

SC IPC DQ Quick Reference Infractions

This card is to assist as a quick reference guide to Judge of Stroke, Inspectors of Turns.

- It is only used to locate the numbers in the Rule Book
- It does not replace the Rule Book

STARTS	SC	WPS
Delay of Start	SW2.3.2	3.1.3
Misconduct at the start	SW2.3.2	2.2.4.2
Support staff giving momentum – Balance + 90 degrees	-----	3.1.3.2
- Feet	-----	3.1.3.6
- Backstroke Grip	-----	3.1.3.7
Starting before the starting signal	SW4.4	3.1.6
FREESTYLE SWIMMING	SC	WPS
Did not touch the wall at the turn or finish	SW5.2	3.2.2
Head did not surface at or before 15m mark following start or turn	SW5.3	3.2.3
Totally submerged (except in first 15m following the start or turn)	SW5.3	3.2.3.1
Walked on the bottom of the pool	SW10.5	3.2.4
BACKSTROKE SWIMMING	SC	WPS
Both hands not holding grips, standing in, on, toes bent over lip of the gutter Toes/foot not in contact with end wall/touchpad	SW6.1	3.3.1
Left the position on the back (except when execute turning)	SW6.3	3.3.3
Totally submerged (except in first 15m following the start or turn) Head did not break surface at or before the 15m mark	SW6.4	3.3.4
Arm pull, not immediately after turning to breast Failure to initiate turn after arm pull Did not touch the wall during the turn Not on back upon leaving wall	SW6.5	3.3.5
Left position on the back before touch at finish	SW6.6	3.3.6
BUTTERFLY SWIMMING	SC	WPS
Body not on breast	SW8.1	3.5.1
Arms not brought forward simultaneously Arms not brought forward over the water Arms not brought backwards simultaneously	SW8.2	3.5.2
Movement of the legs not simultaneous or, alternate or, breaststroke kick action (Except Able Body Masters)	SW8.3	3.5.3
Touch at finish or turn with one hand, or touch not simultaneous or separated	SW8.4	3.5.4
Both arms not stretched forward	-----	3.5.4.1
	-----	3.5.4.4
Head did not surface at or before the 15m following the start or turn Totally submerged (except in first 15m following the start, turn or at finish) More than one arm pull under water (following start or turn)	SW8.5	3.5.5

BREASTSTROKE SWIMMING	SC	WPS
At Start and after each turn – More than one arm stroke completely back to the legs - More than a single butterfly kick - Fly kick not before first Breaststroke kick	SW7.1	3.4.1
More than one arm stroke to attain the breast position	-----	3.4.1.1
Body not on the breast Stroke cycle not 1 arm stroke to 1 leg kick Arm movements not simultaneous Arm movements not in same horizontal plane	SW7.2	3.4.2
Hands not pushed forward from the breast Hands brought back beyond the hip line (Except at start and turn) Elbows above water surface (Except at start and Turn)	SW7.3	3.4.3
Head not breaking surface during stroke cycle	-----	3.4.4
More than one arm pull or leg kick while submerged following the start or turn	-----	3.4.4
Leg movement - not simultaneous - not on the same horizontal plane Head did not break the surface before arms reached widest point in second stroke after start or turn	SW7.4	3.4.4
Leg movement - Non-Simultaneous - not on same horizontal plan	-----	3.4.4.1
Feet/foot not turned out in the propulsive part of the stroke Executed a downward butterfly kick (except after the start and turn as in SW7.1) Executed a flutter or scissor kick	SW7.5	3.4.5
Did not touch at finish or turn with both hands, or touch not simultaneous, or separated	SW7.6	3.4.6
Both arms not stretched forward at turn or finish	-----	3.4.6.1
Stood on the bottom of the pool	SW10.4	3.8.4
MEDLEY SWIMMING	SC	WPS
Freestyle stroke not swum in Freestyle leg of medley or medley relay	SW5.1	3.2.1
Incorrect stroke order (fly, back, breast, free)	SW9.1	3.6.1
Incorrect medley relay order (back, breast, fly, free)	SW9.2	3.6.2
Finish of each stroke not in accordance with rules for the stroke	SW9.3	3.6.3
THE RACE	SC	WPS
S11 swimmer without prosthetic eyes not wearing opaque goggles	-----	3.8.8
Coached by Support Staff	-----	2.15
Tapping did not occur	-----	2.15.1.1
Tapping device not deemed safe	-----	2.15.1.2
Swam with unapproved taping/strapping	-----	6.2.7
Did not cover the whole distance - DNF	SW10.2	3.8.2
Finish the race in different lane than started in	SW10.3	3.8.3
No contact with the end of the pool Stride or step from bottom pool	SW10.4	3.8.4
Pulling on the lane rope is not allowed	SW10.6	3.8.5
Obstructing or interfering with another swimmer	SW10.7	3.8.6
Device aiding speed, buoyancy or endurance used (taping)	SW10.8	3.8.9
Prosthesis worn during race	-----	3.8.9.1
Pace making, plan, device or instruction given	SW10.16	3.8.13
Stride or step from bottom of the pool	SW10.4	3.8.4