

COVID-19 FAQ's.

1) What are daily health screening forms?

Daily screening has been identified by Alberta Health Services as an important tool in significantly reducing the chances of COVID-19 virus transmission and an outbreak. Each swimmer must review the health screening form prior to them attending every training session.

2) What if I answer “yes” to any of the questions on the screening tool?

A “yes” to any of the questions means that the swimmer will be unable to attend practice until they get a negative COVID-19 test result. Please contact our Director of Swimming at headcoach@gppiranhas.com if you answer yes and have any questions.

3) What if a swimmer has a Pre-Existing condition with symptomology similar to COVID -19?

Parents or the swimmer must communicate with coaches if they have a pre-existing condition that could be confused with COVID-19 symptoms i.e asthma, seasonal allergies etc. Please email your swimmers coach at:

Alex Dawson headcoach@gppiranhas.com

Matt Burton coach@gppiranhas.com

Nick Wenzel coachnick@gppiranhas.com

4) What if a swimmer tests positive for COVID-19?

Parents of the swimmer must communicate immediately to our Director of Swimming at headcoach@gppiranhas.com if they receive a positive result. All individuals who test positive for COVID-19 will be contacted by a member of the AHS Public Health team for follow-up and case management. Next steps will be provided on a case by case scenario under the direction of Alberta Health Services.

5) If a member in my child’s cohort tests positive, does my child have to isolate?

No, not necessarily. Alberta Health Services (AHS) leads case investigation and contact tracing will look at each scenario on a case by case basis and determine the best public health actions. Close contacts will be notified of the need to quarantine (14-day isolation for the last contact with the case when infectious). Contacts may be asked to get tested for COVID-19.

6) My swimmer may just have a cold but has COVID-19 symptoms, should I get them tested?

You should get tested if you have any COVID-19 symptoms.

If you have any of these symptoms you are [legally required to isolate for at least 10 days](#) from the start of your symptoms or until they resolve, whichever is longer:

Fever

Cough (new cough or worsening chronic cough)

Shortness of breath or difficulty breathing (new or worsening)

Runny Nose

Sore Throat

The swimmer is able to return to swimming with a negative COVID -19 test (if they have no known exposure to the virus) and they are recovered from all symptoms.

Via Alberta Health Services use this self-assessment tool to help determine whether you need to be tested for COVID-19 <https://myhealth.alberta.ca/Journey/COVID-19/Pages/Assessment.aspx>

*Swimmers who have any cold or flu like symptoms will **not** be permitted to come to the facility. If they arrive with cold or flu symptoms, they will be asked by our staff to leave immediately. We strongly recommend this season that all our swimmers get a seasonal flu shot.*

7) What if I have one swimmer awaiting COVID test results – will any additional swimmers within the family need to miss practice while waiting?

We recommend if you have one symptomatic child who is going to be tested that any sibling that is also in the club should get tested at the same time.

Whilst awaiting the results our recommendations would be for the asymptomatic sibling not to attend practice but please contact us to discuss further.

The intention of the request to keep all siblings out of the pool is simply to maintain the highest level of safety standards possible. Our main concern is the overall health and wellness of our participants and coaches, as well as preventative measures to avoid any long term closures.

8) If I have a swimmer that tests positive for COVID-19 do any additional swimmers in the family need to isolate?

Yes, since one swimmer is a confirmed case all swimmers and members of the family are required to isolate. Please follow AHS guidelines regarding isolation.

9) What if my swimmer tests negative but had exposure to a COVID-19 case?

According to Alberta Health Services - if you tested negative but have known exposure to COVID-19, you are legally required to isolate for 14 days.

If you tested negative and have no known exposure to the virus swimmers are able to return to practice after they are completely symptom free.

10) What if a situation arises at my child's school in which they have been asked to isolate as a precautionary measure?

In the effort of keeping all swimmers at our club safe and healthy, if your child is requested to isolate under any circumstance we would request you do the same for swim practice. All situations should be communicated to our Director of Swimming.

11) If the facility is required to shut down, will credits be provided? What alternate programs will be provided?

A scenario of a pool being shut down is unlikely, although not impossible. In the event that our facility was to be shut down due to a pandemic response originating with decisions made by either the club, Eastlink Management, Swim Alberta or Alberta Health authorities, like it was in spring, and we had nowhere to train or move training to, we would first revert back to what we provided during that spring period - online programming.

Like in the spring, that online programming would be of similar duration and frequency to what your swimmers normally experience on a week to week basis. If that shutdown was going to be an extended period of time (greater than 30 days) we would re-evaluate at that time in what capacity the club would be able to continue in and look at such options that could include extending the season.

12) Will credits be provided if a swimmer tests positive for COVID-19? What if this continues for an extended period of time?

No, if an athlete gets ill that is not something that you receive a credit for. This scenario is no different than if you have a regular cold or the flu and cannot come to practice or if you twist your ankle at the playground and are then out of the water for two weeks.

For an extended period of time such as beyond a quarantine period or for recovery from a longer term illness/injury a temporary withdrawal may be acceptable by recommendation from a medical professional for that period. Medical withdrawals allow for fees to be paused for an agreed period of time.

13) What if a swimmer in my child's lane tests positive and my child is required to isolate- will credits be provided for missed practices?

No, credits will not be provided for missed practices under these circumstances. We are unable to provide credits however due to the fact that the entire cohort would be required to self isolate we would look to continue and offer such options that could include online programming, make up practices and extending the season for the group.

14) How do I Withdrawal from the club?

It is the responsibility of the parent(s) to notify the Director of Swimming at headcoach@gppiranhas.com immediately if a swimmer plans to leave the Club. One full calendar months' notice must be given in writing. Failure to provide a full month's notice of a swimmer leaving for any reason, other than medical (physician's signature), will result in forfeiture of one months'

fee. Once written notice is given you will receive confirmation as well as total of any fundraising or volunteer points required to complete (pro-rated).