

50m Freestyle			
Rank	Name	Time	Year
1	RATHWELL, Regan	27.40	2017
2	LACHAPELLE, Edith	27.44	1989
3	FRIEND, Jill	28.56	1992
4	BENSEBAA, Leticia	28.74	2017
5	ARES, Chantal	28.81	1996
6	CHARAPOVA, Katya	28.96	2019
7	WEISS-REID, Beatrice	28.99	2018
8	HATT, Stephanie	29.07	1996
9	PHEE, Sarah	29.10	2001
10	SNYDER, Cassia	29.25	2014
11	CONGDON, Rae	29.31	2007
11	EL DANASOURY, Laila	29.31	2016
11	XU, ELLA	29.31	2019
13	PARTRIDGE, Viviane	29.35	2019
15	CHARAPOVA, Kira	29.39	2021

100m Freestyle			
Rank	Name	Time	Year
1	LACHAPELLE, Edith	59.23	1989
2	BENSEBAA, Leticia	1:01.00	2017
3	CHARAPOVA, Kira	1:01.86	2021
4	CONGDON, Rae	1:02.04	2007
5	PHEE, Sarah	1:02.00	2001
6	RATHWELL, Regan	1:02.25	2016
7	HATT, Stephanie	1:02.73	1996
8	CHARAPOVA, Katya	1:02.95	2019
9	ARES, Chantal	1:03.08	1996
9	HOWE, Olivia	1:02.86	2018
11	WEISS-REID, Beatrice	1:03.30	2018
12	EL DANASOURY, Laila	1:03.36	2016
12	BELL, Shannon	1:03.44	1987
14	FRIEND, Jill	1:03.54	1992
15	BARAN, Tatiana	1:03.54	1989

200m Freestyle			
Rank	Name	Time	Year
1	LACHAPELLE, Edith	2:09.15	1989
2	RATHWELL, Regan	2:11.31	2017
3	BENSEBAA, Leticia	2:12.14	2017
4	HATT, Stephanie	2:12.87	1996
5	CONGDON, Rae	2:13.84	2007
6	BENSEBAA, Leticia	2:15.30	2017
6	ARES, Chantal	2:15.30	1996
8	CHARAPOVA, Kira	2:15.44	2021
9	WEISS-REID, Beatrice	2:16.17	2018
10	ZARINS, Stephanie	2:16.54	1993
11	MCQUEEN, Shannon	2:17.33	2000
12	BARAN, Tatiana	2:17.94	1989
13	PHEE, Sarah	2:17.95	2001
14	BELL, Shannon	2:18.00	1987
15	ARNOTT, Neeley	2:18.54	2008

400m Freestyle			
Rank	Name	Time	Year
1	RATHWELL, Regan	4:36.45	2017
2	HATT, Stephanie	4:36.96	1996
3	GRAVELLE, Julie	4:39.54	1992
4	CONGDON, Rae	4:41.65	2007
5	ZARINS, Stephanie	4:43.94	1993
6	BENSEBAA, Leticia	4:46.24	2017
7	MCQUEEN, Shannon	4:46.35	2000
8	WEISS-REID, Beatrice	4:48.76	2018
9	SOLOSKI, Rachel	4:48.86	1999
10	MIGICOVSKY, Rachel	4:49.60	1998
11	BARAN, Tatiana	4:51.16	1989
12	ADAMS, Erin	4:51.60	1990
13	PALMER, Heather	4:51.70	1997
14	BELL, Shannon	4:51.80	1987
15	ARNOTT, Neeley	4:52.50	2008

800m Freestyle			
Rank	Name	Time	Year
1	GRAVELLE, Julie	9:32.94	1992
2	ARES, Chantal	9:35.08	1996
3	HATT, Stephanie	9:35.73	1996
4	RATHWELL, Regan	9:40.22	2017
5	ZARINS, Stephanie	9:40.86	1993
6	MCQUEEN, Shannon	9:45.22	2000
7	MIGICOVSKY, Rachel	9:48.00	1998
8	CONGDON, Rae	9:51.96	2007
9	BENSEBAA, Leticia	9:52.97	2017
10	WEISS-REID, Beatrice	9:54.38	2018
11	PALMER, Heather	9:55.45	1997
12	FOWLER, Kristin	9:57.19	1986
13	SOLOSKI, Lauren	9:57.48	1997
14	BELL, Shannon	9:57.49	1987
15	ARNOTT, Neeley	10:00.62	2008

1500m Freestyle			
Rank	Name	Time	Year
1	ARNOTT, Neeley	18:50.11	2008
2	O'NEILL, Charlotte	19:50.42	2006
3	CONGDON, Rae	19:59.87	2006
4	BOAL, Emma	20:03.15	2009
5	ARNOTT, Hallie	20:07.72	2008
6	LOGAN, Hannah	20:47.83	2006
7	WORKMAN, Sydney	21:22.49	2009
8	RUDNICKI, Erika	22:50.77	2006
9			
10			
11			
12			
13			
14			
15			

50m Backstroke			
Rank	Name	Time	Year
1	RATHWELL, Regan	30.81	2017
2	HEWTON, Shaylyn	32.59	2012
2	LADD, Mia Catelyn	32.59	2018
4	CHARAPOVA, Katya	32.81	2020
5	BENSEBAA, Leticia	33.09	2017
6	CHARAPOVA, Kira	33.36	2021
7	KULIK, Barbara	33.57	2014
8	CORRIVEAU, Emmalina	33.91	2003
9	HOLLO, Annika	34.04	2020
10	ZOU, Lillian	34.05	2020
11	ELLIS, Naomi	34.34	2006
12	WOODS, Kelly	34.37	2007
13	SMITH, Nora	34.47	2012
14	ARNOTT, Neeley	34.49	2008
15	THOMAS, Mikayla	34.51	2008

100m Backstroke			
Rank	Name	Time	Year
1	HEWTON, Shaylyn	1:08.85	2012
2	RATHWELL, Regan	1:09.67	2016
3	LACHAPELLE, Edith	1:10.05	1989
4	BENSEBAA, Leticia	1:10.18	2018
5	FRIEND, Jill	1:10.64	1992
6	CHARAPOVA, Katya	1:11.21	2020
7	ZOU, Lillian	1:11.44	2019
7	LADD, Mia Catelyn	1:11.70	2019
9	CORRIVEAU, Emmalina	1:11.80	2004
10	CHARAPOVA, Kira	1:11.88	2021
11	PITTMAN, Kaitlyn	1:11.84	2001
12	MCQUEEN, Shannon	1:12.25	2000
13	SNYDER, Cassia	1:12.26	2014
14	ARNOTT, Neeley	1:12.37	2008
15	HOLLO, Annika	1:12.93	2020

200m Backstroke			
Rank	Name	Time	Year
1	RATHWELL, Regan	2:23.90	2017
2	HEWTON, Shaylyn	2:25.83	2012
3	BENSEBAA, Leticia	2:28.67	2017
4	ZARINS, Stephanie	2:29.25	1993
5	LACHAPELLE, Edith	2:30.02	1989
6	CHARAPOVA, Katya	2:30.46	2020
7	ARNOTT, Neeley	2:32.34	2008
8	FRIEND, Jill	2:32.54	1992
9	MCQUEEN, Shannon	2:34.06	1999
10	ARES, Chantal	2:34.07	1996
11	ZOU, Lillian	2:34.44	2020
12	ELLIS, Naomi	2:34.96	2006
13	BELL, Shannon	2:35.11	1987
14	MULLOWNEY, Maeve	2:35.42	2020
15	WOODS, Kelly	2:35.56	2007

50m Breaststroke			
Rank	Name	Time	Year
1	RATHWELL, Regan	35.12	2016
2	WHITEHEAD, Kayla	36.80	2013
3	BOUCHARD, Tea	37.01	2020
4	HEWTON, Shaylyn	37.43	2012
5	BENSEBAA, Leticia	37.76	2018
6	QIN, Sophie	37.82	2020
7	CORRIVEAU, Mieke	38.94	2004
8	BURR, Maggie-Mae	39.30	2015
9	ELLIS, Naomi	39.37	2005
10	HOLLO, Annika	39.42	2020
11	BOUAZIZ, Dalia	39.61	2019
12	ARNOTT, Hallie	40.00	2007
13	CHARAPOVA, Kira	40.03	2021
14	BAUMANN, Tabitha	40.04	2008
15	CHARAPOVA, Katya	40.06	2020

100m Breaststroke			
Rank	Name	Time	Year
1	RATHWELL, Regan	1:15.66	2017
2	ZARINS, Stephanie	1:18.76	1993
3	BELAND, Danielle	1:20.09	1997
4	WHITEHEAD, Kayla	1:20.18	2014
5	MIGICOVSKY, Rachel	1:20.31	1998
6	THORPE, Leanne	1:21.28	1986
7	GESPACHER, Rosemarie	1:21.82	1989
8	PARSONS, Sara	1:22.22	1987
9	BENSEBAA, Leticia	1:22.40	2017
10	SALVADOR, Roselyn	1:22.88	1986
11	BELISLE-LECLERC, Tania	1:23.26	1990
12	ARNOTT, Hallie	1:23.40	2008
13	QIN, Sophie	1:23.47	2020
14	MACMILLAN, Alichia	1:23.92	1987
15	WIJESEKERA, Kusum	1:23.94	1995

200m Breaststroke			
Rank	Name	Time	Year
1	RATHWELL, Regan	2:40.43	2017
2	ZARINS, Stephanie	2:47.80	1993
3	THORPE, Leanne	2:50.10	1986
4	BENSEBAA, Leticia	2:50.65	2017
5	BELAND, Danielle	2:51.46	1997
6	MIGICOVSKY, Rachel	2:53.90	1998
7	WHITEHEAD, Kayla	2:54.64	2013
8	ARNOTT, Hallie	2:55.51	2008
9	ELLIS, Naomi	2:55.56	2005
10	WIJESEKERA, Kusum	2:55.70	1995
11	QIN, Sophie	2:56.05	2020
12	BELISLE-LECLERC, Tania	2:56.10	1990
13	PARSONS, Sara	2:56.85	1987
14	CORRIVEAU, Mieke	2:58.56	2005
15	GESPACHER, Rosemarie	2:58.76	1989

50m Butterfly			
Rank	Name	Time	Year
1	RATHWELL, Regan	30.46	2017
2	BENSEBAA, Leticia	30.85	2017
3	SNYDER, Cassia	31.60	2014
4	CHARAPOVA, Katya	31.69	2019
5	CHARAPOVA, Kira	32.01	2021
6	PARTRIDGE, Viviane	32.03	2019
7	HARDIE, Isla	32.18	2020
8	YUAN, Emily	32.31	2017
9	WHITEHEAD, Kayla	32.56	2014
10	CONGDON, Rae	32.82	2007
11	EL DANASOURY, Laila	32.96	2015
12	KULIK, Barbara	33.09	2014
13	BURKE, Charlotte	33.23	2014
14	SMITH, Nora	33.31	2013
15	WEISS-REID, Beatrice	33.32	2017

100m Butterfly			
Rank	Name	Time	Year
1	RATHWELL, Regan	1:06.56	2017
2	LACHAPELLE, Edith	1:07.14	1989
3	BELAND, Danielle	1:07.80	1997
4	KIMBER, Kathryn	1:08.53	1988
5	BENSEBAA, Leticia	1:08.54	2017
6	SEWELL, Susan	1:09.00	1988
7	SEWELL, Karen	1:09.99	1986
8	CHARAPOVA, Katya	1:10.48	2019
9	GRAVELLE, Julie	1:10.91	1992
10	GALBRAITH, Hayley	1:10.93	2018
11	HARDIE, Isla	1:11.26	2020
12	HAYLEY, Courtney	1:11.33	1991
13	SNYDER, Cassia	1:11.42	2014
14	WHITEHEAD, Kayla	1:11.45	2014
15	YUAN, Emily	1:11.66	2018

200m Butterfly			
Rank	Name	Time	Year
1	LACHAPELLE, Edith	2:28.11	1989
2	KIMBER, Kathryn	2:38.58	1988
3	SEWELL, Karen	2:29.12	1986
4	BELAND, Danielle	2:31.08	1997
5	BENSEBAA, Leticia	2:31.64	2017
5	SEWELL, Susan	2:31.64	1988
7	GRAVELLE, Julie	2:33.88	1992
8	BENSEBAA, Leticia	2:34.78	2017
9	MACMILLAN, Alichia	2:36.22	1987
10	THORPE, Leanne	2:38.25	1986
11	ZARINS, Stephanie	2:38.31	1993
12	HATT, Stephanie	2:38.41	1996
13	BURKE, Charlotte	2:38.53	2014
14	HARDIE, Isla	2:40.99	2020
15	CHARAPOVA, Katya	2:41.53	2020

100m Individual Medley			
Rank	Name	Time	Year
1	BENSEBAA, Leticia	1:11.64	2018
2	CHARAPOVA, Kira	1:14.37	2020
3	CHARAPOVA, Katya	1:14.71	2020
4	PARTRIDGE, Viviane	1:14.79	2019
5	EL DANASOURY, Laila	1:15.75	2016
6	TAKER, Madison	1:15.90	2016
7	YUAN, Emily	1:16.05	2017
8	SNYDER, Cassia	1:16.34	2013
9	ZOU, Lillian	1:16.60	2019
10	BEAUCHESNE, Brooke	1:18.64	2018
11	KULIK, Barbara	1:18.78	2014
12	XU, Ella	1:19.35	2019
13	HEWTON, Shaylyn	1:19.61	2012
14	WEISS-REID, Beatrice	1:19.84	2017
15	ZOU, Selena	1:19.89	2016

200m Individual Medley			
Rank	Name	Time	Year
1	RATHWELL, Regan	2:23.81	2017
2	LACHAPELLE, Edith	2:28.55	1989
3	BENSEBAA, Leticia	2:28.78	2017
4	ZARINS, Stephanie	2:29.33	1993
5	KIMBER, Kathryn	2:33.48	1988
6	WHITEHEAD, Kayla	2:33.92	2013
7	YUAN, Emily	2:34.60	2018
8	BELL, Shannon	2:34.98	1987
9	BELAND, Danielle	2:35.57	1997
10	ARES, Chantal	2:36.01	1996
11	SEWELL, Susan	2:36.19	1988
12	CHARAPOVA, Katya	2:36.59	2020
13	THORPE, Leanne	2:36.84	1986
14	CONGDON, Rae	2:37.58	2007
15	PHEE, Sarah	2:37.87	2001

400m Individual Medley			
Rank	Name	Time	Year
1	RATHWELL, Regan	5:03.09	2017
2	BENSEBAA, Leticia	5:13.53	2017
3	ZARINS, Stephanie	5:14.32	1993
4	KIMBER, Kathryn	5:18.91	1988
5	BENSEBAA, Leticia	5:23.29	2017
6	BELL, Shannon	5:26.39	1987
7	SEWELL, Susan	5:26.47	1988
8	BELAND, Danielle	5:26.69	1997
9	THORPE, Leanne	5:29.20	1986
10	FOWLER, Kristin	5:30.31	1986
11	SOLOSKI, Rachel	5:30.57	1999
12	GRAVELLE, Julie	5:32.13	1992
13	HATT, Stephanie	5:32.20	1996
14	CONGDON, Rae	5:33.30	2007
15	YUAN, Emily	5:33.52	2018

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