

Knights June Jamboree 2019

Hosted by Surrey Knights Swim Club
Saturday, June 8, 2019

Guildford Aquatic Centre
Guildford Recreation Centre - 15105 105 Ave, Surrey, BC, V3R 7G8

Swim BC Sanction

Order of Events (timed finals):

Session #1
200 Free
100 Back
50 Breast
200 Fly
100 Free
50 Back
200 Breast
100 Fly
50 Free
200 IM
100 Breast
50 Fly
200 Back
400 Free
400 IM

Timeline:

Session #1
Warmup: 8:00-8:50 AM
Session: 9:00 AM-2:00 PM (approx.)

Pool Set up:

- Meet will be run 8 x 25m
- Colorado Timing System
- No warm down lanes or leisure pool access will be available during the meet.

Meet Rules:

- The meet will be run under the most current SNC and Swim BC rules as per the 2018-2019 SWIM BC Technical Guide.
- Current SNC swimsuit policy will be in effect at this meet.
- The FINA one start rule and SNC warm up procedures will be in effect.
- It is the visiting club's responsibility to ensure that their swimmers are supervised at all times, both during the competition and between any sessions that might occur.
- No point scores or awards will be given at this meet.
- On deck access will be limited to coaches, swimmers and volunteers. We ask that visiting club coaches please let your parents know and help meet management ensure that parents are not sitting on deck. Meet management reserves the

right to remove swimmer(s) from the session if a parent does not adhere to this after being notified. Parents assisting coaches are ok (i.e. assisting a swimmer with a disability, photography, video, etc...)

- **Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1**

Entry Information:

- This is a closed invitational. Number of participating swimmers will be limited to 250.
- Please email coachdave@surreyknights.com to confirm if any space is still available.
- Swimmer age is as of the first day of competition. Age groups will be 14&U and 15&O.
- A swimmer may enter a maximum of 4 events.
- 400 meter events will be restricted to the top 16 male and top 16 female entries regardless of age.
- Surrey Knights will consider adding overflow heats in the 400 meter events if our timeline allows.
- Swimmers are limited to 2 x 200+ events for the session.
- Meet management reserves the right to limit the number of 200 meter entries to maintain the timelines and integrity of the meet.
- Proof of times in PDF format may be asked by the meet manager if they feel there are discrepancies accompanying any club's entries.
- The Surrey Knights Swim Club reserves the right to enter swimmers not meeting the qualifying standards.
- Para Swimmers who are registered with a FINA or IPC affiliate are welcome and will be seeded according to their entry time. Para Swimmers must have achieved 1 para-swimming provincial standard for their class in an event that is being run. There will be no 150IM offered. 2017-2018 IPC Swimming Rules will govern all Para-Swimmer events. Classification numbers (e.g. s6sb6sm6) must be appended to athlete's surname in entries. This is not a IPC sanction event.
- All Heats are timed finals and will be senior seeded, slowest to fastest.
- All Heats will be start overs (with the exception of Backstroke). Swimmers are to remain in the water.

Officials:

- Each club attending the meet will be required to provide officials for all sessions at the meet. Please submit the names of people available to work if needed during the preliminary sessions.
- Each attending club must provide their club's Official's Coordinator contact information to the meet manager. (meetmanager@surreyknights.com)

Registration/ Fees/ Entry Deadline:

- Entry Deadline is **Wednesday May 29, 2019 at Noon**. Scratch deadline is **Monday June 3, 2019**
- Meet entries must be uploaded prior to the entry deadline to the Swimming Canada meet list website (www.meetlist.notlong.com).
- Entries sent directly to the meet manager will not be accepted.
- Cheques should be made payable to the "Surrey Knights Swim Club". Associations must submit one cheque only.
- **Entry fees are \$8.00 per event, plus the Swim BC Splash Fee \$4.00/swimmer. Deck entries are \$20.00/event (Deck entries are exhibition only. Must have SNC number and date of birth. Deck entry fees are to be paid before the event, by cash or cheque.)**

Meet Management Team Contacts:

- Meet Manager: Chris Wakelin meetmanager@surreyknights.com
- Meet Referee: Heather Stein (level 5) heathers1528@gmail.com
- Entries Contact: Amber Czerniej coachamber@surreyknights.com
- Head Coach: Reg Shaw coachreg@surreyknights.com



COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."