



November 2019 Novice Workout Times

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28 Dry 3:30-3:45pm Pool 3:45-4:45pm	29 (October)	30(October) Dry 3:30-3:45pm Pool 3:45-4:45pm	31(October)	1 Dry 3:30-3:45pm Pool 3:45-4:45pm	2
3 Vernon Kokanees Fall Jamboree	4 Dry 3:30-3:45pm Pool 3:45-4:45pm	5	6 Parent Meeting 4:45pm Dry 3:30-3:45pm Pool 3:45-4:45pm	7	8 Dry 3:30-3:45pm Pool 3:45-4:45pm	9
10	11 Remembrance Day (swimming off)	12	13 Dry 3:30-3:45pm Pool 3:45-4:45pm	14	15 Dry 3:30-3:45pm Pool 3:45-4:45pm	16
17	18 Dry 3:30-3:45pm Pool 3:45-4:45pm	29	20 Dry 3:30-3:45pm Pool 3:45-4:45pm	21	22 Dry 3:30-3:45pm Pool 3:45-4:45pm	23
24	25 Dry 3:30-3:45pm Pool 3:45-4:45pm	26	27 Dry 3:30-3:45pm Pool 3:45-4:45pm	28	29 Dry 3:30-3:45pm Pool 3:45-4:45pm	30
1 (December)	2 Dry 3:30-3:45pm Pool 3:45-4:45pm	3	4 Parent Meeting 4:45pm Dry 3:30-3:45pm Pool 3:45-4:45pm	5	6 Dry 3:30-3:45pm Pool 3:45-4:45pm	7 Dry 6:15-6:30AM Pool 6:30-7:00AM Club Christmas party/Clinic 7-8AM