meet Management may combine age groups and events if time requires

12 and under will be timed finals in combined age groups split into 10 & under, 11 and 12 for awards

13 and over preliminaries will be swum together and separated into 13, 14, 15 & over for finals

There will be an A final for 13, 14, 15 and over There will be a B final for 50 and 100 m events with more than 40 entries

Relays will be timed finals

**Relay ages**: 10 and under, 11-12, 13-14, 15 and over. 2 swimmers may move up from a lower age category to complete a relay

Freeestyle events 400 m and longer may be swum 2 per lane if needed

800 and 1500 m free will be open age group. There will be two heats of 800 m one male one female swimming in finals with the 10 fastest of each gender. There will be one mixed heat of 1500 m free swimming in finals with the 5 fastest male and 5 fastest female swimmers.

400, 800 and 1500 m free and 400 IM may have limited numbers of heats depending on session length. Heats of male and female swimmers may be combined to ensure proper session length

TIME SPLITS: The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee or meet management on the “Official Split Request” form prior to the race. The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays. However, in the new 'mixed gender' relays, lead-off times/splits are not considered “official splits' as per international practice.

Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

DECK ENTRIES: Deck Entries are Exhibition Only. They are not eligible for scoring or awards.

Deck entries will be accepted for empty lanes only (no new heats will be created).

Swimmers entered on deck must have a registration number as an active, registered, competitive swimmer. Date of birth must be provided

Deck entry fee: $ 15 (individual) $20 (relay) paid at time of deck entry

Swimmer Fee: $ 5 if not already registered for the meet

CHECK IN

AND SCRATCHES: Positive check in for 400 IM, 400 free, 800 free, 1500 free

Scratches for preliminaries are before the start of warm up of the session

Deadline for scratches for finals are 30 minutes following the completion of the morning session

SCORING: No Scoring

AWARDS: Medals for 1st to 3rd for individual events

Ribbons for 4th to 10th for individual events

Ribbons for 1st to 3th for relays

Age categories for individual awards: 10 & under, 11,12,13,14, 15 & over

Age categories for relay awards: 10 & under, 11-12, 13-14, 15 & over

Age category for 800 m and 1500 m freestyle is open

MEET RESULTS: Official Results will be posted within 48 hours of completion of the meet to [www.swimming.ca](http://www.swimming.ca)

The meet will be run on Hy-Tek Meet Manager

Results will be posted as quickly as possible at the meet

Live Results / Meet Mobile will be available

RECORDING

OF EVENT: Only individuals that have made application and received authorization to record the event in any manner, in any medium or context now known or hereafter developed shall be granted access and permission to do so. Please contact Meet Management for application and authorization.

SAFETY &

LIABILITY: Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

**Event List**

Meet manager may limit heats in 400, 800 and 1500 m freestyle and 400 IM depending on session length

**Relay ages**: 10 and under, 11-12, 13-14, 15 and over. 2 swimmers may move up from a lower age category to complete a relay

**Session 1 Friday May 4 All ages Warm-up 11-11:50 am Start 12 noon**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Women** |  | **Event** |  |  | **Men** |
| 1 | Open | 800 Free | Finals | Open | 2 |
| 3 | Open | 1500 Free | Finals | Open | 4 |
| 5 | 12 & under | 400 IM | Finals | 12 & under | 6 |
| 7 | 13 & over | 400 IM | Finals | 13 & over | 8 |

**Session 2 Friday May 4 All ages Warm-up 3:30-4:20 Start 4:30 pm**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Women** |  | **Event** |  |  | **Men** |
| 9 | 12 & under | 200 Free | Finals | 12 & under | 10 |
| 11 | 13 & over | 200 Free | Prelims | 13 & over | 12 |
| 13 | 12 & under | 50 back | Finals | 12 & under | 14 |
| 15 | 13 & over | 50 back | Prelims | 13 & over | 16 |
| 17 | 12 & under | 50 breast | Finals | 12 & under | 18 |
| 19 | 13 & over | 50 breast | Prelims | 13 & over | 20 |
| 21 | 12 & under | 50 fly | Finals | 12 & under | 22 |
| 23 | 13 & over | 50 fly | Prelims | 13 & over | 24 |

**Session 3 Saturday May 5 13 & over Warm-up 7:00-7:50 am Start 8:00 am**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Women** |  | **Event** |  |  | **Men** |
| 25 | 13 & over | 200 Breast | Prelims | 13 & over | 26 |
| 27 |  | 50 Free | Prelims |  | 28 |
| 29 |  | 200 Back | Prelims |  | 30 |
| 31 |  | 100 Fly | Prelims |  | 32 |
| 33 |  | 400 Free | Finals |  | 34 |
| 35 |  | 200 Medley Relay | Finals |  | 36 |

**Session 4 Saturday May 5 12 & under Warm-up 12:15-1:05 pm Start 1:15 pm**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Women** |  | **Event** |  |  | **Men** |
| 37 | 12 & under | 200 Breast | Finals | 12 & under | 38 |
| 39 |  | 50 Free | Finals |  | 40 |
| 41 |  | 200 Back | Finals |  | 42 |
| 43 |  | 100 Fly | Finals |  | 44 |
| 45 |  | 400 Free | Finals |  | 46 |
| 47 |  | 200 Medley Relay | Finals |  | 48 |

**Session 5 Saturday May 5 Finals Warm-up 5:00-5:50 pm Start 6:00 pm**

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| --- | --- | --- | --- | --- | --- |
| **Women** |  |  | **Event** |  | **Men** |
| 3 | Mixed Open | **1500 free (one heat)** | Finals | Mixed Open | 4 |
| 25 | 13, 14, 15 & over | 200 breast | Finals | 13, 14, 15 & over | 26 |
| 27 | 13, 14, 15 & over | 50 free | Finals | 13, 14, 15 & over | 28 |
| 29 | 13, 14, 15 & over | 200 back | Finals | 13, 14, 15 & over | 30 |
| 19 | 13, 14, 15 & over | 50 breast | Finals | 13, 14, 15 & over | 20 |
| 31 | 13, 14, 15 & over | 100 fly | Finals | 13, 14, 15 & over | 32 |
| 11 | 13, 14, 15 & over | 200 free | Finals | 13, 14, 15 & over | 12 |

**Session 6 Sunday May 6 13 & over Warm-up 7:00-7:40 am Start 7:45 am**

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| --- | --- | --- | --- | --- | --- |
| **Women** |  | **Event** |  |  | **Men** |
| 49 | 13 & over | 100 Breast | Prelims | 13 & over | 50 |
| 51 |  | 200 Fly | Prelims |  | 52 |
| 53 |  | 100 Free | Prelims |  | 54 |
| 55 |  | 200 IM | Prelims |  | 56 |
| 57 |  | 100 Back | Prelims |  | 58 |
| 59 |  | 200 Free Relay | Finals |  | 60 |

**Session 7 Sunday May 6 12 & Under Warm-up 12:00-12:40 pm Start 12:45 pm**

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| --- | --- | --- | --- | --- | --- |
| **Women** |  | **Event** |  |  | **Men** |
| 61 | 12 & under | 100 Breast | Finals | 12 & under | 62 |
| 63 |  | 200 Fly | Finals |  | 64 |
| 65 |  | 100 Free | Finals |  | 66 |
| 67 |  | 200 IM | Finals |  | 68 |
| 69 |  | 100 Back | Finals |  | 70 |
| 71 |  | 200 Free Relay | Finals |  | 72 |

**Session 8 Sunday May 6 Finals Warm-up 4:30-5:20 pm Start 5:30 pm**

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| --- | --- | --- | --- | --- | --- |
| **Women** |  |  | **Event** |  | **Men** |
| 1 | Open | **800 Free (2 heats)** | Finals | Open | 2 |
| 49 | 13, 14, 15 & over | 100 Breast | Finals | 13, 14, 15 & over | 50 |
| 15 | 13, 14, 15 & over | 50 Back | Finals | 13, 14, 15 & over | 16 |
| 51 | 13, 14, 15 & over | 200 Fly | Finals | 13, 14, 15 & over | 52 |
| 53 | 13, 14, 15 & over | 100 free | Finals | 13, 14, 15 & over | 54 |
| 55 | 13, 14, 15 & over | 200 IM | Finals | 13, 14, 15 & over | 56 |
| 57 | 13, 14, 15 & over | 100 Back | Finals | 13, 14, 15 & over | 58 |
| 23 | 13, 14, 15 & over | 50 Fly | Finals | 13, 14, 15 & over | 24 |



**PROOF OF RESIDENCE AND REGISTRATION STATUS**

**FOR ALL NON-SNC REGISTERED COACHES AND ATHLETES AT SWIM ONTARIO SANCTIONED COMPETITIONS**

Non-Swim Ontario/SNC registered athletes or coaches must prove the following

1. Registration with a FINA affiliated governing body (ie. USA Swimming)

2. Date of Birth

3. Proof of Registration – Registration #

4. Proof of Club Liability Insurance for a minimum of $2,000,000

5. Residency within country of the governing body by providing one of the following:

a) Student ID

b) Driver’s License

c) Green Card or passport

d) other documentation as accepted by Swim Ontario

**Club must attach proof of insurance – (ie. Insurance certificate) as well as copies of each athletes proof of residency (see above accepted documents)**

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| --- | --- | --- | --- | --- | --- |
| **GOVERNING**  **BODY** | **CLUB NAME** | **SWIMMER**  **COACH**  **NAME** | **ATHLETE DATE OF BIRTH Day/month/year** | **REGISTRATION NUMBER** | **PROOF OF RESIDENCY** |
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Please attach separate list if required. I certify that the above information is accurate.

(Print Name) Participating Club Representative (Signature) Participating Club Representative

**Host Club Administration**

(Print Name) Host Meet Manager (Signature) Host Meet Manager

**Note: Meet Manager must submit to Swim Ontario no later than 7 days prior to the competition.**

**HOTELS**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Comfort Inn | $140.00 | 10 | 10 | 10 | 10 | One Queen |
| Stephanie Middleton | $140.00 | 30 | 30 | 30 | 30 | Two Queens |
| [stephanie@sunraygroup.ca](mailto:stephanie@sunraygroup.ca) |  |  |  |  |  |  |
| 226-280-4765 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Comfort Inn & Suites | $140.00 | 10 | 10 | 10 | 10 | One Queen |
| Stephanie Middleton | $140.00 | 20 | 20 | 20 | 20 | Two Queens |
| [stephanie@sunraygroup.ca](mailto:stephanie@sunraygroup.ca) |  |  |  |  |  |  |
| 226-280-4765 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Comfort Suites | $140.00 | 15 | 15 | 15 | 15 | Two Queens |
| Stephanie Middleton |  |  |  |  |  |  |
| [stephanie@sunraygroup.ca](mailto:stephanie@sunraygroup.ca) |  |  |  |  |  |  |
| 226-280-4765 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Hampton Inn & Suites | $149.00 | 5 | 15 | 15 | 5 | One King |
| Gail Major | $155.00 | 10 | 20 | 20 | 5 | Two Queens |
| [gail.major2@hilton.com](mailto:gail.major2@hilton.com) |  |  |  |  |  |  |
| (519) 976-2003 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Holiday Inn & Suites Ambassador Bridge | $149.00 | 40 | 40 | 40 | 40 | Two Queens |
| Kim McDonald | $159.00 | 10 | 10 | 10 | 10 | King Suite |
| [kim.mcdonald@whg.com](mailto:kim.mcdonald@whg.com) |  |  |  |  |  |  |
| (519) 966-3274 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Holiday Inn Downtown (to be rebranded) | $149.00 | 40 | 40 | 40 | 20 | Two Doubles |
| Luisa Moro |  |  |  |  |  |  |
| [luisa.moro@sunraygroup.ca](mailto:luisa.moro@sunraygroup.ca) |  |  |  |  |  |  |
| (519) 256-4656 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Holiday Inn Express Downtown | $150.00 | 20 | 50 | 50 | 15 | Two Queens |
| Heather Nantau |  |  |  |  |  |  |
| [Sales@windsor-downtown.com](mailto:Sales@windsor-downtown.com) |  |  |  |  |  |  |
| (519) 258-7774 Ext. 7100 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Quality Inn & Suites | $140.00 | 22 | 22 | 22 | 22 | One King |
| Rashmi Juneja | $140.00 | 79 | 79 | 79 | 79 | Two Queens |
| 519-258-8411 |  |  |  |  |  |  |
| [sales@qualityinnwindsor.com](mailto:sales@qualityinnwindsor.com) |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Towneplace Suites by Marriott | $159.00 | 5 | 5 | 5 | 5 | One King |
| Paula Beach | $169.00 | 15 | 15 | 15 | 15 | Two Queens |
| [paula@sunraygroup.ca](mailto:paula@sunraygroup.ca) |  |  |  |  |  |  |
| 519-564-9833 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |