

| Varsity | | |
|--------------------------------|----------------------------------|---------------------|
| Going into October 2022 | | |
| Date | AM | PM |
| Mon Sep 26 | 6-7:30 am | |
| Tue Sep 27 | 6-7:30 am | 4-5:30 pm if couble |
| Wed Sep 28 | | 5:00-6:30 pm |
| Thu Sep 29 | 6-7:30 am | |
| Fri Sep 30 | | 2:30-4 pm |
| Sat Oct 01 | 8-9:30 am | |
| Sun Oct 02 | | |
| Mon Oct 03 | 6-7:30 am | |
| Tue Oct 04 | 6-7:30 am | 4-5:30 pm if couble |
| Wed Oct 05 | | 5:00-6:30 pm |
| Thu Oct 06 | 6-7:30 am | |
| Fri Oct 07 | | 2:30-4 pm |
| Sat Oct 08 | 8-9:30 am | |
| Sun Oct 09 | | |
| Mon Oct 10 | Thanksgiving | |
| Tue Oct 11 | 6-7:30 am | 4-5:30 pm if double |
| Wed Oct 12 | | 5:00-6:30 pm |
| Thu Oct 13 | 6-7:30 am | |
| Fri Oct 14 | | 2:30-4 pm |
| Sat Oct 15 | Guelph/Brock Invitational | |
| Sun Oct 16 | | |
| Mon Oct 17 | 6-7:30 am | |
| Tue Oct 18 | 6-7:30 am | 4-5:30 pm if double |
| Wed Oct 19 | | 5:00-6:30 pm |
| Thu Oct 20 | 6-7:30 am | |
| Fri Oct 21 | | 2:30-4 pm |
| Sat Oct 22 | 8-9:30 am | |
| Sun Oct 23 | | |
| Mon Oct 24 | 6-7:30 am | |
| Tue Oct 25 | 6-7:30 am | 4-5:30 pm if double |
| Wed Oct 26 | | 5:00-6:30 pm |
| Thu Oct 27 | 6-7:30 am | |
| Fri Oct 28 | | 2:30-4 pm |
| Sat Oct 29 | 8-9:30 am | |
| Sun Oct 30 | | |
| Mon Oct 31 | 6-7:30 am | |
| Tue Nov 01 | 6-7:30 am | 4-5:30 pm if double |
| Wed Nov 02 | | 5:00-6:30 pm |
| Thu Nov 03 | 6-7:30 am | |
| Fri Nov 04 | | 2:30-4 pm |
| Sat Nov 05 | 8-9:30 am | |
| Sun Nov 06 | | |